

CARVER COUNTY LAC Meeting

DATE: 11.9.2021

LEADER: Derek Gunderson

TIME: 4:00-6:00 p.m.

RECORDER: Stephanie Combey and Courtney Iverson

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Derek Gunderson	X		Beth Fagin	X		Chaska Police Chief Ryan Seibert
Dr. Eddie Tipton		X	Melissa Hanson	X		
Ana Macias	X		Sam Deweese			
Mary Myss	X		Melanie Warm		X	
Sue Kunitz		X	Diane Pagel	X		
Courtney Iverson	X		Stephanie Combey	X		
Sandy Menzel		X	Tim Lynch	X		
Judy Kieffer	X		Michelle Faith, Nystrom & Associates	X		
Cliona Archer		X	Richard Scott	X		
Heather Boll		X				
Lindsey Konchar	X					
Sophia Wood		X				
Jenny Swan	X					
Stacy Zellmann	X					

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	Call to Order: Derek Gunderson	Approved by consensus
Agenda Item 2:	Approve November Agenda: Mary and Jenny 4:07 p.m.	Approved by consensus
	Approve October Minutes: Sue & Mary 4:07 p.m.	Approved by consensus

Agenda Item 3:	<p>Staff reports: Melissa Hanson:</p> <p>Melissa informed the LAC members that the claim forms for LAC stipend will be submitted in a couple of weeks, due to working remotely until November 18th.</p> <p>Staffing-employee went on leave and a new one hired, managing through staffing shortage.</p> <p>The statewide AMHI Reform workgroup has final meeting tomorrow. A report to the legislature will be made. The AMHI grant formulas will not be changed until the CY 2025 grant term. Melissa requested feedback from the LAC members, and referenced more detailed information that was sent to the AMHI group email.</p> <p>Melissa reminded that the LAC has an active role in helping shape and guide reform.</p> <p>Beth Fagin:</p> <p>Staff went into the school year with 75% caseloads and, after conferences, have more referrals and will likely need to start a wait list. COVID is affecting everyone, staff, school staff, students, families, etc.</p>	Information
Agenda Item 4:	<p>Note: In order to be sensitive to Chief Seibert's time, staff reports were suspended in order to welcome our meeting guest.</p> <p>Guest: Chief Seibert-Chaska Police Department</p> <p>Chief Seibert introduced himself and shared his background. He has been with Chaska PD for about two years. Chief Seibert talked about the importance of both external MH and Internal MH. CPD has a robust wellness and peer support program in place. Physical health opportunities and contract with Ridgeway and Assoc. for MH check-ins and debriefing. External focus for those dealing with MH issues. CPD has a focus on</p>	Information

<p>Agenda Item 4: (continued)</p>	<p>Richard Scott-Redefine the comprehensive value on how we look at cops</p> <p>Stephanie-it is great that we can collaborate as we are sometimes limited in what we can do in our roles Chief Seibert has experience working in diverse communities as he started his career is Robbinsdale. He has been here for 2 years.</p> <p>Derek-988 number</p> <p>There is a lot of distrust of police, and great strides have been made when it comes to mental health awareness for law enforcement Ridgeway & Associates-does not show up on insurance They are doing things for altruistic reasons Want to get the cops out to their comfort zones</p> <p>Have not seen PTSD retirement at Chaska. It is situational</p> <p>Started a new officer family academy Chief Seibert, sergeant, Chaplin and they talk about the unique stressors, warning signs, and stressing the importance of support</p> <p>After action analysis/debrief on mental health related calls will be part of the pilot. Issues of significance are usually what they review.</p> <p>Rapport building between law enforcement and people in the community.</p> <p>Chaska Police Dept went online with the VITALS app</p> <p>What does the Chaska police department do with the schools? Most interaction we get is with the 2 school resource officers. Guys have done this job for a long time. Rapport building and dealing with complex mental health issues. Have recently have complex cases that involve self- harm. Chief Seibert encourages slowing things down when responding to mental health situations.</p>	<p>Discussion</p>
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<p>Agenda Item 4: (continued)</p>	<p>There is room with schools for partnerships. How can they bring awareness around issues of being extorted, shaming, etc</p> <p>Is there a way Chaska could emulate the same process around acquiring a mental health responder.</p>	<p>Information</p>
<p>Agenda Item 3: (continued)</p>	<p>Staff Reports cont. Diane Pagel-Very very busy in outpatient Seeing people in person on Tuesday and Thursday</p> <p>Dr. Blumenreich is retiring (Dec 31st will be her last day), she is a pediatric psychiatrist. We were lucky to have her as long as we did. Psychologist position open Hired Jennifer Quinn Hastings to work outpatient.</p> <p>Stephanie Combey Update on Crisis Opening for psychologist in Outpatient.</p> <p>Lack of mental health providers is starting to impact carver county This is an issue throughout the country. Carver County is later to experience that</p> <p>Crisis program-oriented Eva Fink Picking up well and bringing fresh innovation</p> <p>We will be down 6 positions, a total of 3 FTE's In a 24/7 program you need the coverage to be there The challenge is to spread people out among the shifts without burning them out.</p> <p>Question: Why is it so difficult to fill these positions? Lack of people entering and staying in the mental health fields. Jobs they can get are not paying back their student loans Layering on of expectations in this field. Reimbursement rate does not cover. Positions are difficult to fill bc of the hours required in order to have work life balance.</p>	<p>Information</p>

Agenda Item 3: (continued)	<p>We have parameters for recruitment practices Crisis team is sustained through grant funding Ridgeview credentialing requires that we hire licensed mental health professionals.</p> <p>Derek-Carver Co Fastest growing county Healthiest, Wealthiest, etc don't understand why someone wouldn't want to work here</p> <p>Ana-process of licensure for a mental health provider License is just for reimbursement purposes. As long as services are covered by medical insurances, we will encounter this Individuals have graduated from a masters program and won't have licensure.</p> <p>Using licensure as a motivation for employee/hiring.</p> <p>Seeing an extraordinary amount of calls from adolescents, hear about them often being hospitalized.</p> <p>Kids are not coming back and doing day treatment. Mental health stigma is a big thing If we are doing anything as an LAC, we should be encouraging use of mental health services.</p> <p>Crisis team does stabilization follow up calls</p> <p>Partial hospital programs are offering some via telehealth.</p> <p>Many of these challenges are about the group and community model</p> <p>Beth-what COVID did what we don't understand, is it took away from the normal adolescent trajectory Getting back into it became a big stressor.</p> <p>Social media and a virtual environment where they are trying to navigate a who am I, this is impacting their wellness</p>	Discussion
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<p>Agenda Item 3: (continued)</p>	<p>Adults are not showing good mental health and working through problems in a rational supportive way</p> <p>Opioid lawsuit will accountability, what kind of accountability does social media have? Courtney-when the social media companies are brought to the table regarding accountability, they just change their name to give themselves an excuse for their behavior.</p> <p>How does social media effect mental health?</p>	<p>Discussion</p>
<p>Agenda Item 5:</p>	<p>Mental Health Events: MARRCH-John Magnusen (executive director) Turning Point-African American mental health **we don't have representation on the LAC PRIDE institute-location in EP LGBTQ mental health **run beds, Could be something like what we have with People, Inc or Ridgeview Nystrom and Associates Hazelden and the Betty Ford Foundation **Children of" and those in recovery</p> <p>Schools have worked closely with "My Health" have done a lot of work with training and support groups. This might be a good resource to come in and talk.</p> <p>What happens in a more conservative/rural community for people in the LGBTQ community</p> <p>Adult and Teen challenge-not sure they ever came to speak to the LAC</p> <p>MN association of community mental health programs *We could ask them to come speak</p> <p>Nuway-facilities? Want to see more brick and mortar facilities.</p>	<p>Information</p>

Agenda Item 5: (continued)	<p>Center for Addiction and Faith/like Mount Olivet</p> <p>Project Turnabout-Rural mental health (they are way west of us but a good organization)</p> <p>Organization that brings in puppies (2nd hand hounds) Peer support specialists' partner with people with mental illness Peer model is very new in MN</p> <p>Steiner Kelting</p> <p>Common ground-come out to where we are</p> <p>2022 planning</p> <p>We should prepare for in person meetings then Put together a list of things that are important to us</p> <p>Succession planning</p> <p>Outreach will be critical the next few months, BIPOC, LGBTQ</p> <p>Telehealth-is a tool that should not go away</p> <p>Why is there not a national telehealth standard?</p> <p>Making sure we are keeping adolescents and youth at top of mind</p> <p>Melissa may run a survey (needs assessment) *need to figure out what are the gaps and needs *did not have children and adolescents included in survey last time - should this be added?</p> <p>Derek would like to see if we can get a 12+ participant to give their perspective on mental health. What would be a good avenue for those to hear the perspective of a child</p>	Information
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Agenda Item 5:	Parent would participate as well.		Information
Next Meeting	Ana's last meeting. Thank you so much for all your input and feedback. She will be missed		Next Meeting
Adjournment:	Tuesday, January 11, 2022		Adjourned