

Partnership



Children at Ladybug Childcare Center are playing in safe environments that are free from secondhand smoke exposure.

Carver County Public Health developed and provided the “Young Lungs at Play” signage for any childcare center, park, venue or community that has a tobacco free outdoor space policy.

Health



Lifecore Biomedical is completing a healthy vending project as part of the SHIP Worksite Collaborative. Healthier food products, such as salads, fruit and yogurt, are strategically placed and priced to encourage healthier choices. The healthier food is placed on the top shelf at eye level and priced at a discounted price compared to less healthy options.

Opportunity



Residents of Auburn Meadows in Waconia were able to actively maintain and prune strawberry plants throughout the summer.

While the raised beds were already available for residents to use, the strawberry plants were provided by Carver County Public Health.

Access



Carver County Public Health partnered with the Riverview Terrace Mobile Home Community in Chaska to create space for a community garden.

Residents were given the opportunity to use a plot and grow and harvest their own vegetables.

Mentorship



Residents of Riverview Terrace Mobile Home Community learned gardening skills from a Carver County Master Gardener, a partnership facilitated by Carver County Public Health.

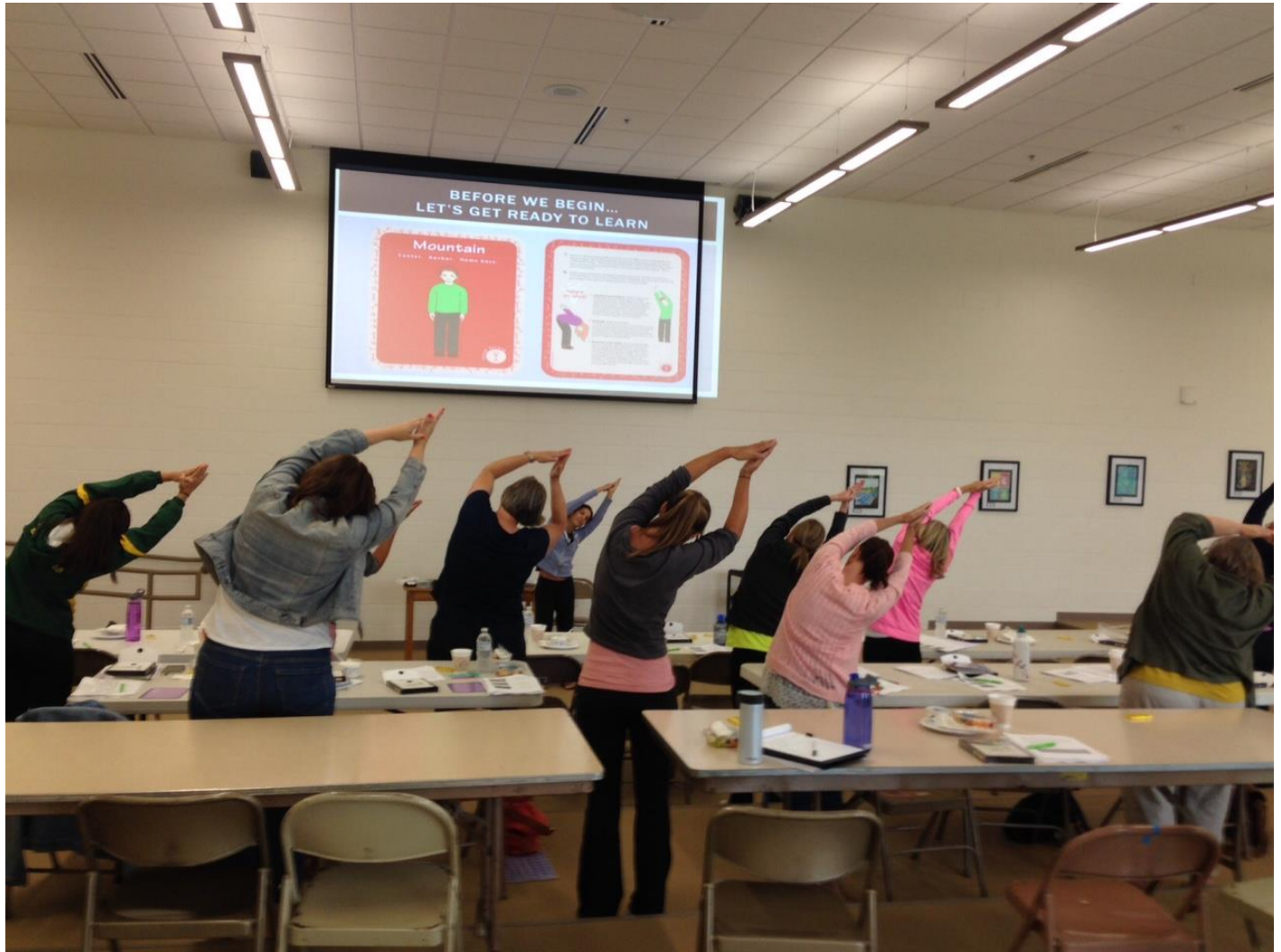
Independence



“This garden is great for us!”

Riverview Terrace resident

Sustainability



“Many of our teachers use the [yoga] exercises to calm the classrooms when they return from lunch, as well as when the classroom is not as focused and they need to regroup...staff is also using the term ‘Yoga’ for students to practice problem solving scenarios. Several teachers reported that they are using it daily at the start of the day to get everyone focused. It has become part of the routine. One teacher states that she saw students using the “belly breathing” the second day to calm themselves on their own.”

Tammy Mosel, Central Community Schools, CLT Member

Capacity



Carver County Public Health provided training for school districts in the county that increased knowledge about how to bring safe and inclusive play to the kids in Carver County. Participants completed a Playworks Training that taught fresh ideas, sustainable strategies and implementation plans for effective recess both on and off the playground.

Empowerment



“[Farm to Child Care] is a phenomenal learning experience for our children. By letting them plant, harvest, and be a part of the first stages of growing their own vegetables, we are providing them with the skills necessary to make better food decisions for life long healthy living.”

Children of Tomorrow, Chanhassen

Encouragement



Learning about Nutrition through Activities (LANA) is a popular, evidence based program for promoting healthy eating in child care settings.

LANA helps young children learn to taste, eat and enjoy more fruits and vegetables each day for good health.

Since October 2014, CCPH has partnered with three child care centers and trained 15 family child care providers on LANA.