

CARVER COUNTY LAC Meeting

DATE: 04/13/2021

Chair: Derek Gunderson

TIME: 4:00-6:00 p.m.

RECORDER: Courtney Iverson

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Derek Gunderson	X		Beth Fagin	X		Ayson Montplaisir, Law Enforcement Crisis Therapist
Dr. Eddie Tipton		X	Melissa Hanson	X		
Ana Macias	X		Sam Deweese			
Mary Myss	X		Melanie Warm	X		
Sue Kunitz	X		Michelle Faith, Nystrom and Associates ARMHS			
Courtney Iverson	X		Tim Lynch	X		
Sandy Menzel	X		Stephanie Combey	X		
Judy Kieffer	X					
Stacy Zellmann		X				
Heather Boll		X				
Cliona Archer		X				
Lindsey Konchar	X					
Sophia Wood		X				
Jenny Swan	X					

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	Call to Order: 4:03 PM	
Agenda Item 2:	Approve April Agenda: The motion was made by Mary to approve the April agenda; Beth seconded	Approved by consensus

<p>Agenda Item 3:</p>	<p>Approve March Minutes: Approval of March Minutes change Approval of agenda-motion approved Approval of March Minutes</p>	<p>Approved by consensus</p>
<p>Agenda Item 4:</p>	<p>New Business:</p>	<p>Information</p>
<p>Agenda Item 5:</p>	<p>Staff Reports Melissa: May is Mental Health Awareness Month QPR Trainings that are free and open to anyone in the community Press release just went out, and will send flyers to the LAC to share Carver Co adult mental health initiative meeting is next Wednesday-People Inc will be presenting Statewide Adult mental health initiative meeting is changed to Wednesday April 28th from 1-2 PM via WebEx Cliona is not able to attend meeting today, but says goodbye to all</p> <p>Beth Sent out info sheets to the school districts 1 on anxiety 1 on depression Focus is on truancy issues-uptick on kids that are missing school for a variety of reasons Approach: We want you back, what can we do to get you back instead of the punitive approach COVID numbers are going up in Carver again</p> <p>Stephanie Combey When does the county re-open? Hopeful that telehealth will be available as a service option Open Notes-HIPPA policy that encourages and requires that people have access to their medical records via a client portal **there are some concerns around clients seeing their mental health notes when harm could occur</p>	<p>Information</p>

Agenda Item 5: cont.	<p>Melanie Warm Plugging along seeing kids in the schools a bit more Continuing to provide face to face sessions when needed 2022 budget process is starting</p> <p>Alyson Montplaisir Law Enforcement Crisis Co Responder Therapist Stationed out of Waconia & goes to Chaska Goes all over Have assisted in suicide calls with grief Checks in on reports</p> <p>People are happy to hear they don't have to call the police for crisis calls</p> <p>Data Collected:</p> <p>Repeat calls vs single calls Repeats on database</p> <p>Oct-Dec had 95 contacts 45 separate people (19 had previous contact with crisis, and 26 did not) 18 were billed assessments (3 hr plus) 4 Stabilization sessions</p> <p>Contact frequency M-14 T-24 W-19 T-23 F-19</p>	Information
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Agenda Item 5: cont.	<p>Time of day is sporadic- tries to contact during the day</p> <p>84 contacts with adults 11 contacts with kids (age 8-adolescent) *older kids will work directly with adolescents but gets history from family</p> <p>43 males 52 females</p> <p>Are we able to track if they are drug or alcohol related calls at the time of assessment. If they are impaired, Alyson waits to assess They are clear enough to be able to be assessed</p> <p>She has not been any positions where she feels unsafe She feels the officers have done well to ensure she goes to a safe spot Alyson gets them out quickly</p> <p>There are more of these programs coming up across counties but not continuity on how things are done</p> <p>Of the encounters, how many went to the hospital 10-20% and they have not always had to do a 72 hour hold or inpatient</p> <p>Feels the Emergency Room has been helpful</p> <p>What happens if Alyson gets another call while she is with a client **They always have the option of calling crisis and requesting a clinician meet them **might dispatch a bit slower</p> <p>Alyson is employed by the sheriff's office and is supervised under health and human services Qualifications: Positive, passion for mental health, working well with disciplines bc mental health and law enforcement are so different, brave, assertive, empathy LICSW with Master's Degree</p>	Information
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<p>Agenda Item 5: cont.</p>	<p>Minority population statistics They will look into gathering this in the future</p> <p>It is important to come up with programing for groups of individuals with those details and identify needs **help us figure out the why's</p> <p>Uptick from empty nesters-Alyson has thought of maybe starting a group</p> <p>She will get connected via 911 dispatch</p> <p>De-Escalation at Hollywood Star last year-the de-escalation person did a wonderful job</p> <p>Have not gotten any calls yet where they needed an interpreter</p> <p>Susan supports Alyson doing group work</p> <p>Alyson will sometimes get called out after a police call or she will proactively go out</p> <p>Chairs Report: N/A</p> <p>May will likely be a better month to get someone here from the schools to do a presentation Rural Mental Health Beth-could this be a joint project with public health when it comes to messaging and getting information out to people Men in sheds is a mental health program in Australia Messaging to rural families to express what they are feeling is often met with deaf ears from farming men and women</p>	<p>Information</p>
<p>Agenda Item 6:</p>	<p>Guests: Alyson Montplaisir</p>	<p>Information</p>

<p>Agenda Item 7:</p>	<p>Old Business: LAC Member To Do's: What are our top priorities? What do we want to see?</p> <p>Upcoming Events:</p> <p>May is mental health month You don't need to be in a therapy group to get therapy Mary found this when she reached out to groups to get resources about her mom's Alzheimer's Disease Strategies around getting the community to prioritize</p> <p>Matt Udermann update</p> <p>Want Steiner Kelting to open ARP dollars-what discussions about use of those dollars have gone on? Still waiting on hearing how it can be used: Support for kids who have been experiencing truancy It's being talked about How can it be used? Where are the gaps? Does the county have a wellness program for employees? **County employees to have EAP benefits **Conversations around mindfulness</p> <p>Can we advocate for facilities that could work in tandem with First Street Center?</p> <p>When they find out more what it can me spend for, we can make more decisions</p> <p>Partnership with the Arts Therapy? McPhail Center of the Arts in Chanhassen. Susan is part of The Pen Women group Science fiction writers' club Chanhassen writers' group</p>	<p>Information</p> <p>Information</p>
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<p>Agenda Item 8:</p>	<p>Writers' Consortium</p> <p>Derek could not find any county program around ART therapy in the past?</p>	<p>Information</p>
<p>Agenda Item 9:</p>	<p>Open Forum</p> <p>Recent events-how are people reacting Beth-small group of African Americans kids had a hard time processing what happened in Brooklyn Center They were removed from class and they just wanted to talk to someone and that helped them get settled and process everything.</p> <p>Current backlog at First Street You are able to get in within the next week or 2 Everything is still virtual Kids-EOM for medication management</p> <p>Alyson tries to call in as a general person They are doing phone sessions when they can't do the zoom piece 911 can get their sooner because they can use sirens and lights- use 911 for emergencies</p> <p>Reaction to COVID: People have more empathy</p> <p>Suicide Cluster-are we concerned about them in Carver Co There is a lot of press around depression and anxiety</p> <p>Sheriff Olson used to come to AMHI meeting and share mental health stats – Melissa will forward monthly statistics from the Sheriff's Dept to the LAC chair</p> <p>Verbiage changes-Committed Suicide is now referred to as completed suicide. This is to not look at it as an illegal act</p> <p>Amy Felgee is doing an article in May and Derek referred her on</p>	<p>Discussion</p>

<p>Agenda Item 9: cont.</p>	<p>Suicide Prevention hotline number is changing We should plan on a 200% increase in calls because of the switch over</p> <p>Staffing levels-Stephanie, Melissa, and Beth Are they adequate? Melissa might have a case manager provide services around substance use Mary the nurse is retiring and they will backfill her position</p> <p>Thoughts-as we get vaccinated is it possible to meet at a public socially distant space? Courtney's Farm? First Street Parking lot? We can talk more next month.</p>	<p>Information</p>
<p>Next Meeting</p>	<p>Tuesday, May 11, 2021</p>	<p>Next Meeting</p>
<p>Adjournment:</p>	<p>Adjourn</p>	<p>Adjourned</p>

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