

CARVER COUNTY LAC Meeting

DATE: June 14, 2016

LEADER: Lisa Gjerde

TIME: 4:00-6:00 p.m.

RECORDER: Becky Sorenson

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Caroline Beise	√		Alene Chelman		√	Katelynn Buchanan
Sam Deweese	√		Michelle Faith	√		
Lisa Gjerde	√		Melissa Hanson		√	
Lisa Inman	√		Gary Norman	√		
Sue Kunitz	√		AnnMarie Sowieja- crisis		√	
Becky Maas	√					
Noah McCourt		√				
Becky Sorenson	√					
Eddie Tipton	√					
Virginia Wright	√					

Agenda	Activity/Discussion	Decision/Action
Call to Order	Lisa called the meeting to order, Virginia seconded.	
Agenda Item 1:	The motion was made to approve agenda; motion carried.	Approved by consensus.
Agenda Item 2:	Motion to approve April minutes by Lisa, second by Eddie Motion to approve May minutes by Eddie, second by Virginia	Approved by consensus
Introduction of Guest :	Katelynn Buchanan was introduced. She is completing her nursing program at Mankato State U.	Welcomed
Agenda Item 3	Review May 25 th NAMI event	

<p>Agenda Item 3: - con't</p>	<p>Everyone attending the NAMI event felt it was a successful event with mostly family members of consumers asking questions at the table. Several feedback cards were left with very positive comments regarding First Street Center and the services it provides. Lisa G provided a notebook with LAC info that people could look through to learn more about what we do. The speakers, two women, shared their stories about their own mental health history and recovery experiences, as well as skills and tools that they have found useful. Comments by people attending included some suggestions:</p> <ul style="list-style-type: none"> • More recovery centers are needed • Could a mentor program be established in Carver County that would connect people in crisis to those who have moved further through the recovery process • What financial help is available for those who are not needing hospitalization but cannot live independently <p>Melissa wondered about doing the event again?</p> <ul style="list-style-type: none"> • We, as a group, seemed to feel that would be a good step toward reducing stigma and increasing education <p>Sam wondered if NAMI also received any survey results and, if so, could we have access to any that may pertain to the LAC? He will follow up with NAMI regarding this item.</p>	<p>Discussion</p>
<p>Agenda Item 4: Roundtable</p>	<ol style="list-style-type: none"> 1. Eddie asked if anything we learned from our speakers in May (the Cultural Liaisons from Carver County School District 112) could be added to our priority list. 2. We began working on a new priority list, which included: <ul style="list-style-type: none"> • Significantly increasing Crisis Training that is provided to Carver County Law Enforcement • Increasing the number of beds available to those in psychiatric crisis • Opening up the 4 crisis beds that will be located in Victoria, MN to those needing a 10-day voluntary stay • Exploring how to provide mental health training for those providing interpreter services in Carver County • Exploring how to present a workshop to Cultural Liaisons regarding specific mental health categories such as ADD/ADHD 	<p>Discussion</p> <p>Discussion</p>

<p>Agenda Item 4: Roundtable – con’t</p>	<p>3. Lisa reported on the Mental Health Minnesota Recovery conference.</p> <ul style="list-style-type: none"> • Ken Barlow was the Keynote Speaker. He talked about his experience with a correct diagnosis taking a long time • Lisa discussed learning about the Minnesota Advance Psychiatric Directive, which appears to be very in sync with the Olmstead Plan. Melissa, who also attended that session, is considering providing some support to clients who wish to fill out a directive • Lisa talked about learning more about two other sessions – Self-Advocacy and Finding Meaning in Your Illness <p>4. Gary mentioned that Lisa G. had written another article for the newspaper and passed around a copy. YAY LISA!</p> <p>5. Brief conversation around our Listening Session scheduled for September.</p> <ul style="list-style-type: none"> • Article in the paper again at the end of August and then week before the session • ? put the information on our website as well • LAC members begin thinking about/talking to people about coming to session <p>6. Caroline shared an update on her conversations and correspondence with the U of MN</p> <p>Lisa motioned to adjourn, seconded by Sue. Approved</p>	<p>Discussion</p> <p>Note</p> <p>Discussion</p> <p>Note</p> <p>Adjourn</p>
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