CARVER COUNTY LAC Meeting

DATE: July 11, 2023 LEADER: Kelli Brenny

TIME: 4:00 p.m. – 6:00 p.m. RECORDER: Sarah Bot

COUNCIL MEMBERS			LIAISON MEMBERS		GUESTS	
Name	Р	Α	Name	Р	Α	Name
Derek Gunderson	х		Stephanie Combey	х		
Sarah Bot	х		Commissioner Tim Lynch	х		
Ellie Krug	х		Melissa Hanson	х		
Kelli Brenny	х		Beth Fagin	х		
Judy Kieffer	х		Richard Scott		х	
Kayla Pascoe	х		Diane Pagel		х	
Sandy Menzel	х		Melanie Warm		х	
Mike Duzan	x					
Michelle Iversen	х					
Charles Lawler		х				
Stacy Zellmann		х				
Vacant						
Vacant						

Agenda	Activity/Discussion	Decision/Action	
	Call to Order: Kelli Brenny: 4:04 p.m.		
Agenda Item 1:	Approve July Agenda:	Approved by	
	Motion was made to approve the July agenda; seconded.	consensus	
	Approved by consensus		

Agenda Item 2:	Approval of June Minutes:	Approved by
Ü	Motion was made to approve the June minutes; seconded.	consensus
Agenda Item 3:	New Business	
	1) Guest Speakers Heather and Kai Tran from A Better Society Project, Lin-kij, and Unite Us. The Trans started A Better Society 15 years ago in 2008, with a goal to better understand the gaps and needs of our community, and also to connect community needs to resources. Most projects are based in Carver County, a few are metro-wide, and rarely are globally. One such example is Project Life Cycle, which connects donated bikes from the community to volunteers who are able to fix up the bikes and send them back to be used by community members who need a bike. Project Lin-kij (phonetic spelling of linkage, available web domain) was started as an equitable way to connect already present resources to pre-existing needs in the community. The nature of non-profits is that they tend to be siloed, with limited resources and staff. Lin-kij uses a single platform, UNITE US, to tie entities together referring needs to available resources. Resource entities include: Faith communities, non-profit organizations, schools, businesses, healthcare, gov't agencies. The first goal of Lin-kij was to create a collaborative network and develop an equitable and efficient system to refer people for support and share resources, and this goal has been met. The second goal that is in process but not as far along is to activate the community, by creating a system that shares community opportunities and activate a broader community to be part of solution and fill in some gaps, such as mental healthcare services, income support, and legal services. A 2021 Pilot to recruit more organizations to	Information

join the platform has been in process. Community members meet on a monthly

Agenda Item 3: continued

basis with all entities to learn more about each other. One tangible result of this networking is that a new food shelf in Cologne, at St. Bernards, is set to open. The community is sensitive to trauma informed care and recognizing the huge first step that is required for someone to seek assistance, with a goal of meeting a person's additional needs. The Unite Us platform is in use, and they have created a business card sized QR code that anyone in need can scan to be taken to a form, where they can register the name, address, and zip code and identify the need they are trying to fill. This UNITE US platform is compliant for data privacy.

The Trans are here today to discuss a potential opportunity to partner with Carver County Mental health to provide more effective help to those seeking mental health services. One barrier identified to this becoming a reality is a need for a "healthcare navigator" whose role it would be to take the phone calls from those in need of mental healthcare and provide timely, compassionate, and appropriate responses to the potential wide array of needs that would come in. Currently the County does not have such a role. As an LAC, our job is to inform the commissioners about unmet mental health needs in our community, so this is a potential area for us to advocate for the need for a mental health care navigator role. The Lin-kij project could also potentially be a benefit to the county with its ability to gather data regarding mental health care needs and unmet needs in the county.

- 2) Updates from any Carver County staff or representatives
 - a) Pride event update: LAC members shared that they had wonderful interactions with Melissa Gardner and Kathryn Jonas and are grateful to see Carver County Mental health represented at Pride. Kelli offered for next year if Carver County Mental health was interested, we could add our names to the t-shirts that are developed for and sold at the event.

Information

Discussion

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lgenda Item 4:	b) Thanks to Heather Goodwin for funding, as a result we are able to hold our	Information
	3/12/24 and 9/12/24 LAC meetings at Charlson Meadows from 4-6 pm.	
	Melissa stated she would update the website to comply with open forum	
	meeting rules to notify about location change. The LAC should also be	
	thinking about who we want to include in these meetings and how we want	
	to use our time and space. One thought was maybe invite the Chaska PD to show our appreciation.	
	c) Melissa Hanson: we will have a presence at the Carver County Fair 8/10-14	
	and LAC members are welcomed and encouraged to stop by the booth.	
	There will be information about the adult Mental Health Needs Assessment,	
	with QR code and paper survey copies at the booth available. The survey will	
	be available in English and Spanish.	
	On Aug 15, we will present at the CC Commissioners Board Meeting at 9am at	
	the Chaska Gov't Center. It will be a brief introduction of the work of the	
	LAC.	
	Melissa shared that at the most recent Adult Mental Health Initiative	
	statewide meeting there was a presentation about Local Advisory Councils,	
	and the mandated guidance to the AMHI. One area discussed was the need	
	to send our minutes and annual reported recommendations to the State.	
	d) Stephanie Combey: Unfortunately, the process for First Call, the 988 center	
	to cover our phones from 1 am to 7 am has not been a smooth transition yet,	
	the phone rollover is not working. They will continue to work on this, as not	
	having to cover the hours of 1 am to 7 am with county staff in part helps deal	
	with the current ongoing staff shortages for mental health.	
	e) Beth Fagin: Prep curriculum (a group of 30 kids who need more support in	
	regulatory and social skills) is in 3 rd week, fun to see kids settling into	

friendships. Bikes come next week. Food goes out in a box once/week.

- 3) Updates from subcommittees:
 - a) Legislative action and local impact updates-Kayla reported on updates.
 - b) NAMI Affiliation: Sandy reports that she called NAMI and spoke to Sheila, who said there were remnants of Carver Co being a NAMI affiliate, and that it would not take much to re-activate. In Sheila's opinion the decision to reactivate is within the purview of the LAC. Sheila will talk with her coworker Dan in reaffirmation outreach, about the process. Sheila and Dawn both work out of the NAMI state office, and stated that a NAMI affiliate needs at least 5 members.
 - c) LAC handbook-no updates
 - d) Kelli-upcoming meeting planned with Beth Fagin, Erica Marek and Kelli.
 - e) Mike Duzan-Safety Camp, should we add a children's mental health segment to the safety camp sessions. Each session is about 40 minutes, 6 sessions total. LAC members supported this, would need a bit of runway to plan and staff.

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- 1) Old Business updates: ACES is on agenda for meeting between Kelli, Erica and Beth. Tara Cliff, STIGMA 180, tentatively coming to be guest speaker to Sept LAC meeting.
- 2) Open forum: Kelli and Derek will both be absent at August meeting. We are planning morning time on 8/15 to meet with Commissioners. Ellie Motions to skip the regulary scheduled August LAC meeting on Aug 8, and Sandy Seconds. Decision to cancel the August 8th meeting was approved by council members

Adjournment

Kelli will make slides for the commissioner meeting on Aug 15.

Adjourn meeting

Next Meeting	Meeting adjourned: Motion to adjourn by Sandy Menzel and seconded by Ellie Krug. Meeting adjourned at 5:47 pm.	
	August 15, 2023 9 am commissioner meeting at the Gov't Center in Chaska. Next LAC meeting: September 12, 2023	