

CARVER COUNTY LAC Meeting

DATE: 06/08/2021

Chair: Derek Gunderson

TIME: 4:00-6:00 p.m.

Recorder: Courtney Iverson

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Derek Gunderson	X		Beth Fagin	X		
Dr. Eddie Tipton		X	Melissa Hanson	X		
Ana Macias	X		Sam Deweese	X		
Mary Myss	X		Melanie Warm			
Sue Kunitz	X		Michelle Faith, Nystrom and Associates ARMHS	X		
Courtney Iverson	X		Tim Lynch			
Sandy Menzel	X		Stephanie Combey	X		
Judy Kieffer	X		Diane Pagel	X		
Stacy Zellmann	X					
Heather Boll		X				
Cliona Archer		X				
Lindsey Konchar	X					
Sophia Wood		X				
Jenny Swan	X					

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	Call to Order: 4:05 PM	
Agenda Item 2:	Approve June Agenda: Sandi approved	Approved by consensus

<p>Agenda Item 3:</p>	<p>Approve May Minutes: No changes Mary motion to approve</p>	<p>Approved by consensus</p>
<p>Agenda Item 4:</p>	<p>Guests: N/A</p>	
<p>Agenda Item 5:</p>	<p>New Business:</p> <p>Moving back to onsite meetings – to determine if possible, by July meeting date</p> <p>Staff Reports Melissa:</p> <p>Continuing to have lots of referrals for adult mental health Planning for CSP groups to resume in person, starting with outdoor events Hiring a new nurse-splitting to 2 positions: RN and AMH/SUD case mgrs. Adult Mental Health Initiative Reform workgroup *Come up with a final funding formula *Melissa is hoping for more funding</p> <p>They are looking at at-risk populations</p> <p>Is there anything we can do to advocate for more funds?</p> <p>We are looking for 1000 new homes over the next few years. Derek thinks we are the fastest growing county in the state</p> <p>What is unique to our Carver County area?</p>	<p>Information</p>

Agenda Item 5: cont.	<p>Beth Not much new since most schools are done 40 kids enrolled in the summer program @ Minnewashta park ACES training All of Beth's staff stayed</p> <p>Stephanie Combey Steiner Kelting is getting ready to open early September</p> <p>Diane will talk about re-opening of first street center Many services are altered because of COVID Telehealth bill was to loosen up service requirements Hopeful on special session to approve</p> <p>There is a significant shortage of psychiatrists across the country They don't want on call schedules Hiring process takes a while</p> <p>Right now, we contract with psychiatrist so that needs to go through the board approval process</p> <p>Comment: Local psychiatrist has part ownership in treatment center Investment in the business instead of the practice</p> <p>Equity position/ownership Offer the chance for them to work outdoors and in natural environments I would be willing to donate some hours to RecuperAcres to see if that might help Tuition Reimbursement</p> <p>Looking at ways to better fund psychiatry. We have done no salary study. Not very competitive</p> <p>What are colleges doing to help recruit Next wave may be from the mental health pandemic</p>	Information
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<p>Agenda Item 5: cont.</p>	<p>Providers that more accurately reflect our communities</p> <p>The right facilities don't do us any good if we don't have the right doctors</p> <p>Mary feels the mental health crisis is already here Sandy feels we have a mental health pandemic</p> <p>Carver Co is ahead of the game with our crisis and co responder model How do we advocate for both? Stats around how each wing helps?</p> <p>Having the right mental health intervention after a crisis is critical. Co responder will have continuous calls if the individual does not get the help they need.</p> <p>Commissioner Udermann is re-examining the mental health program and having the liaisons present current programs Need to do an assessment plan around where we put our resources Not sure if they have completed a strategic review on mental health</p> <p>Diane: Will start seeing clients in the office, June 21st on a case by case basis in person Will see at risk clients or challenged by technology populations, children or environments where home is unstructured After July 12th therapists will be in 20 hrs. a week on T/TH Hybrid Service model-in person & telehealth Got approval to do audio only sessions for covid but would probably go away sooner than later.</p> <p>60% of clients want to continue telehealth--Many clients want both</p> <p>Psychiatry-they are probably in a better situation The Dr. was going to resign but has rescinded his resignation and dropped his hours 5 hours each week</p>	<p>Information</p> <p>Discussion</p> <p>Information</p>
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Agenda Item 5: cont.	<p>Can increase telehealth prescribers Plan on advertising-indeed & university, please send referrals Quality assurance seems to be what impacts this getting approved Client needs to be at the site where the bill was originated Client at home and staff in the office During covid staff at home and covid at home</p> <p>Stephanie-moving through the session quite well, there wasn't much opposition to it, would not think the legislators would resist Worry is they will focus the session on the budget and delay the implementation of telehealth</p> <p>Prior to the pandemic, telemedicine was one of the fastest growing method of health care, there are large scale providers that was to provide this in MN so there is an obvious demand</p> <p>Carver Co's advantage is we provide in person services</p> <p>Must see how the laws turn out</p> <p>We will have to see what our client needs are.</p> <p>Therapist perspective-feel like there is a little something that gets lost when you use telehealth but it's not that it can't be effective</p> <p>We should not base future decisions on what we did during a pandemic time</p> <p>What happens if it goes to regular session and gets knocked down from special session. Then it would have to go to the original rules, which would exclude telephone only</p> <p>There could be a patient lash back from providers due to accessibility limitations based on legislative decisions.</p> <p>Hiring another therapist next year, and got that approved in the budget</p>	Information
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<p>Agenda Item 5: cont.</p>	<p>Have to plan budgets 2 years in advance, and when there is a high need, it becomes no longer a relative budgets</p> <p>Diane is not afraid to hire fresh out of residency Stephanie feels they may want an experienced psych as a resource</p> <p>We have 2 part time psychiatrist Dr 1- 12 hours a week Dr 2- 12 hours a week We don't have a full time equivalent but that is what Carver County wants to get Recommend they get a headhunter</p> <p>Where are the psych that Carver County hired going? Could they share that with us in July? Reasons people left (only 3 people in 20 years)</p> <p>No turnover issue, it is a recruiting issue</p> <p>Melanie Warm</p>	<p>Information</p>
<p>Agenda Item 6:</p>	<p>Chairs Report:</p> <p>Did try and work with MARRCH Morels & Memories Mushroom Hunt & Alzheimer's Fundraiser raised almost \$15.8k-hooray!</p> <p>Suggestions to the commissioners</p> <p>Sheriff wants to add another co-responder Possible to have co responding teams</p>	<p>Information</p>

Agenda Item 7:	Old Business: January-ACES, Operating procedures February-Staffing, potential partnership with NAMI Do we have space for this? We need another facility to work like First Street. Should another facility be included or advocating for infrastructure to mental health space and consumers OR does staffing satisfy the need Ana feels more modern facilities would help Public and private partnerships (like what we have with Steiner Kelting) *program is being run by a 3 rd party Ana feels we need data to talk about what is the best approach Jenny Swan-what if the county could do some incentive to private business to get stuff up and moving faster Public/Private partnership is the county purchased the property and program is run by someone else It is tax prohibited Maybe there is a need to get a quality of life study/survey so we can quantify data around that. It is maybe time to start the process for another survey Sample is of people who live and work in carver county Had open ended questions and forced choice questions Melissa will forward on that survey & a Summary of the CHIP survey *she received this from Patrick Stieg in public health *has more of an adult mental health lens	Information
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Agenda Item 8:	<p>Beth is wondering if we can have more a well being focus Do you have good connections? How often do you get in nature? Do you feel you have support in this community?</p> <p>Melissa described the Community Health Improvement Plan (CHIP) and assessment that was completed, gathered some of this data already, could partner with public health on this</p> <p>What are we going to work on July-December?</p> <p>What is important to Judy in terms of mental health? Consistent help, familiarity</p> <p>What is important to Jenny? Child mental health, access for all and that people who how and where those resources are Co-responders & advocating for help</p> <p>Courtney thinks options for mental health are very important</p> <p>Sandy feels education for someone to identify someone who is in crisis Early signs in children What isolation can do to someone Mental health first aid Education around the stigma of mental health Makes Sandy sick to see police shoot people who are having a mental health crisis</p> <p>We don't teach enough on how to recognize mental health crisis like we do a physical health crisis</p> <p>How to help with emotional breaks Ana-defining the goals of this group We have a lot of ideas, a lot of things we can't do</p>	Information And Discussion
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<p>Agenda Item 8:cont.</p>	<p>We talk a lot of the things that are completely out of our hands</p> <p>Should we for the next 3 meetings use that time to make a good survey Release the survey sept 15 & leave it open for a month, to have results by Nov. Then we can give better recommendations for the Jan 2022 meeting</p> <p>Will present at the later in the month July meeting to the commissioners so we will meet again before that meeting</p> <p>Will have 3 open positions, 1 member will be recommended to be excused from the board as they have missed 4 meetings</p>	<p>Information And Discussion</p>
<p>Agenda Item 9:</p>	<p>LAC Member To Do's:</p>	
<p>Agenda Item 10:</p>	<p>Upcoming Events:</p>	
<p>Agenda Item 11:</p>	<p>Open Forum:</p> <p>Sandy-Dr. Tipton was going to try and join today and he did not come on *want to try and see his presentation regarding policing so Derek will get in touch with him by the end of the month</p> <p>Sue-are there any plans to cut funding for police and first responders-we don't know but we are as we are a growing county Chaska has their own police force More of a question for city council</p>	<p>Discussion</p>
<p>Adjournment:</p>	<p>Adjourn</p>	<p>Adjourned</p>