

CARVER COUNTY Mental Health LAC Meeting

DATE: 06.14.2022

LEADER: Derek Gunderson

TIME: 4:00-6:00 p.m.

RECORDER: Courtney Iverson

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name:
Derek Gunderson	X		Beth Fagin	X		
Mary Myss	X		Melissa Hanson	X		
Katelyn Theimer		X	Sam Deweese		X	
Courtney Iverson	X		Melanie Warm		X	
Sandy Menzel	X		Diane Pagel		X	
Judy Kieffer	X		Stephanie Combey	X		
Michelle Iversen	X		Tim Lynch	X		
Mike Duzan		X	Katie Downing, Nystrom & Associates		X	
Lindsey Konchar	X		Richard Scott		X	
Ellie Krug	X					
Jenny Swan		X				
Stacy Zellmann	X					
Kelli Brenny	X					
Sarah Bot	X					

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	Call to Order: Derek Gunderson 4:05	Approved by consensus
Agenda Item 2:	Approve June Agenda: Approved Approve May Minutes: Mary approved, Michelle 2nd	Approved by consensus

<p>Agenda Item 3:</p>	<p>New Member Intros: Kelli & Sarah</p> <ul style="list-style-type: none"> • Sarah works as a women’s health Physician Assistant • Noticing increasing difficulty around access to mental health to see what was available to bring back to her patients <ul style="list-style-type: none"> • Kelli: District office climate and culture specialist • Works in district and kids who need tier 2 & tier 3 intervention • Veteran <p>Introductions from group members</p>	<p>Information</p>
<p>Agenda Item 4:</p>	<p>Staff Reports Melissa Hanson: Statewide Adult Mental Health initiative meeting was cancelled by DHS Carver Co will still have their local AMHI meeting at 3 PM via Microsoft Teams Focus will be gathering feedback and ideas for adult mental health initiative and CSP grants Hope for Recovery workshop feedback requested More Rule 20 civil commitment requests coming to us- question regarding the reasons why they need to be committed (pre-petition screening process: a clinical social worker has an interview with person and other family members and reviews records to determine the least restrictive option) Not just one driving factor as to why they are getting committed People with full civil commitment order while in jail typically go to the Anoka Metro Regional Treatment Hospital, and others in community hospitals do not transfer to AMRTC due to long wait list Provided overview of change in the state related to substance use disorder services and treatment: Direct Access. Effective July 1st, Rule 25 process will no longer be available within the state. It is no longer required that counties complete chemical health assessments for those with Medicaid or financially eligible; people may choose which provider they would like to access for Comprehensive Assessments. Counties will continue to determine financial eligibility for treatment funding for Behavioral Health Fund when a person does not have MA or PMAP. Carver County is enrolled to provide</p>	<p>Information</p>

<p>Agenda Item 4 Continued:</p>	<p>Comprehensive Assessments and Treatment Coordination services, and can provide services to people with Medica, BCBS, UCare, and HealthPartners PMAPS as well as straight MA or those who meet financial eligibility criteria for BHF. Private pay is also available.</p> <p>Beth Fagin: School has ended so everyone is taking some deep breaths and winding up for the summer program that starts next week. End of year was status quo, once school is out the number of times someone wants to be seen diminishes. Sometimes staff still check in with kids PREP Adventure is a 6-week program that it turned out to be such a positive experience Kids learn a skill and do an activity and practice what they learn with peers Groups of ten kids to practice skills They choose kids for these programs that are often dysregulated and not going to summer camps They are on their way Hoping next school year is less stressful and closer to the normal Everyone in education has gone through this traumatic experience with COVID Any opportunity we have to get together with social groups is good for us There are more dysregulated kids because of the covid restrictions Dating and prom were thrown off because of COVID Example of skills they are using in the park-Waiting their turn Archery-they need to wait their turn Opportunity to give immediate feedback</p> <p>Stephanie Combey: Crisis is still quite busy Many referrals for young people getting services Continuing to support adults as well Transition to 988 happens in July and there is an anticipation of increased call volume</p>	<p>Information</p>
--	---	--------------------

<p>Agenda Item 4 Continued:</p>	<p>Calls will roll to Carver County first and there is a backup with other 988 providers if call is unanswered.</p> <p>Outpatient Services: We are adding some more in-center services Many clients are remaining in a virtual format by choice Diagnostic assessment process will be in person Trying to pay attention to the state and national focus on mental health There is an awareness of mental health increases from the pandemic and across the nation Re calls to NSPL and Crisis--Do we get a lot of out of state calls? Yes Technology can mostly pinpoint where call is coming from to help route it appropriately</p>	<p>Information</p>
<p>Agenda Item 5:</p>	<p>New Business:</p> <p>Letter to County Board Update Want to try and redo this and work through our next 6 months with all the new members Underserved Population Outreach Outreach to underserved communities: Latin, Black, Asian</p> <p>What the agency is doing for Pride? What outreach is being done for the LGBTQ? Chaska just had a pride celebration on Sunday Chaska human rights commission That would have a great place for CC mental health to have a table Have had tables at other events Members must be willing to be there to talk about the LAC & talk about what the county does Derek is all for us doing this How are we reaching the under and unrepresented stakeholders? Should be more of a coordinated effort LAC and Adult Mental Health Initiative have hosted events in community May being mental health month, September suicide prevention and QPR</p>	<p>Information & Discussion</p>

<p>Agenda Item 5 Continued:</p>	<p>Haven't been the most involved in other community events Carver County Fair was one place we put someone at a booth, most of this is logistics Scott Carver Project Community Connect-this is a great one</p> <p>What are we doing specifically for LGBTQ? Lukewarm to zip for support Have not done the best job of proactive awareness There is great fear around being LGBTQ+ and accessing mental health services Cost Am I going to find someone who is going to be welcoming or someone who is going to try and change me? Judgement for receiving services</p> <p>Is there a rainbow in the waiting room? No but we have a sign that does say all are welcome</p> <p>Need to have more things to show they are welcome there (something as simple as a rainbow) Beth would welcome Ellie's help as Ellie does this professionally for a living.</p> <p>This same idea of involvement could apply to SR events. We should be at SR events to talk about SR mental health.</p> <p>Should plan out events, at which to have a presence, a year in advance if possible.</p> <p>Lindsay would you be interested in talking to cities to figure out what events they have that might be good for LAC to attend to talk about Mental Health supports from the county</p> <p>Our presence and absence at these functions is apparent</p> <p>Derek really wants to try and get us in person Mary feels this year is challenging because it's so much better when you can look at the other person's expression</p>	<p>Discussion</p>
--	--	-------------------

<p>Agenda Item 5 Continued:</p>	<p>Events were stalled due to COVID Done the best we can over the last few years Beth thinks it is a huge feat that we met as often as we did Derek has built back the whole group & held on to a lot of people</p> <p>LAC played a role in suggesting the law enforcement crisis co-responder and that has been very successful. Allison is phenomenal in her de-escalation. She is a mental health professional, she doesn't carry a gun and comes in once a scene has been cleared. Comes in with civilian clothes. Is there a formal relationship between the crisis team and the sheriff-yes, it is a dispatch process where dispatch or the deputy will call Crisis and ask them to come to the scene or potentially meet at another site? Melanie and Eva would be able to answer it a bit more clearly</p> <p>Could our goal be to get more law enforcement co responders? Derek shared information about the Denver Star Program Goal is to ask to continue to grow this program as the county grows</p> <p>We finish #1 in so many county rankings, but it does not mean we don't have issues</p> <p>Derek will check with Mike on Prairie Care contact.</p> <p>November 2019, we had the author of a mental health book come and talk about the history of Mental health in MN & asylums</p> <p>Derek wants to start to assign homework to the group</p> <p>We should go through the county website and determine if anything is missing related to our focus areas. Kelly, Judy, Stacy, Courtney, and Lindsay work on children's side of things Ellie- LGBTQ Derek to work on addiction services and all the rest to look at adult section</p> <p>Send feedback</p>	<p>Discussion</p>
--	---	-------------------

<p>Agenda Item 6:</p>	<p>Old Business:</p> <p>Health Needs Assessment 2024 Questions Homework will hopefully stimulate some thoughts around this This is our opportunity to ask questions about mental health and get feedback on Programs and services we are offering</p> <p>Stigma 180 & District 112 Want to continue to grow this relationship from when it went on pause in 2019 End the stigma around mental health Challenge for the schools is that is it not assigned to anyone at this point with everyone being overloaded Beth felt it was a good program Would LAC say this is worthy of a partnership to possibly match funding? Community Health Improvement Plan and Stigma 180 links:</p> <p>https://www.co.carver.mn.us/home/showpublisheddocument/20427/637323013853970000</p> <p>https://www.district112.org/district/departments/specialized-education-services/stigma-180</p> <p>Kelli asked who oversees running the program currently? Used to be run by Madalyn Larsen Is there any funding for Stigma 180? Can it happen without a budget? Derek could add this to the letter as a formal request.</p> <p>Prairie Care Update-Mike is out</p>	<p>Information</p>
<p>Adjournment:</p>	<p>Adjourn at 5:57</p>	<p>Adjourned</p>
<p>Next Meeting:</p>	<p>August 9, 2022</p>	<p>Next Meeting</p>

--	--	--	--

--	--	--	--

			Meeting Adjourned.
--	--	--	--------------------