

Carver County Mental Health Local Advisory Council (LAC) Meeting

DATE: 05/14/2024

LEADER: Kayla Pascoe

TIME: 4:00 p.m. – 6:00 p.m.

RECORDER: Sarah Bot

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Kelli Brenny		x	Stephanie Combey	x		
Derek Gunderson		x	Commissioner Tim Lynch		x	
Sarah Bot	x		Melissa Hanson	x		
Naima Hussein		x	Lisa Brennom	x		
			Richard Scott	x		
Kayla Pascoe	x		Diane Pagel	x		
Sandy Menzel	x		Melanie Warm	x		
Mike Duzan	x					
Michelle Iversen		x				
Stacy Zellmann	x					
Vacant						
Vacant						

1.	Call to order at 4:04 pm. Kayla Pascoe served as permanent chair for today's meeting as both Chair Kelli Brenny and Co-Chair Derek Gunderson were absent today. Kayla's permanent chair status for today's meeting was approved by consensus.	Decision/Action Approved by consensus
2.	Approval of May Agenda: by consensus	Approved by consensus
3.	Approval of April Minutes: motion and seconded	Approved by consensus

<p>4. New Business a. guest speaker</p>	<p>a) Guest: Wendy Waddell/Steiner Kelting Mental Wellness Facility—noted on agenda but not present</p> <p>b) LACs overview of trends and patterns as we plan for official presentation this year: Kayla noted one thing that was missing from the items that were presented for review was the need for investment in more beds for in-house facilities.</p> <p>c) Dr. Scott introduced guest Betty Allen, who was here today to observe our LAC and may consider joining as council member in the future. Betty is on the board of directors as River Valley Health, Carver County Community Connect, and has a powerful history and story.</p> <p>d) Melissa Hanson shared Adult Mental Health Needs Assessment results: The survey had 45 responses. It is likely that the age demographic from 18-25 were under captured in this survey. One new trend is the that wait time for service has become a larger barrier for those living with mental illness to accessing mental health services. It was pointed out that in 2023, we had fewer staff completing the same number of Crisis assessments as done in 2022/prior years. Richard Scott added that 1 in 5 Carver County residents are actively seeking out services that they cannot access in Carver County.</p> <p>In response to the question 16 “What would you identify as the largest gap in mental health services in the area, there were 31 responses, i.e.</p>	<p>Information</p>
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	<p>Lack of services Stigma Not aware of what is available Language Lack of low income services More cultural based providers needed Support groups for caregivers of teens Transportation Lack of LGBTQ More staff is needed in rural part of the county More groups DBT, CSP POC don't trust or know what to expect if call crisis line</p> <p>Question 17: How do you cope with the gaps? Elicited 27 responses, including I don't know I'm not sure [the gaps] become unmet needs Seek outside Carver County Wait weeks to months for psychiatry or therapist care</p> <p>e) Alison from My Health Teen Clinic was guest and shared information about services they offer. They are located in Hopkins and serve ages 12-26, including mental health care and therapy, and accepts insurance and has sliding scale fee for those who are uninsured. They have bilingual staff for both English and Spanish speakers. They will send visiting healthcare providers out to Carver County if needed. MyHealth partners with Hope</p>	<p>Information And discussion</p>
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	<p>House, and see those who are undocumented, LGBTQ+. Connie Robertson is the Clinical Director. They in part have funds from grant from MDH and private/grant fundraising, in addition to being reimbursed by insurance.</p> <p>f) Annual LAC elections took place and Kelli Brenny was elected as Chair, Derek Gunderson as co-chair, and Sandy Menzel as secretary.</p> <p>g) Updates from any Carver County staff or LAC committee representatives:</p> <p>Stacy Zellman: Opioid advisory meeting is next week and she will have more updates next month.</p> <p>Mike Duzan shared about local agency Revitalizing Veterans Dreams, led by Syn Robertson, whose passion is Veteran suicide prevention, we can follow on Instagram if interested.</p> <p>Old business updates: none Open forum-no new items</p> <p>Adjourn</p> <p>Next LAC meeting is Tuesday, June 11, 2024</p>	<p>Meeting adjourned</p>
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