

CARVER COUNTY LAC Meeting

DATE: 2/14/2023

LEADER: Derek Gunderson

TIME: 4:00-6:34 p.m.

RECORDER: Beth Fagin

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Derek Gunderson	X		Stephanie Combey	X		
Sara Bot	X		Commissioner Tim Lynch	X		
Ellie Krug	X		Melissa Hanson	X		
Kelli Brenny	X		Beth Fagin	X		
Judy Kieffer	X		Richard Scott			
Kayla Pascoe	X		Diane Pagel			
Sandy Menzel		X	Melanie Warm			
Lindsay Konchar		X				
Mike Duzan		X				
Michelle Iversen	X					
Charles Lawler	X					
Stacy Zellmann		X				
Vacant						
Vacant						

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	Call to Order: Dereck Gunderson	
Agenda Item 2:	Approve Feb Agenda: The motion was made to approve the Feb. agenda with the addition of youth member appointment process update; seconded.	Approved by consensus
Agenda Item 3:		

<p>Agenda Item 4:</p>	<p>Approved by consensus</p> <p>Approve Jan Minutes: Motion was made to approve the January minutes; seconded. Approved by consensus</p> <p>New Business:</p> <ul style="list-style-type: none"> • New Member Introduction– Charlie: he has been a long time helping professional, with a variety of positions in social services. Was a social worker – specialty in strategic planning. Foster parent/adoptive parent. • Question about meeting location --- determined that Waconia is central and offers space. • Questions about on-line presence --- what does that look like. • Derek commented that “we need more outreach” --- also lots of recent turn-over in membership <p>LAC Handbook Questions: No questions</p> <p>Staff reports</p> <p>Beth – School Based Services Working on the grant for school linked services Staff very busy with increased referrals CDC report on girls and depression --- no one in the field was surprised by this report – there is not enough capacity to address this issue on a preventive model. Schools doing the best they are able. Suggestion to look into Coresera.com Happiness Course – on-line free</p>	<p>Approved by consensus</p> <p>Information</p> <p>Information</p> <p>Discussion</p>
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	<p>Stephanie: Behavioral Health services New therapist for Outpatient clinic – still trying to replace psychologist. Carver feeling the impact of work-force issues Crisis down by three positions – impacting coverage/ability to respond Difficult to find people to work “off hours” – nights and weekends. Open position re Law Enforcement support Question about recruiting efforts – “where do we recruit” --- workforce has many options and we simply need more professionals Pay scale is more competitive than non-profits but everyone increasing Pay scale to attract workers Suggestion – Job fair/can we contract out for some services, i.e. testing Comment: We are the safety net provider for people without insurance Suggestion: a case worker or someone to help support the service provider. Comment: Staff try to give people options when we don’t have the capacity --- Staff work hard to try and connect people with resources when possible. We do have a wait list. Generally, we don’t triage --- Comment: Are we effectively serving the people who don’t have other options? Suggestion: An intake specialist would be able to do some triage and working with people on wait lists to give them options. Comment: We don’t have that capacity regarding staffing. Asked about School Therapy Wait list: School are able to do some triage as they know the students and the needs. Comment: Recruiting and hiring Hiring process is cumbersome and not flexible in terms of conditions. Suggestion: Do we have a relationship with the U or other colleges looking for</p>	<p>Information</p> <p>Discussion</p> <p>Reminder</p> <p>Next Meeting</p>
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	<p>placements/positions? Comment: We must have credentialed positions and mental health positions that are licensed. Comment: We have Looked at a Post-Doctoral position ---- short term positions are challenging In a county system. Suggestion: Loan forgiveness – Carver does not quality. Too wealthy</p> <p>Melissa --- Adult Mental Health Recent retirement announcement– Clinical Social work position open at end of May Case management Associate also resigned so another position is expected to be posted soon. AMHI acronym – Adult Mental Health Initiative. Targeted case management has no wait list – they are assigned when eligible person is identified with DA/SPMI determination or civil commitment. Adult Mental Health Initiative meeting Community Education and Anti-Stigma workgroup is scheduled for tomorrow at 2:30 p.m. Informed that the Home and Community Based Services -AMHI FMAP grant contracts /awards will be communicated by DHS in early March. The application included some capital requests – Van for transporting adults experiencing SPMI, trainings, refurbish space in CSP room. SNAP additional benefits will be ending this month / health care renewals to begin in June - financial issues will impact people.</p> <ul style="list-style-type: none"> • Question about mental health services to Jail – currently Crisis is providing that service. <p>Lots of discussion about hiring and staffing and suggestions/ideas about recruiting and attracting Applicants – mentoring/job fair/internships/relationships with colleges/PayScale</p> <p>NEW BUSINESS Leadership election/nomination process</p> <p>Open nominations for the month</p>	<p>Adjourned</p>
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	<p>Voted on by members (We have four members who are absent)</p> <p>Three positions – co-chairs and secretary</p> <p>Send nominations to Melissa and we will vote in March</p> <p>Note: Due to schedule, Mike may experience obstacles with running the meeting Preference for members with lived experience / family members to co-chair. Talk to the person you might be nominating before sending in nomination please</p> <p>OLD BUSINESS</p> <p>May mental health month event – at the Chaska Event Center, May 9th available but cost is high, \$400 for 4 hours - Must use caterer there and estimate would be \$1,000. May 4th for Chaska Community Center much less -and can bring in food / refreshments. Boxed lunches – more substantial food at that time of day. Programming what topics? Tables for other programs/resources / collaboration for information.</p> <p>Our timing is difficult re trying to have an event. Would be an evening event. 4 to 8 pm for space reservation/ set-up, etc. Group looking for ideas. Suggestions regarding a circle discussion about the state of mental health. What about a table by table topic. Getting some information from the community. Attendance has been an issue in the past Suggestions: Firestation – co-sponsor to add fun. Comment: Resilience does not sound fun. Comment: National conversation is shifting. People are talking about mental health. Comment: What if we up our social media influence? Giving voice to people. What is the information we want to give? Ellie suggested a committee plan the event.</p> <p>County page -social media – need approvals before posting</p>	
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	<p>Suggestion: Plan around a simple statement It's okay to talk about mental health It's okay to ask for help It's okay to talk about what makes you happy</p> <p>Shouldn't we find out what people want?</p> <p>Comment: I move that we table the event until we have a better handle on what we are trying to achieve.</p> <p>Comment: Creating a mission and a vision. What do we do, where are we headed.</p> <p>LAC guidebook has good resources.</p> <p>LGBTQ+ Youth Support Group:</p> <p>Ellie – Proposed that the LAC sponsor the creation of a LGBTQ+ support group --- 12 to 17 --- no adults, so making a cut at 17. Meet at some location – twice a month Support group model with someone experienced as leader. Purpose to create a safe place to check in -- to support each other – to know they are not alone – to create a sense of safety and community Also have a parent support group at the same time. Comment re LAC: We need to have a child component and our charge is understanding and acceptance of emotional disturbances/needs. LGBTQ+ youth are at greater risk for mental health issues. This support group would help to address these issues.</p> <p>Would be helpful to have Carver County support it.</p> <p>Does the LAC think it's a good idea?</p>	
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	<p>Does it meet the need of the LAC to support initiatives?</p> <p>Believes it will be low cost.</p> <p>Not mental health – support model – but someone experienced in working with youth and assessing when more support is needed.</p> <p>Would like to get this on the commissioner’s agenda – before school is out.</p> <p>School support ends in the summer – so critical to have this up and running before summer.</p> <p>A Is this a good idea? B Are we willing to bring this to the commissioners?</p> <p>Sponsorship means – This is an important thing. Could also mean they help fund it.</p> <p>Question --- Supporting the idea and financial support?</p> <p>Ellie – both – yes</p> <p>We make recommendations about unmet needs.</p> <p>Having this will fill an unmet need.</p> <p>Value of having Carver County saying this is a good idea is very valuable for the community at large and the LGBTQ+ community to know they are being supported.</p> <p>Part of the task is to bring this issue to the commissioners because it’s a tremendous, gaping need.</p> <p>Comment: All students have needs.</p>	
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	<p>Straight white students are not being targeted by society.</p> <p>Charlie – there are a variety of needs, everything can't be all inclusive of everyone.</p> <p>Recommend something to do about an unmet need.</p> <p>Comment: I think it's a no-brainer.</p> <p>Responsibility as a group that there are issues in the wider community that will be impacted by political issues and this is one of them.</p> <p>If it's a county entity it needs a staff liaison.</p> <p>This is an unmet need and we recognize it.</p> <p>There will be a political issue when this comes out.</p> <p>Ellie: I am more than willing to independently set this up – but would like to have the county as part of this.</p> <p>Its about people's health, safety and wellness.</p> <p>Ellie: Propose a motion that carver county support this unmet need.</p> <p>Make a motion that we develop a recommendation to present to carver county commissioners around the unmet need regarding LGBTQ+ students need for support.</p> <p>Ellie proposed motion: That the LAC recommend to the Carver County Board of Commissioners that they issue a letter of support for the creation of an LGBTQ+ youth support group as a means for meeting an unmet mental health need in Carver County.</p>	
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	<p>Charlie second the motion.</p> <p>Discussion: Chair asked if anyone wanted to add anything? No one had additions</p>	
	<p>Chair asking for vote.</p> <p>Five voted yes</p> <p>Two opposed. MOTION PASSED</p>	
	<p>Youth member of the LAC – tabled until next meeting</p> <p>Chair comments:</p> <p>Feb 17th National Random Acts of Kindness</p> <p>Practice this everyday and on Feb. 17th.</p> <p>Chair statement:</p> <p>I will not tolerate personal attacks and will shut that conversation down.</p> <p>Honest disagreements are okay but not personal attacks.</p> <p>Motion to adjourn.</p> <p>Meeting adjourned.</p>	

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