

CARVER COUNTY ADULT MENTAL HEALTH INITIATIVE MEETING

DATE: January 17th, 2024

Facilitator: Melissa Hanson

TIME: 2:30-4 p.m.

Recorder: Melissa Hanson

In Attendance:								
Name			Name			Name		
Melissa Hanson, Carver County AMH/CSP Supervisor/ AMHI Coordinator								
Jen Romero, Carver County Housing Unit Supervisor								
Daniel Laskowski, Wellness in the Woods								
Tara Boettcher, Accounting Unit Supervisor, Carver County HHS								
Foua Khang, Blue Cross Blue Shield								
Sandy Menzel, LAC								
Stevie Tompkins, Carver County CSP Case Management Associate								
Jane Wilka-Pauly, Medica Behavioral Health								
Emilie Robinson, Carver County CDA								
Martha Barres								
Michelle Luehring, UCare								

Activity/Discussion	Decision/Action
<p>Call to Order: Welcome and Introductions</p>	
<p>I. Melissa welcomed AMHI members, and attendees completed introductions.</p>	
<p>II. January 17th, 2024 AMHI meeting agenda approved. General consensus.</p>	<p>Agenda Approved</p>
<p>III. October AMHI meeting minutes reviewed and approved. General consensus.</p>	<p>Minutes approved</p>
<p>IV. Wellness in the Woods Chief Operating Officer Daniel Laskowski, MA, CPS provided overview of the Wellness Recovery Action Plan (WRAP) classes that he co-facilitated for the Carver County Community Support Program. He shared that it was a wonderful experience, with learning, growth, vulnerability and that positive evaluations were received. Daniel shared information about the Warm Line that is available from 5 p.m. to 9 p.m. every day at 1-844-739-6369. The Virtual Peer Support Network is available from 9 a.m. to 5 p.m., with new 24 hour peer support available 24/7 365 days per year (not clinical work). An open Zoom room, games, cultural topics, educational programs, DBT skills, are available. www.mnwitw.org - there is a Virtual Peer Support Network (VPSN) tab. Daniel responded to a question about a potential monthly WRAP support group (for those that completed WRAP 1 classes). Daniel stated he would recommend this, with a suggestion to highlight a section of WRAP once a month. Melissa shared information about WRAP being an evidence-based practice and intent to continue this within CSP program.</p>	<p>Presentation and discussion</p>
<p>V. Jen Romero, Carver County Housing Unit Supervisor, shared information about Carver Community Connect to be held Wednesday, January 24th. This will be a giant resource fair highlighting housing/homelessness resources. Many organizations will be present; homeless assessments will be available along with referrals to Housing Stabilization Services, Professional Statements of Need to be completed, free haircuts, a Judge, Income Support, Employment services, free lunch, vaccinations, free physician services, etc. The HUD Point in Time homeless count will be held the night of January 24th as well.</p>	<p>Information and discussion</p>
<p>VI. An Adult Mental Health Needs Assessment remains open through February 11th, in coordination with the Mental Health LAC. Spanish and English surveys are available in both electronic Microsoft Forms and</p>	

<p>via paper survey, with a Somali survey available in paper format. Sandy Menzel, LAC member, shared information about the work she has completed to encourage survey participation. The libraries will share this, and an article in the Waconia newspaper with the survey link will be included this month.</p>	Information and discussion
<p>VII. The Mental Health Block Grant opportunity for adults experiencing serious mental illness (rather than serious and persistent mental illness) will not be available, per DHS. The AMHI HCBS FMAP grant continues through 2024; progress continues to be made with the CSP Room renovation, staff training, and technology purchases to include iPads, printer in CSP room. Discussion of technology groups for CSP members, and use of iPads to access telehealth appointments in the community, with support of case manager or CSP staff.</p>	Information and discussion
<p>VIII. Jane Wilka-Pauly with Medica shared information about the “reserved” psychiatry and suboxone appointments continuing to be an option. A car seat benefit (or pack n play) for all program members will be initiated in March.</p>	Information and discussion
<p>IX. Michelle with UCare provided information about the access and triage line, to assist in helping schedule a person for mental health or substance use related appointment, with an appointment reminder 24 hours in advance. Will also assist with transportation arrangements. Reserved psychiatry appointments are offered.</p>	
<p>X. Foua with Blue Cross Blue Shield shared that members can access Your Path for services, including Suboxone.</p>	
<p>XI. Martha stated kudos on the iPads for CSP, and would like a session on how to use technology, such as navigating websites, how to access materials, etc.</p>	
<p>Meeting Adjourned.</p>	
<p>Next Carver County AMHI Meeting Date: Wednesday, April 17th at 2:30 p.m.</p>	
<p>The next Statewide AMHI meeting will be held on Thursday, March 14th from 1 to 3 p.m. via Teams.</p>	

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