

CARVER COUNTY Mental Health LAC Meeting

DATE: 11.08.2022

LEADER: Derek Gunderson

TIME: 4:00-6:00 p.m.

RECORDER: Courtney Iverson

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name:
Derek Gunderson	X		Beth Fagin	X		Laura Children's Coping Connection
Mary Myss		X	Melissa Hanson	X		Shay
Katelyn Theimer		X	Sam Deweese		X	Sophia Whims
Courtney Iverson	X		Melanie Warm		X	
Sandy Menzel	X		Diane Pagel	X		
Judy Kieffer	X		Stephanie Combey	X		
Michelle Iversen	X		Tim Lynch		X	
Mike Duzan	X		Katie Downing, Nystrom & Associates	X		
Lindsey Konchar	X		Richard Scott	X		
Ellie Krug	X					
Jenny Swan		X				
Stacy Zellmann	X					
Kelli Brenny	X					
Sarah Bot		X				

Agenda	Activity/Discussion	Decision/Action
	Call to Order: 4:04 p.m.	
Agenda Item 1:	Approve Nov Agenda: Approved	Approved by consensus
Agenda Item 2:	Approve Oct Minutes: Approved	Approved by consensus
Agenda Item 3:	Staff Reports Melissa Hanson: <ul style="list-style-type: none"> • Lots of Adult Mental Health case management referrals 	Information

<p>Agenda Item 3: Continued</p>	<ul style="list-style-type: none">• Adult Mental Health Initiative HCBS FMAP Grant application is pending• Carver County AMHI Meeting is next week: SUD Direct Access overview of changes in the state, no longer Rule 25 process. <p>Beth Fagin:</p> <ul style="list-style-type: none">• Nothing new to report• Everyone is busy• Thankful we are back at school and seeing kids in person• Everyone is incredibly busy• Beth thinks it is going to be a good year <p>Melanie Warm:</p> <p>Diane Pagel:</p> <ul style="list-style-type: none">• 2 positions open in outpatient• Psychologist for testing• Psychotherapist• Remote telepsychiatry providers have gone well• Have a wait list in therapy and accepting new referrals in psychiatry <p>Stephanie Combey:</p> <ul style="list-style-type: none">• Crisis Grant with 1 time funding is coming through• Is very time limited• Can't use it to grow our staffing• Want to use it for more trainings for people• Most is federal ARPA funds• 1 year funding-is tricky• We are trying to be as creative as possible with the opportunities	<p>Information</p>
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<p>Agenda Item 4:</p>	<p>Visitors Laura:</p> <ul style="list-style-type: none"> • Mike and Laura met at ToBeContinued • Worked in Emergency Dept for people with chronic illness • Children’s Coping Connection • Chronic Illness, grief, and loss • Working with partners who have a chronic illness and sibling’s support • Question: How is she affiliated with insurance? She does not bill insurance -she is certified, not licensed. Grief work cannot be billed for insurances • Contract work, so she works with therapy home infusion • Paid with HSA, cash or check because she is not reimbursable by insurance <p>Laura considers herself still quiet in the area. Working with Waconia to get a 20k grant so she can support the kids This is the missing link with counselors is with grief and loss and chronic illness</p>	<p>Information</p>
<p>Agenda Item 5:</p>	<p>Changes in January:</p> <ul style="list-style-type: none"> • Mary’s term is up, and she is cycling off • Shay may be interested in a position • Jenny is cycling off • Derek’s term is up-not sure what he is going to do yet <p>Talked about adding a teen to the committee-Will need to change bylaws and get approved by the board, as this is not in the Board Operating Rules currently.</p> <p>Stephanie thinks we should get this as a board action for December</p> <ul style="list-style-type: none"> • 13 and above with lived experience but not truly required • Someone who has been through some things in their life • We shouldn’t limit this to public schools • Consider kids across the county • Patriot might post this. • Can they be a voting member? Not sure • Should have all the rights of a member 	<p>Information</p> <p>Discussion</p>

Agenda Item 5: continued	<ul style="list-style-type: none">• This could open things for the person who is in the role• Stephanie feels board will be more apt to approve a non-voting role• Will have to be detailed in our description• Make it clear there are some things that can be removed from public record• Ellie thinks we should interview the youth to see if they are mature enough or going to be a good fit.• Applications go through commissioners, we could make a recommendation, and the commissioners make the decisions• Plan to review with the administrator and Heather Goodwin, HHS Director first• Dr. Scott likes the idea of a vetting process-selection• Local public health advisory council will be created-citizen advisory group• Has less authority than the LAC• They want a young person on that• Want to be able to compensate for that• Drafting RBA, Dr. Scott would sign off on that• Do we give the teen a gift card? Can they still get the stipend even if they don't vote?• Want their time to be valued/compensated if possible• We can meet all the mandated roles with fewer than 14 people-We started at 11• Hennepin Co has many members for adult mental health LAC• Does not include Children's mental health in same LAC• Do we select from August to July?• January might become easiest because the schools could help that way• What about 2 young people instead of 1 Dr Scott is thinking• That is a good idea• What are we looking for from them?• Stephanie read our Mission Statement-just looking for the kid's perspective to our statement• Adjust bylaws to increase for up to 2 members to allow for kid participation, increase to 16 from 14• Quorum totals will change with this ask• 13 min age for rep	Discussion
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<p>Agenda Item 5: continued</p>	<ul style="list-style-type: none"> • How does the application change? • Add parent sign offline to this • Training in how they refer to themselves in a story • Michelle would be happy to help with this and the interview process <p>Board must sign off because of the stipend piece That might motivate the minor to come more regularly We should do a subcommittee to work out the details We will use the word Youth instead of Adolescent bc (13+)</p> <ul style="list-style-type: none"> • All in favor-all • No opposition <p>If Shay or Sophia would like to be members, they should fill out an application and reach out to Melissa on this process.</p> <p>Will have thank you' s in December for exiting members years of service.</p>	<p>Discussion</p> <p>Information</p>
<p>Agenda Item 6:</p>	<p>OLD BUSINESS</p> <p style="text-align: center;">MENTAL HEALTH NEEDS ASSESSMENT:</p> <ul style="list-style-type: none"> • 2 responses & 1 attempt didn't go though • This was homework we needed to do • Melissa wants to make this an electronic form in Microsoft Forms (previously was SurveyMonkey and paper forms available as well) Melissa will share with the LAC when complete, to request feedback on content, items missing, etc. • Are we adding children's mental health to this? Yes, because we are a combined LAC. 	<p>Information</p>

<p>Agenda Item 6: continued</p>	<ul style="list-style-type: none"> • Should there be a separate workgroup to help develop the questions? Access is an issue we fight along with awareness. We are looking for parents' perspective on children's mental health in the survey. • Change the format. Add a children's section. • It will go into Microsoft Forms, and she will send to us. Paper and scan are just too clunky. • Prefer not to answer-might be a good piece to add to the survey per Sandy's suggestion 	<p>Discussion</p>
<p>Agenda Item 7:</p>	<p>Bring friends to this. Tell people about the LAC Chaska HS 6:30-8 for the Stigma 180 event.</p> <p>Ellie wants to report on the pilot around an LGBTQ support group</p> <p>Kaylee Haga came last month, and we talked about collaborating</p> <p>Kaylee took it back to the commission and they are very interested in collaborating. Have been busy and have not been able to have a brainstorming session yet. Hope to have that chat in Nov.</p> <p>Challenges around the medical model</p> <p>Stephanie felt Public health is a better fit for this per Dr. Richard Scott, but Ellie should add him to the list to get additional supports this way</p> <p>Recommendations were made for combining this with substance abuse. PRIDE In EP was great.</p> <p>Ellie will report back in Dec.</p>	<p>Discussion</p>

Agenda Item 8:	Open Forum: AskAmy-Save.org (Suicide Awareness Voices of Education) Books-An Unquiet Mind, An Atlas of Depression Will do a potluck in Dec since COVID has chilled out-Sandy will be Point of contact for this Holidays we should refer to as winter festivals	Information
Adjourn	Adjourn: 5:28	Meeting Adjourned
Next Meeting:	January 10, 2023	Next Meeting