

**DATE:** May 10, 2016

**LEADER:** Lisa Gjerde

**TIME:** 4:00-6:00 p.m.

**RECORDER:** Caroline Beise

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Caroline Beise	√		Alene Chelman		√	Ramla Abdi
Sam Deweese	√		Michelle Faith	√		Virma Behnke
Lisa Gjerde	√		Melissa Hanson	√		
Lisa Inman		√	Gary Norman	√		
Sue Kunitz		√	AnnMarie Sowieja- crisis	√		
Becky Maas		√				
Noah McCourt	√					
Becky Sorenson	√					
Eddie Tipton		√				
Virginia Wright	√					

Agenda	Activity/Discussion	Decision/Action
Call to Order	Lisa called the meeting to order.	Approved by consensus.
Approve April agenda	The motion was made to approve the April agenda; motion carried.	
Guests : Ramla Abdi Virma Behnke	Becky Sorenson introduced speakers Ramla Abdi and Virma Behnke, intercultural specialists in the Carver County Schools. They discussed various challenges faced by Somali and Latino cultures within our community: understanding of mental illness, stigma, barriers including language, transportation, poverty, lack of education, access to and cost of medical care, medical insurance, immigrant vs. refugee status, drug and alcohol problems among teenagers, etc.	

<p><b>Q &amp; A with Guests</b></p>	<p>What help would they like to receive from the county?</p> <ul style="list-style-type: none"> <li>• Language barriers</li> <li>• Sliding scale medical costs</li> <li>• Workshop on ADHD and ADD</li> <li>• Alternatives to medication</li> </ul>	<p>Discussion</p>
<p><b>Motion to approve</b></p>	<p>Motion to approve altered agenda by Lisa Gjerde, second by Sam Deweese. Approved</p>	<p>Approved by consensus.</p>
<p><b>Discussed NAMI event in May</b></p>	<p>Plan for May 25 NAMI event, “In Our Own Voice”; refreshments served at 5:30 PM. Several members have offered to help. We discussed what the LAC could provide:</p> <ul style="list-style-type: none"> <li>• Resource material – our website</li> <li>• Recipe cards on which participants could write suggestions/questions</li> <li>• How the council can be of help</li> <li>• Willingness to share their story</li> <li>• Other pertinent materials</li> </ul>	<p>Approved by consensus.</p>
<p><b>Roundtable discussion</b></p>	<p>We agreed today’s presentation by guest speakers was very helpful, excellent. Lisa reminded us of Mental Health MN event on Friday, May 20<sup>th</sup> from 8:30 a.m. to 4:00 p.m. Lisa passed around thank you notes to Prairie Care doctors for the board to sign. Caroline gave an update on her May 3<sup>rd</sup> visit with U of M Medical School Dean, Brooks Jackson.</p>	<p>Approved by consensus.</p>
<p><b>Consumer Listening session</b></p>	<p>Motion by Lisa, second by Sam, to hold next consumer listening session on September 13, 2016.</p>	<p>Approved by consensus.</p>
<p><b>Adjourn</b></p>	<p>Lisa motioned to adjourn, seconded by Becky. Approved</p>	<p>Approved by consensus.</p>