

CARVER COUNTY Mental Health LAC Meeting

DATE: 05/10/2022

LEADER: Derek Gunderson

TIME: 4:00-6:00 p.m.

RECORDER: Courtney Iverson

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name:
Derek Gunderson	X		Beth Fagin	X		Sarah Bot
Mary Myss	X		Melissa Hanson	X		Kelli Brennie
Katelyn Theimer	X		Sam Deweese			
Courtney Iverson	X		Melanie Warm			
Sandy Menzel	X		Diane Pagel			
Judy Kieffer	X		Stephanie Combey			
Michelle Iversen	X		Tim Lynch			
Mike Duzan	X		Katie Downing, Nystrom & Associates			
Lindsey Konchar		X	Richard Scott			
Ellie Krug		X				
Jenny Swan	X					
Stacy Zellmann	X					
Daniel Nelson		X				

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	Call to Order: Derek Gunderson 4:03 PM Approve May Agenda:	Approved by consensus
Agenda Item 2:	Approve April Minutes: modify mins to say "April" mins; approved	Approved by consensus

<p>Agenda Item 3:</p>	<p>Guests: Kelli & Sara Kelli is a climate and culture specialist for Eastern Carver co schools (23 years in education) A lot of experience of needs and mental health services in this community</p> <p>Sarah Bot- Physician Assistant Has used Carver Co crisis line for patients Can articulate needs from the provider perspective</p>	<p>Information</p>
<p>Agenda Item 4:</p>	<p>Staff Reports Melissa Hanson: Community Support Unit Supervisor Adults with serious and persistent mental illness May is mental health month: Hope for Recovery workshop is Tuesday May 17th via Zoom Focusing on Schizophrenia, depression, and co-occurring disorders – please share flyer with others! Adult Mental Health Initiative Reform Has been a formula proposed on the funding formula. Is more transparent: based on rural factor (25%) Carver Co does not qualify in this definition of Rural Area Deprivation index Social determinants of Health Poverty Homelessness Process is shared on DHS website Some regions will experience decreases in funding, and some increases across the state based on the proposed new formula – feedback can still be provided to DHS RUCA codes determine what is rural so even with NYA we are not considered rural</p>	<p>Information</p>

<p>Agenda Item 4: Cont.</p>	<p>Beth Fagin: School mental health staff continue to receive referrals – will see children over the summer, if they are willing and available. 30 kids in the prep program this summer The prep program supports healthy skill building for creating relationships for kids who struggle with those issues. For some people this is the first time experiencing friends Summer is a mixed bag regarding mental health issues for children --- the absence of school creates less stress for some children and the lack of structure creates stress for other children. Looking forward to summer but concerned that COVID numbers are going up again Hoping for a normal summer for families</p> <p>Stephanie Combey *Out today</p> <p>Melanie Warm *In workshop all day</p> <p>Diane Pagel: *Out today</p>	<p>Information</p>
<p>Agenda Item 5:</p>	<p>New Business: Adult Mental Health Initiative and CSP grants application and request for feedback from LAC members: Per MN statutes, the LACs need to be involved in the process for AMHI and CSP grant applications, identifying needs/gaps, and providing feedback regarding how grant money is spent Identify needs and gaps in mental health treatment and services, etc. LAC makes recommendations to the county board Questions: How did the LAC contribute to the development of this application? Needs assessment/community health improvement plan</p>	<p>Information</p>

<p>Agenda Item 5: Cont.</p>	<p>How is the LAC included in how funds are distributed? We may need to set up a process around this. Discussion regarding why LAC recommend how funds are used The AMHI and LAC try to ensure we have input from diverse groups, people with lived experience and families, mental health providers, etc. Could this drive how we could move funds around? Currently, AMHI grant is \$319,933 per year CSP grant is \$161,922 per year</p> <p>What do these funds pay for? Areas in which most of the funding is allocated: Housing subsidy pays a portion of rent, and can also be used for damage deposits, application fees, utilities, etc. IPS-like program with MRCI providing supportive employment services Registered nurse for anti-psychotic injections and medication monitoring CSP program (activities, groups, CSP drop-in, help with 1:1 support for benefits applications, Social Security disability application process, etc) Transportation-for people without MA or other options to get to their appointments Client Flex Funds: for groceries, cell phone minutes, medications, necessary items</p> <p>Other organizations the county can turn to for funding possibly? Community Living Infrastructure - grant for homeless outreach services, SSAS grant ARPA funds? (these are used for unbudgeted expenditures) We need to figure out the total need. Melissa feels we should explain this in the narrative. There could be a new funding formula for CY 2025 & 2026 Derek shared that we have to get ahead of the curve as our population will be a lot more by then 20% increase! Beth: is there more need for staffing or services? Focused on housing subsidy and employment support and those without health insurance CSP program for staff Biggest request for the LAC is to identify if there are priority or gaps</p>	<p>Discussion</p>
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<p>Agenda Item 5: Cont.</p>	<p>Food assistance, transportation, housing, which we don't talk a lot about in the LAC as we are more focused on services and providers.</p> <p>Psychiatry-we were behind on appts bc they were part time</p> <p>Ratio of providers to community members in carver county is 480:1 250:1 is the top US performers Excessive drinking is an area of concern in Carver County</p> <p>Could medication follow ups be a priority? Routine checks as this is something people with mental health issues often struggle with. Similar to the Step up program in jails.</p> <p>Is this only for projects that are specifically county wide. Funds are for Carver Co-adults with serious or persistent mental illness Age 18 and older is the qualifier Many mental illnesses manifest between 18-24</p> <p>Funding for the county is separate from the schools so this would be kept separately. Maybe some targeting through Beth's or Annica's programs. This would be a preventative measure This would help our budget in the long run</p> <p>Could we use any funds to help institutional setttings more welcoming? Like nature pictures and stuff? No they can't be used for anything capital. Must be targeted for individuals.</p> <p>Only have about 15 individuals getting a housing subsidy at one time What is the average? Person pays 30% of their income for the rent We should call this out how if we get less funds, on how that will impact other programs as well.</p> <p>Taxes or referendum on mental health? Cities can do this for a targeted initiative</p>	<p>Discussion</p>
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<p>Agenda Item 5: Cont.</p>	<p>Infrastructure or programming School County City</p> <p>Most common are schools & park referendum (Chanhassen is doing one) Does the county/commissioners have an appetite Could we add that we are 2x the national average per provider of not being covered. 25% higher than the state of MN. Are they going to Hennepin Co for their services?</p> <p>Does the county have Occupational Therapists? Do not think so. Would that fall within the spectrum? Might fit into gaining skills/ARMHS like? OT services for rehospitalization issues?</p> <p>Has the county looked at getting a CCBHC? Finding staff has been really tough. County used to be an ARMHS provider until 2010</p> <p>Facilitator for a suicide prevention group Sandy is wondering if any funds can be used for someone to help with that? The pastor at Freshwater church did this group last time. Used a manual to keep within the fidelity standards.</p> <p>Sandy really liked the grill out get together to have more in person-it was nice and non-anxiety for CSP drop-ins</p> <p>Stacey Zellman To Be Continued QPR training for free at St. Johns June Sandy would like these details</p>	<p>Discussion</p>
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<p>Agenda Item 5: Cont.</p>	<p>Sandy sent a resource to all of us but it did not go though, so Melissa will forward it along.</p> <p>Letter-infrastructure development for children’s mental health</p>	<p>Discussion</p>
<p>Agenda Item 6:</p>	<p>Old Business: Health Needs Assessment: Should we ask about Somatic, Yoga, microdosing Member-Favorite has been the non-traditional therapies</p> <p>Type of questions could be more suited to mental health directly rather than community health assessment Not necessarily for a broader survey or an exit survey Have asked what have people used before Outreach and Prairie Care Review the link that Derek sent</p> <p>Does the county still offer masks? Had a lot of cloth ones for a while.</p>	<p>Information</p>
<p>Agenda Item 7:</p>	<p>Open Forum: Please check in with your loved ones. Suicide is a real thing that can happen to those who seem to be the happiest people</p> <p>Morels & Memories Mushroom Hunt & Alzheimer’s Fundraiser will be Saturday, May 21st from 12:30-4:30.</p>	<p>Information</p>
<p>Adjournment:</p>	<p>Adjourned 5:41 PM</p>	<p>Adjourned</p>
<p>Next Meeting:</p>	<p>June 14th, 2022</p>	<p>Next Meeting</p>