

CARVER COUNTY LAC Meeting

DATE: October 10, 2023

LEADER: Kelli Brenny

TIME: 4:00 p.m. – 6:00 p.m.

RECORDER: Sarah Bot

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Derek Gunderson		x	Stephanie Combey	x		Deb Kohlhase
Sarah Bot	x		Commissioner Tim Lynch		x	
Ellie Krug	x		Melissa Hanson	x		
Kelli Brenny	x		Beth Fagin	x		
Judy Kieffer	x		Richard Scott	x		
Kayla Pascoe	x		Diane Pagel		x	
Sandy Menzel	x		Melanie Warm		x	
Mike Duzan	x					
Michelle Iversen	x					
Charles Lawler	x					
Stacy Zellmann		x				
Vacant						
Vacant						

1.	Call to order at 4:05 pm	
2.	Approval of October Agenda: by consensus	Decision/Action Approved by consensus. Approved by consensus.
3.	Approval of September Minutes: Motion was made to approve the September minutes; seconded.	

4a New Business	<p>Guest: Deb Kohlhase, Supervisor of the Anicca Program, which is an intensive mental health intervention for ages 13-17 and is considered to be both a step-down from residential and a step up from purely outpatient care. It is a community day treatment, with a typical course of 6-9 months. The reason for the longer-term care gives patients time developmentally to integrate new skills and manage symptoms.</p> <p>The program meets M-F all day.</p> <p>3 hours of services, including:</p> <ul style="list-style-type: none">• 1 hour of psychotherapy group• 1 hour psychoeducation group• 1 hour coping skills group. <p>Students also attend school on-site to keep current with education.</p> <p>Patients are assigned individual therapist and meet with them 1 hour each week. Family therapy is also recommended. Services happen in the context of a community and Anicca program fosters a sense of belonging and safety for vulnerability.</p> <p>ANICCA Program operates out of 2 locations</p> <ul style="list-style-type: none">• Chanhassen high school, District 112 teacher is partner and if residents not in therapy they are in class, with typical subjects such as math, social studies, science and reading. As students' progress through the program, they can also take classes in mainstream high school classes.• The License Center in Chanhassen on Kerber Blvd, grades 7-12 education partner district 288→an online educational program. <p>Day treatment programs are closing. Deb has been with Carver County since 2019, in this time 3-4 other day treatment programs have closed. There is struggle to keep revenue and staff sufficient to run these programs.</p>	Information
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<p>Agenda Item 4a continues:</p>	<p>Adolescent stage of development, foundational to need sense of belonging from peers.</p> <p>Summer support is also provided through Anicca, therapy support during summer and there is good staff longevity at Anicca. Anicca has 2 masters' level interns at each location, which is how the program was designed, but it's hard to keep interns because Anicca not designed to provide paid internships. This is an area that we as a LAC may want to pay attention to and look for ways to support to keep this valuable Anicca program in our community.</p>	<p>Information</p>
<p>Agenda Item 4b</p>	<p>Dr. Richard Scott-here to discuss the Opioid Settlement Advisory Committee From 2020 to 2021, there was a 41% increase in fatal opioid overdose. Fentanyl that is non-Rx is laced with other drugs that increase risk for fatal overdose. Carver County received \$250,000/year for the next 18 years as part of the settlement. How do we want to use these funds? He is putting together an Opioid Settlement Advisory Committee to help direct how to distribute, utilize, coordinate and is planning to hire a new person to lead this effort.</p> <p>Task 1: Annual public forms to provide opportunity for input. Mike Phelps, Ridgeview CEO will host event expected to last 2.5 hours, and will review settlement, states, trends and invite people to be involved.</p> <p>Dr. Scott here today to extend the invite to our local mental health advisory committee to become part of this new Opioid Settlement Advisory Committee, it is important that the voice of our LAC is well represented on the Opioid Advisory group. This group will also address primary prevention of opioid addiction and address co-occurring disorders and concerns.</p> <p>Wright and Scott counties are further ahead, and we are learning from them.</p> <p>What is needed to be part of this committee is a committed concern and passion for the topic of preventing opioid fatalities. Kelli will send out an email asking for interest and each LAC member can answer privately.</p>	<p>Information And discussion</p>

<p>Agenda Item 4c</p>	<p>Updates from any Carver County staff or representatives:</p> <p>Melissa Hanson: Looking for feedback on Draft brochure for the Behavioral Health and Housing Department. LAC says it looks good!</p> <p>Charlie Lawler: Anyone review or have feedback for the LAC TOOLKIT? Do we want to consider a ROAR award from our LAC to raise awareness for local entities? ROAR could stand for Relationships, opportunity, action, results? Is ROAR acronym too close to another grassroots community group of the same name that is Residents Organizing Against Racism? We could come up with another acronym. We could present the recipient of this award to the commissioners in February. Should we use our first meeting in March at Charlson meadows as a work session? For internal strategic planning?</p> <p>Kayla: (Legislative action and local impact updates) The Ryan Haight Act-he died by overdose of Vicodin that was prescribed by tele provider, so there is now a federal act that impacts tele prescribing that is supposed to take effect in November, which directly impacts our First Street Center as much of the care is provided by telehealth. Example of unintended consequences that is worth us paying attention to, as it can have negative impact on access to the already limited availability of mental health care in our area.</p> <p>Michelle: NAMI affiliation. Sheila is coming to Nov: meeting</p> <p>Sandy: Survey update-supportive adult mental health</p> <p>Kelli: Community Partnerships-Veteran Services relationship</p>	<p>Information</p>
<p>Agenda Item 5:</p>	<p>Old business updates: none</p>	
<p>Agenda Item 6:</p>	<p>Open forum-no new items</p>	
<p>Agenda Item 7:</p>	<p>Adjourn 5:59 pm</p>	<p>Adjournment</p>
<p>Next Meeting</p>	<p>Next LAC meeting is Tuesday, November 14, 2023</p>	<p>Next Meeting</p>