

CARVER COUNTY Mental Health LAC Meeting

DATE: 07.12.2022

LEADER: Derek Gunderson

TIME: 4:00-6:00 p.m.

RECORDER: Courtney Iverson

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name:
Derek Gunderson	X		Beth Fagin	X		
Mary Myss	X		Melissa Hanson	X		
Katelyn Theimer	X		Sam Deweese		X	
Courtney Iverson	X		Melanie Warm		X	
Sandy Menzel	X		Diane Pagel		X	
Judy Kieffer	X		Stephanie Combey	X		
Michelle Iversen	X		Tim Lynch	X		
Mike Duzan	X		Katie Downing, Nystrom & Associates			
Lindsey Konchar		X	Richard Scott			
Ellie Krug	X					
Jenny Swan	X					
Stacy Zellmann		X				
Kelli Brenny		X				
Sarah Bot	X					

	Activity/Discussion	Decision/Action
Agenda	Call to Order: Derek Gunderson 4:04	
Agenda Item 1:	Approve July Agenda: Approved	Approved by consensus
Agenda Item 2:	Approve June Minutes: Approval	Approved by consensus

Agenda Item 3:	<p>Staff Reports</p> <p>Melissa Hanson: Legislative updates: good news with Adult Mental Health Initiative service and is no longer a pilot; \$10.23 M approved for 2025 and \$10M for 2026 This has made it so no counties will get less than they were getting before.</p> <p>Had first in person drop in last month at First Street Center Getting out an about in the community more Had an event that 19 people showed up to Still quite a few referrals</p> <p>Competency restoration Mostly experienced with people who are incarcerated but can happen to people who are not Civil commitment requests-there is some legislation around this, and the role of a Forensic Navigator is being created, almost like a social worker</p> <p>Beth Fagin: Nothing big to report Things are going well Kids are still melding together Staff are doing pretty well Looking forward to an almost normal school year Hiding in plain sight documentary-Ken Burns **highlights mental health in schools</p> <p>Stephanie Combey: Crisis team stays busy Mental Health workforce shortage Outpatient has a new tele prescriber Team is busy with a significant waitlist Will offer more groups in person Still an option for people to join remotely Plan on doing a lot of hybrid-challenge will be to find that therapeutic space with doing so</p>	Information
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Agenda Item 4:	New Business: Letter to County Board Update	Information
Agenda Item 5:	WEBSITE FEEDBACK: Sandy: There is progress in the Anti Stigma program No information on the site on how this on how to get involved Sandy would be willing to be a facilitator for the suicide survivors' group Feels suicide rate is up from isolation-can call Melanie directly Judy: felt children's mental health page was fine Mary: Felt the site was well done Searched Mental Health near me and CARVER COUNTY DID NOT SHOW UP ***Is there any SEO implemented in the site? This is a pretty big issue Derek: Read an article about the 988 number making people nervous Stephanie: Carver Co services 9 counties Have been providing these services for over a year If there is clunkiness in that, it is a tech issue Stephanie was interviewed by the Star Tribune about this today Call 988 for mental health help-it is a national number Phone number may come over when someone calls in Ellie: Search for Carver Co Mental Health Recoveryway.com is the first result	Discussion

<p>Agenda Item 5: cont.</p>	<p>Do we interface with United Way 211? Centralized information and referral 211 is housing, mental health They send out surveys about resources Are we getting revenue from the 9 counties for the call center? Funded through SAMSAH 4 call centers have the grant Is the funding covering 100% of the costs for the call center? No, the funding is not adequate for coverage 24/7 They are getting time allocated funding How big is the deficit? Does Braided funding to make it all work? Why can't we approach other counties about funding? Stephanie feels this is not really an option They were looking at adding a fee to cell phone bills Can collaborators help to pay for a service when the deficit might be taking from other programs?</p> <p>What is our SEO set up? Do we have words? Is the county considering the most important words? Can a staff member talk to Eric to find out what our SEO words are currently?</p> <p>Michelle: Is there a reason we don't have clinician bios? They did this at Park Nicollet when she was there as it's part of building reputation Allows clients to start a therapeutic relationship off the bat How would we know this would be right for me? Doesn't have to be a survey, but more information on like what is depression and what are the warning signs?</p> <p>Sarah: This would help with her referring people</p>	<p>Discussion</p>
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<p>Agenda Item 5: cont.</p>	<p>Stephanie: Has run into issues of providers getting stalked</p> <p>Ellie: agrees that bios make the organization seem human and personal What we are hearing is about making the organization more human faced?</p> <p>Stephanie: is letting the communication director know this feedback</p> <p>Jenny: No feedback at this point</p> <p>Katelyn: Miss last months' meeting but will review after this meeting</p> <p>Sarah: More user-friendly way to see the services Steiner Keltling-new service, would love to know more about it People Inc runs the facility Intensive Resident treatment and crisis services This group had a lot to do with that facility & wrote a letter of support</p> <p>Mike: nothing to add</p> <p>Derek: Generally, goes directly to the website. Feels the new website functions better than the old one Get 988 blasted on our pages Derek did like the idea of more resources Q/A to help people navigate their needs</p> <p>Testimonials to show recovery is possible</p> <p>Anti-Stigma workgroup discussion We had 2 workgroups Crisis Subgroup met with Melanie Warm (Derek and Sam) Community Education Group</p> <p>There are a lot of areas we can plan for better for subgroups</p>	<p>Discussion</p>
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<p>Agenda Item 5: cont.</p>	<p>Ellie mentioned an LGBTQ+ subgroup 20% of Gen Z identify as LGBTQ+ Open Meeting law obstacle Derek feels we must have proper notice to the community Ellie doesn't feel this needs notice and explain what it means to be queer and how to reach out to the community. Melissa was looking to create a workgroup to continuously tackle issues Ellie is not a fan of bureaucracy Read Clarence Thomas's review in the Dobbs case and we will understand how LGTBQ+ people will suffer.</p> <p>Side conversations can happen between council members, but any actionable items need to be decided on as a group</p> <p>Anything that cannot be voted on needs to be addressed in our meetings Ellie just wants to ask the following questions: Wants to ask the agency what you have done Who is specialized, and are they involved in outreach? How do we increase the outreach? Can she share why LGBTQ+ are afraid? Bring and suggestions back to the LAC even if it is a no This is our role to influence and make change for the better What about people with invisible disabilities? This is about creating a mindset that makes an agency visible It's always great to get input from other people Derek encourages staff to reach out to Ellie. Michelle would like to join for the meeting.</p> <p>Grant funding for Adult Mental Health, we need to give feedback to help justify the grant Derek would like to give this responsibility away Anti-Stigma NAMI Workgroup Crisis Group</p> <p>Anyone can show up and join different meetings.</p>	<p>Discussion</p>
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Agenda Item 6:	<p>Old Business: Letter to the Commissioner Update Melissa emailed Heather to see if there is a certain date the board meets</p> <p>What are some things since the end of January that he can bring up? Outreach--Plan to grow outreach and understand where it falls within our services Subgroup 9-million-dollar covid relief money-could we get some of that?</p> <p>Ellie heard money is going to the carver county history center If this is true, this shows how the commissioners do not understand the need. Our agency deserves to get as much money as possible to help as many people as possible.</p> <p>Are we running a deficit in any of the programs? Is there a way to expand? Is there a need to create a headhunting program?</p> <p>Turnover makes clients feel abandoned as they must get to know their new therapist. What about retention bonuses and stuff?</p> <p>Some funds used have been to offset losses from other programs</p> <p>Do we have anything set aside for mass shooting care to be able to react to that? That will give kids mental health diagnosis</p> <p>We should be thinking proactive around this instead of reactive.</p> <p>Stephanie: All the therapists are trauma informed clinicians In terms of if there is a school shooting, as mental health was increasing for the public, it increased for providers also We do have people who are working in this area every day. There might also be a Sandy Hook Promise Operates programs where they go into schools If you sign up to be a Sandy Hook Promise designee, you get training and help on how to end bullying in schools.</p>	Information & Discussion
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<p>Agenda Item 6: Cont.</p>	<p>They are a program about prevention to avoid isolation and retaliation. Could a mental health agency become a collaborator? In the past we have partnered with NAMI QPR trainings, and hope for recovery. Need to find out what it would cost to bring them in-Ellie will look into that Typically, something like this takes about 6 months</p> <p>We should involve school mental health in this also to see what trainings they are already utilizing.</p> <p>Health Needs Assessment If we have a question that comes to mind that might fit on the assessment, please send it over</p> <p>Were you able to reach out to Tara Smith on Stigma180? Michelle reached out to Dr. Josh Stein but hasn't heard back Prairie Care-Mike had to leave but we will keep working on that</p> <p>September is Suicide Prevention Month Wear the color or ribbon for the meeting Purple & Turquoise Might be a good event/meeting to meet in person at</p> <p>Carver Co Fair in Waconia is coming up & we have a booth there. Aug 11, 12, 13 & 14th The booth usually staffed by county members but encouraged to come by to talk to people in the community</p>	<p>Information & Discussion</p>
<p>Agenda Item 7:</p>	<p>Meeting adjourned 5:58</p> <p>Next meeting September 13, 2022</p>	<p>Meeting Adjourned.</p> <p>Next Meeting</p>