

CARVER COUNTY LAC Meeting

DATE: 3/13/2023

LEADER: Derek Gunderson

TIME: 4:11pm-6:21pm

RECORDER: Stacy Zellmann

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Derek Gunderson	x		Stephanie Combey	x		
Sara Bot	x		Commissioner Tim Lynch		x	
Ellie Krug	x		Melissa Hanson	x		
Kelli Brenny	x		Beth Fagin	x		
Judy Kieffer	x		Richard Scott	x		
Kayla Pascoe	x		Diane Pagel			
Sandy Menzel	x		Melanie Warm			
Lindsay Konchar		x				
Mike Duzan	x					
Michelle Iversen	x					
Charles Lawler	x					
Stacy Zellmann	x					
Vacant						
Vacant						

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	Call to Order: Dereck Gunderson: 4:11pm	
Agenda Item 2:	<p>Approve March. Agenda: Motion was made to approve the March agenda; seconded. Approved by consensus</p>	Approved by consensus

<p>Agenda Item 3:</p>	<p>Approval of Feb. Minutes: Motion was made to approve the February minutes; seconded. Approved by consensus</p>	<p>Approved by consensus</p>
<p>Agenda Item 4: Nominations:</p> <p>Elections:</p>	<p>Nominations for Chair/Co-Chair/Secretary: Ellie Krug-declined for co-chair Kelli Brenny: chair Derek Gunderson: accept co-chair if Kelly will accept chair, Mike Duzan: declined for co-chair Sara Bot: Secretary, will accept and will need backup Stacy Zellmann: Co-secretary</p> <p>Voting Results: Kelli Brenny: Chair Derek Gunderson: Co-chair Sara Bot: Secretary Stacy Zellmann: Co-Secretary</p> <p>Results: Motion was made to approve the elections; seconded. Approved by consensus</p>	<p>Discussion</p>
<p>Agenda Item 5:</p>	<p>LAC Handbook Discussion</p> <p>Sample for discussion: Mission/Vision/Responsibilities by Charles Lawler</p> <ul style="list-style-type: none"> - Use this as a guide for what we want to do - Use this to see what we want to accomplish - Develop a strategic plan after deciding on 3-4 things to work on for the year - Clear objectives, how to measure, how to get there, work plan - We are role models for what we want to do for mental health, respect everyone's rights and each person's mental health is their own, no judging. How do we support them? - Listen to the community, agree, set standards. 	<p>Nominations Approved</p> <p>Information</p>

<p>Agenda Item 5: continued</p>	<p>Discussion of Mission/Vision/Responsibilities draft</p> <p>Discussed the document created, next step is to have everyone read it again and put on the agenda for next month for more discussion</p> <p>Kayla- idea is good, concern if we define values we go into politics. Keep focus on MH. Concerned if we edit with committee, it could become political, as it is now is ok.</p> <p>Derek: Would need to have it looked at legally Sarah: will read it Judy: will send in her observation Kelli: thinks it's great Ellie: think it's a wonderful document. Michelle: Think it is great, we need and need to agree/adhere on. Sandy: think it's great Mike: think current list is good and can be discussed in civil way Stacy: think it's great Charlie: appreciates the discussion. Need agreement how we operate together. Derek: Review our bylaws to ensure it is evaluated with our guidebook. Needs to be done legally.</p> <p>Task/Next Step: have everyone read again. For more discussion put on next month agenda.</p>	<p>Discussion</p>
<p>Agenda Item 6:</p>	<p>Staff Reports</p> <p>Beth: School Based Services</p> <ul style="list-style-type: none"> - Staff is very busy - Surge after spring break, lets get things resolved before summer(trend) - Prep program and work all summer - Concerned about level of anxiety/depression in kids and showing in behaviors 	<p>Information</p>

<p>Agenda Item 6: Continued</p>	<p>Stephanie: Behavioral Health Services</p> <ul style="list-style-type: none"> - New therapist Katherine Jonas - Psychologist position open, impacted by shortage - Have 3 therapist open on crisis team, workforce challenges. - Crisis team received FMAP grant; part of grant will allow therapist/social workers to move to 1.0 instead of 0.9. Training, resources, suicide prevention. - Jill is new supervisor on crisis team, she has a lot of experience and knowledge. - Melanie Warm will provide Crisis Program data for CY 2022 for April LAC meeting. <p>Melissa- Adult Mental Health</p> <ul style="list-style-type: none"> - AHMI FMAP grant: will receive \$138,878.33 what she proposed to renovate CSP room to be more ADA compliant, minivan to transport, training, technology. - Will get monthly Sheriff Statistics for mental health calls for next month's meeting - Discussed that they have a year and a half to do an adult mental health needs assessment. Need final in a year before the next grant. - The LAC provides valuable input into how the AMHI grant funds are allocated. - We last completed adult mental health needs assessment in 2017. Had response rate of approximately 90. - <p>Richard: No specific updates presented.</p>	<p>Information</p>
<p>Agenda Item 7:</p>	<p>Visitor - Pat Stieg:</p> <ul style="list-style-type: none"> - Community Health Assessment done every 5 years, overseen by public health advisory council. 2018 last completed. 2019 community health improvement plan 2020-2024. - A lot has changed in 5 years so more questions may be added. - There are 3 different phases: Community partner assessment, Community context assessment and community status assessment. - Community partner assessment to critically look at system. Survey end of April. - Community context assessment this summer, qualitative data, assessment in groups on social systems, Groups experiencing challenges 	<p>Information</p>

<p>Agenda Item 7: continued</p>	<ul style="list-style-type: none"> - Community status assessment: describe variables in counties. County wide survey of residents. Random survey of adults, by mail. High response rate in 2018. - Pat explained what questions in the survey are related to mental health. <p>Questions/Comments:</p> <ul style="list-style-type: none"> - Are you connecting with the homeless population? Yes, in ways that they can, connect with Jen Romero, Housing Unit Supervisor on this. <p>Recommendation to Get Jen Romero as guest to explain the coordinated entry.</p> <p>Derek:</p> <ul style="list-style-type: none"> - Can we analyze data on any information we ask? Is it statistically significant? Yes - Key indicators to identify pockets. - As we grow will have more issues arise. - Do we ask questions around crime? Not in mail survey. In focus groups we can shape those questions. What have people experienced in terms of crime and how have they dealt with it? Are they leaving trauma unprocessed? Are the people who witnessed a crime getting help to process the trauma they have seen? Focus groups could be law enforcement. <p>Charles: Resources can make people happy. Person centered care.</p> <p>Ellie: Demographics question: do you ask if a person identifies as LGBTQ+. When do we get data? End of 2023, early 2024</p> <ul style="list-style-type: none"> - Recommendation to attend Pride event to survey people to get real data and make people seen and heard - <p>Stephanie: Crisis gets calls identifying a mental health need for someone else. Is there something in the survey asking questions about concerns for what others may need in community? People feel at a loss at how to support loved ones.</p> <ul style="list-style-type: none"> - Focus groups on talking to parents about children. - <p>Sandy: Do you ask how residents feel about local police or even police in general?</p> <ul style="list-style-type: none"> - We could in focus groups. - 	<p>Information</p> <p>Discussion</p>
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<p>Agenda Item 7: continued</p>	<p>Do we have a member of LAC on public advisory committee? - Yes, Kelli Brenny</p> <p>New committee: Plan to have a health equity coordinated effort on an ongoing basis called the health equity and community engagement committee. This will be ongoing. Can apply to be on the committee. Serve at least 1 year term, max of 5-year terms. Focus is to guide the work of partners, county, get advice from members of population groups (indigenous, black, etc.). Meet for 1st time by end of April.</p>	<p>Discussion</p> <p>Information</p>
<p>New Business:</p>	<p>New Business: Disagreements and Respectful Discourse (With what Charlie created/discussed this has been resolved for today)</p> <p>In person meeting discussion:</p> <ul style="list-style-type: none"> - Federal peacetime emergency declaration will be ending in May. Carver County emergency ended. Recommending mask with clients in public/mental health. Won't deny but may ask questions. NO requirements in common spaces. - Chair requested that members try to come in person; things get lost with screens. In person you are able to accomplish more and have more meaningful conversations. Make effort to be in person after May when Federal Emergency Declarations over. <p>Unmet Needs Letter: Letter of Support: Richard Scott: Deputy Division Director oversees public health and behavioral</p> <ul style="list-style-type: none"> - Recommended that the LAC delay requesting a letter of support from the Commissioners to give us more time to research the best way to move forward. - Recommended that the LAC take this time to review the By Laws and clearly identify the process on which to bring forth recommendations to the board. <p>Richard also recommended that we use this time to educate our community and community leaders on the seriousness of mental health concerns in our community and especially with our young people, and how certain groups of our young people are at disproportional risk of serious mental health concerns.</p>	<p>Discussion</p>

<p>New Business: continued</p>	<ul style="list-style-type: none">- Richard indicated that the county is committed to serving the residents and young people of our community, and we want to maximize our opportunities to move forward on this and other critical issues threatening many members of our community.- Richard stated that in his opinion as Deputy Division Director for Health Services and Chief Public Health Officer for the County, moving quickly on this issue may not be the best course of action.- <p>Derek: if we need time to work through this to be more effective than that's what we need to do. Is there support to delay from the group? Go through Charles document and unmet needs.</p> <p>Richard: Suggested to use the document shared by Charles to assist with the revision of the By-Laws and clarify the purpose and process of providing recommendations to the County Board.</p> <p>Charles: need to present easier on one page. We need a format to be more effective to be effective with commissioners. Add check box, financial, change in policy, something to support. We need to be effective in how we communicate. One page, very clear what we are asking them to make it easier to say yes.</p> <p>Ellie: agrees to remove the motion at this time. It will be up and running by June either way. Met yesterday with religious leaders who indicated there will be space. It's moving and we don't need the LAC to be involved in moving it forward. The letter of support by the County Commissioners is not needed to move forward with establishing a youth support group. Want to create a safe place, there is nothing for these kids who identify as LBGTQA+.</p> <p>Kelli: wise and warranted that we have to be careful how we present information to our county commissioners. How did the Annica program come about? What steps did they go through?</p> <ul style="list-style-type: none">- It was proposed to have the ANICCA program supervisor present on this program to the LAC.	
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<p>New Business: continued</p>	<p>Stephanie: All behavioral health services have been serving LGBTQA+ in the county. Staff are committed to continuing to receive training in this area as well as with other underrepresented communities. The staff work to ensure that they are inclusive and provide safety in all their services.</p> <p>Derek: Motion to table this unmet need and to evaluate in June/July. The motion was made to table this unmet need recommendation and to evaluate in June/July; seconded. Motion carried.</p> <p>Upcoming events: in April bring events going on in May. Email to Kelly Melissa and Stephanie. What can people get out and go do? Can be reimbursed up to \$75 if there is a mental health group and there is registration fee, there is reimbursement for that.</p>	<p>Information and Discussion</p>
<p>Adjourn:</p>	<p>Meeting adjourned: Motion to adjourn at 6:21pm; seconded.</p>	<p>Information</p>
<p>Next Meeting:</p>	<p>Next meeting is April 11, 2023 from 4:00- 6:00 pm</p>	<p>Adjourned</p> <p>Information</p>