

**DATE:** July 8, 2014

**LEADER:** Sam Deweese

**TIME:** 4:00-6:00 p.m.

**RECORDER:** Lisa Gjerde

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Caroline Beise	√		Alene Chelman	√		Genna Torney, NAMI
Sam Deweese	√		Gary Norman	√		
Christine Dondlinger		√				
Lisa Gjerde	√					
Lisa Inman	√					
Sue Kunitz	√					
Ben Maas	√					
Rod Sawtell	√					
Twyla Sawtell	√					
Becky Sorenson	√					
Eddie Tipton	√					
Virginia Wright	√					

Agenda	Activity/Discussion	Decision/Action/Conclusion
Call to Order	Sam and Virginia called the meeting to order.	Approved by consensus.
Approval of June Minutes	Sue made a motion to approve the minutes.	Approved by consensus.

<p><b>Lisa G. presents her experience at the CSN Conference</b></p>	<p>Lisa G. presented her experience at the CSN Recovery and Wellness Conference May 15-16, 2014. She discussed notes she took on each of the eight sessions she attended. One session in particular focuses, in part, on one of our LAC goals – to work on reducing the stigma of mental illness. In this session, the speaker talked about what to do to combat self-stigma (when someone applies the stigma of mental illness to him/herself). She also provided members with handouts on various mental health organizations and their websites and phone numbers.</p>	
<p><b>Guest Speaker from NAMI</b></p>	<p>Our guest speaker, Genna Torney, an Affiliate Engagement Coordinator from NAMI, discussed ways in which LAC members could work to bring both NAMI affiliates and training to Carver County. She also strongly encouraged us to work with her to bring Community Conversations to the county. This event works to raise awareness of mental illness by having a person with a lived experience of mental illness present his/her story and then opening the forum to a Q&amp;A. Right now, there are 18 Community Conversations scheduled in Minnesota during the month of October. When asked how one can become a speaker at one of these events, Genna explained that NAMI has speaker training sessions called In Our Own Voice in January 2015. Another training opportunity is the Speaker Bureau’s Series, of which there will be a Webinar in the near future.</p> <p>NAMI provides support groups for family members of individuals with mental illness; these include Allies in Recovery, a Children’s Challenging Behaviors class, and a parent resource group. Other groups include Hope for Recovery and Family-to-Family. Genna mentioned that NAMI provides a link to Fasttracker, a tool that helps people find mental health providers.</p> <p>Genna explained that NAMI receives much of its funding through grants, as well as the annual NAMI WALK and NAMI gala. They also</p>	<p>Sam suggested taking another look at how we can utilize this information to further our LAC goals. Because we ran out of time, we will return to this topic in a future meeting.</p>

<p><b>Guest Speaker (cont.)</b></p>	<p>receive some funding from DHS.</p>	
<p><b>Election of Officers</b></p>	<p>The current officers have held office for one year, and it is time to hold an election for officers for the next year. Ben is interested in running for chair or vice-chair, dependent on whether or not he decides to change jobs. Sam said he will continue as chair or serve as vice-chair, if so determined. He also mentioned that any member who is nominated has the right to accept or decline. Lisa G. said she would encourage others to run for recorder/secretary, but if the only one nominated, she will accept the position.</p>	<p>The motion was made, and approved by consensus, to have members email Lisa G. with their interests in candidacy by August 1<sup>st</sup>. Lisa will bring the ballots to the August meeting and we will vote on officers then.</p>
<p><b>Priority Action Items</b></p>	<p>At our June meeting, we determined that each member would select three top priority action items from the list of unmet needs sent to the Board of Commissioners in our April letter. Not everyone was able to complete their lists, so we are postponing this agenda item till the August meeting.</p>	<p>Those who have not already done so will email Lisa G. their three top priority action items, preferably with explanations as to why he/she finds them important. Lisa will compile the list, indicating how many times a particular item was selected, and email the list to the LAC prior to the August meeting. We will discuss the results at the August meeting and vote on the top three priority action items.</p>
<p><b>Mission Statement</b></p>	<p>As with the priority action items, members will also email their edits to the mission statement to Lisa G. and Ben by August 1<sup>st</sup>. Ben and Lisa will then work together to craft a revised mission statement that we can post on the Carver County website. Members will vote on the revised mission statement at the August meeting.</p>	<p>The motion was made and approved by consensus to have Ben and Lisa G. craft a revised mission statement to bring to the Council for a vote at the August meeting.</p>
<p><b>Member Comments</b></p>	<p>Sue provided an update regarding services Prairie Care will provide at their new 212 Emergency Medical Center location. She spoke with Steve White of Prairie Care Community Relations and learned that the organization starts with child psychiatric care and eventually branches out to adult care. Prairie Care will have a partial hospitalization</p>	

<p><b>Member Comments (cont.)</b></p>	<p>program for children at the 212 location.</p> <p>Eddie will send a letter to the Board of Psychology to determine whether he is legally bound to list his credentials on the minutes.</p> <p>Eddie also provided us with updates on issues he has been researching. Regarding walk-in centers, he learned that Vail Place would be willing to present at the LAC about how to set up a walk-in center and how they could provide assistance in doing so. Another format for walk-in centers is Clubhouse International.</p> <p>Finally, Eddie gave us a status report on the transportation issue he has been studying. On July 21<sup>st</sup>, there will be a steering committee meeting for WeCab. This organization is currently operating in Mound, but is hoping to expand into parts of Carver County. WeCab is run by volunteers, and there is a sliding fee scale. Although rides usually cost no more than \$5, at least 40% of the rides are free. In addition to WeCab, Southwest Transit is planning an expansion of services. Also, Water's Edge provides free rides for personal medical assistance.</p>	
<p><b>Adjourn</b></p>	<p>The motion was made to adjourn the meeting.</p>	<p>Approved by consensus.</p>