

Protect Yourself!



the Spread of Germs!

Because the illness that is making you cough may be easily spread to others, we ask that you:

- Wear a mask while in the clinic if you have a cough. (Ask the receptionist for a mask).
- If you are unable to wear a mask, use tissues to cover your nose and mouth when sneezing or coughing.
- Keep your hands clean! Use alcohol-based hand gel or wash your hands after sneezing or coughing.

Thank you for protecting our patients and healthcare workers!



Minnesota Department of Health - Infectious Disease Epidemiology, Prevention and Control Division

651-201-5414 - TDD/TTY 651-201-5797 - www.health.state.mn.us