

**DATE:** March 8, 2016

**LEADER:** Sam Deweese

**TIME:** 4:00-6:00 p.m.

**RECORDER:** Noah McCourt

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Caroline Beise		√	Alene Chelman	√		Dr. Elizabeth Hopfenspirger,
Sam Deweese	√		Michelle Faith	√		First Street Center
Lisa Gjerde	√		Melissa Hanson		√	
Lisa Inman		√	Gary Norman	√		
Sue Kunitz	√					
Becky Maas	√					
Noah McCourt	√					
Becky Sorenson	√					
Eddie Tipton	√					
Virginia Wright	√					

Agenda	Activity/Discussion	Decision/Action
Call to Order	Sam called the meeting to order.	Approved by consensus.
Approve March agenda	The motion was made to approve the March agenda; motion carried.	Approved by consensus.
Welcome to New Liaison Member, Michelle Faith	The council welcomed Michelle Faith, an ARMHS Supervisor from Nystrom Associates, Inc., who will be joining our LAC as a new liaison member.	

<p><b>Guest Speaker, Dr. Elizabeth Hopfenspirger, Psychiatric Nurse Practitioner, First Street Center</b></p>	<p>The council welcomed guest speaker, Dr. Elizabeth Hopfenspirger. Although she’s been at First Street for less than one year, Elizabeth is already so busy that she doesn’t have an available appointment for a new client till June. Although her role is that of a medication manager, Elizabeth tends to take a holistic approach to psychiatric medicine and takes time to listen to patients’ concerns before making any changes. She works at the Carver County Jail one afternoon a week, and she also has one Rapid Access Psychiatry (RAP) appointment through Crisis (referrals) one time per week. However, there is a 3-6 month wait for psychiatric providers in the county. Elizabeth sees especially critical needs to include: an increased number of providers; an increased number of crisis/psychiatric patient beds; and improvement in benefits for providers (as an incentive to draw more people into the field), which include increased salaries, loan forgiveness programs, and escalated recruitment practices. Elizabeth expressed a desire for psychiatric staff to be able to hone in on their specialties; hers is post-partum depression.</p>	
<p><b>Approve February minutes</b></p>	<p>Noah informed the council that he had made a technological error and did not have the minutes from the previous meeting available. Sam motioned to table the agenda item until the April meeting; Eddie seconded.</p>	
<p><b>Roundtable Discussion</b></p>	<p>Caroline expressed a desire to hear from a guest speaker on integrative medicine. We discussed Mental Health Day on the Hill in St. Paul.</p>	
<p><b>Review 2016 Calendar</b></p>	<p>We discussed upcoming speakers, which include service providers from Prairie Care, Commissioner Maluchnik, and the idea of inviting a speaker from a religious and/or minority group.</p>	
<p><b>Letter to the Board</b></p>	<p>Lisa G. reviewed the letter to the Board. After reading through it, the council decided to table it until April for final approval. Meanwhile, Lisa G. asked members to email her with information regarding continuing education and related activities.</p>	
<p><b>Adjourn</b></p>	<p>Eddie motioned to adjourn; Noah seconded.</p>	<p>Approved by consensus.</p>