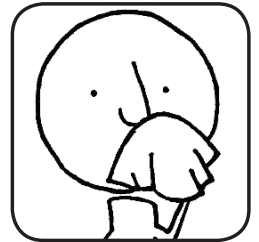
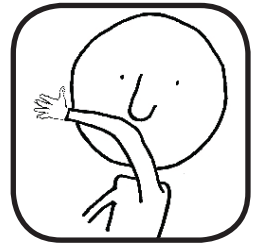


DO YOU HAVE:

**Fever, cough, sore throat, and stuffy nose?**

- **Contact your healthcare provider** first to see if you need to be evaluated.
- **Stay away from urgent care, emergency rooms, or hospitals** if you have **mild** influenza-like symptoms (fever, cough, sore throat, and stuffy nose).
- **Stay home and avoid contact** with other people as much as possible to keep from spreading your illness to others.
- **Cover your mouth and nose** with a tissue when you cough or sneeze.
- **Wash your hands often** with soap and water or use an alcohol-based hand gel.
- **Avoid touching you eyes, nose or mouth.**



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