

CARVER COUNTY LAC Meeting

DATE: 03/09/2021

Chair: Derek Gunderson

TIME: 4:00-6:00 p.m.

RECORDER: Courtney Iverson

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Derek Gunderson	X		Beth Fagin	X		Stephanie Combey
Dr. Eddie Tipton		X	Melissa Hanson	X		
Ana Macias	X		Sam Deweese			
Mary Myss	X		Melanie Warm	X		
Sue Kunitz	X		Michelle Faith, Nystrom and Associates ARMHS	X		
Courtney Iverson	X					
Sandy Menzel	X					
Judy Keiffer	X					
Stacy Zellmann	X					
Heather Boll		X				
Cliona Archer	X					
Lindsey Konchar	X					
Sophia Wood		X				
Jenny Swan	X					

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	Call to Order: 4:06 PM	
Agenda Item 2:	Approve April Agenda: The motion was made by Mary to approve the April agenda; Beth seconded	Approved by consensus

<p>Agenda Item 3:</p>	<p>Approve Feb Minutes: Motion was made to approve the minutes, and seconded.</p>	<p>Approved by consensus</p>
<p>Agenda Item 4:</p>	<p>New Business: Rural/Farming Family Mental Health, U of M Extension outreach???, Humanity Alliance; Ending Police only responses</p> <p>Endorsements</p> <ul style="list-style-type: none"> • Mary got a copy of the Police Brutality document <ul style="list-style-type: none"> ○ Derek will share with the group • We should not endorse on behalf of the group unless the group decides we are all in agreement on something 	<p>Information</p>
<p>Agenda Item 5:</p>	<p>Staff Reports Melissa: Wellness Series of Zoom Meetings in March & April March 24th is a meeting based on nutrition and mental health April 8th-Self-care and mindfulness April 22nd-Physical Activity Adult Mental Health Initiative Reform (statewide meeting will NOT be next Wednesday)</p> <ul style="list-style-type: none"> • Looking for a feedback survey • Measures, factors, and variables in adult mental health grant <ul style="list-style-type: none"> ○ (Derek) can they give a frame of reference for where funds were <ul style="list-style-type: none"> ▪ Do we take this survey together to have more impact? ▪ Melissa to identify budget shortfalls based on her experience ▪ Carver County is NOT one of the higher funded counties <ul style="list-style-type: none"> • More funding had gone to areas where state hospitals closed ▪ Will review details before taking the survey <p>Co-Responder will be able to join at the April LAC meeting (4:15)</p>	<p>Information</p>

Agenda Item 5: cont.	<p>Beth Carver County Schools have had uptick in COVID Cases-made the news Do they need to pivot to hybrid? Beth emailed about May being mental health Month and she asked Richard Scott about addressing community issues and would be willing to partner on messaging</p> <ul style="list-style-type: none">• They have a good pre-existing model to communicate information to the community• NAMI has good messaging• We should tune in as a group about this <p>Not approaching schools now because it's not a good time to talk about new initiatives Many school staff are getting vaccinated-Richard and his team have worked hard at this Parents have been passionate about this, especially around sports Beth's staff has gotten vaccinated</p> <p>Melanie Warm Crisis is doing great Thursday paper should have the implementation of the 988 and suicide prevention lines in MN Seeing a lot of kids right now Hiring a few new crisis responders as they ramp up Alison is doing great (will not be able to make the April meeting if she is on a response), but we should plan on her They are going to do a couple of different trainings for the public and mental health awareness</p> <ul style="list-style-type: none">• Send Melanie any ideas directly<ul style="list-style-type: none">○ She was going to do the key warnings of adolescent health concerns <p>ANY IDEAS FOR MENTAL HEALTH ADULT (Melissa), CHILDREN'S (Beth), CRISIS (Melanie Warm), OUTPATIENT (Diane Pagel)</p>	Information
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Agenda Item 6:	<p>Chairs Report: Community Resilience Roundtable Derek League of MN cities led this</p> <p>2 main things:</p> <ol style="list-style-type: none">1. Impact to the loss of childcare in rural communities-impact to children’s mental health<ol style="list-style-type: none">a. Independent Daycare providers in Urban Environments have been impactedb. Urban centers have grown and expanded2. Agricultural/farming family stress Colleen Carlson (U of MN Extension contact) we can use as a resource for this Farming families are proud families that don’t often speak up for their needs<ul style="list-style-type: none">○ Do we want Colleen to come present?<ul style="list-style-type: none">▪ Susan & Ana think that’s a good idea <p>2 parents to work full time (family of 4, median income \$60k), they are paying 1/3 of their salary on childcare! What are some things the county can do? (Beth) Consistent good care during early childhood pays dividends in the future This is a huge issue to families with children Can we study the different communities in the county to find out where we might be lacking or trouble areas (childcare desert?) This might make sense to partner with Public Health & bring Richard in on this</p> <ul style="list-style-type: none">• Look at what is being done legislatively• Keep this on the radar for rural family farming <p>Ridership/Rideshare is up- WeCab Rural farming impacts: Broadband (larger small towns, even like Delano), are still pretty affected by this Is targeted outreach the way to go? Like a direct mailer? Mary supports Broadband fully, feels it should be a state requirement</p> <ul style="list-style-type: none">• Feels we should suggest this to the commission	Discussion
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<p>Agenda Item 6: cont.</p>	<ul style="list-style-type: none">• There are cost benefits to implementing something like this• Need to promote it as a necessary need as it is <p>Stacy: St. Johns Church Have put together mental health resource bags and personally delivered them to the local farmers Often feel missed</p> <p>Jennifer Swan: Grew up on a farm Access is a big issue Meetings in person were the best way to reach in her experience</p> <p>Churches/city administrations</p> <p>Derek married into a farm family so he understands the pride component</p> <p>What are the best ways to get farmers to see what they want them to see? And how do we get them to act?</p> <p>Agricultural resources</p> <ul style="list-style-type: none">• Finances• Access• Weather• Crops <p>Pandemic waivers (telehealth by phone-ensure they can provide via telephone after covid is over) Telehealth is winning people over-allows for freedom Can we reach a legislator on a state level about this? Suggest things like a continued waiver for agricultural use.</p>	<p>Discussion</p>
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Agenda Item 6: cont.	<p>Greg Pavid (Humanity Lines) Delivers (reclaimed) food through volunteer drivers Derek has done this 6 or 7 times Greg purchased a property in Victoria to help people transition from difficult situations</p> <ul style="list-style-type: none">• Similar to what the Super 8 does, but kind of the next step <p>Derek is going to try and have him on the meeting in May His work directly impacts Carver County Request for needs are down a bit</p> <p>(Mary) Police Reform Communities United Against Police Brutality 612-874-7867 Received a large packet in the mail (140 pages)-the link to this document is on the front page of their website It was addressed to her and the Carver Co Adult LAC Approaching the situation with police and the lack of mental health assistance Mary feels we should respond to this bc we are a board regarding mental health Derek feels we should vote on supporting or not supporting Sandi would like to ask Sheriff Camerude where he stands on this (Melanie) NAMI is developing a lot of best practice and recommendation to the legislature</p> <ul style="list-style-type: none">• Would be interested to see what Sue Aderhold thinks• Police departments are going out and just hiring social workers and not truly integrating• Melanie's crisis team goes out without police<ul style="list-style-type: none">○ Sue and NAMI are a great resource to cross check our judgement• Denver star program (Derek) <p>Does NAMI have a best practice for community policing doc? Not yet but it's still in process Sandi-what is the relationship between the police department and the crisis team? (Melanie) Good, the issues in the past was that they could not respond fast enough</p> <ul style="list-style-type: none">• Has been viewed that it ties the police up waiting for the crisis team to get there <p>Allison has a lot of respect from the police department.</p>	Discussion
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<p>Agenda Item 7:</p>	<p>Guests: N/A</p>	<p>Information</p>
<p>Agenda Item 8:</p>	<p>Old Business: SF193/HF269 PSYPACT, County & School districts partnerships and overlap, May is mental health month brainstorming, Outreach to community</p> <p>This did not answer her question Is the self-reporting voluntary and based on complaint?</p> <p>It is worthy of being supported-easier verification of a license that has been revoked in any state (Sandy has done credentialing), do often not have access to those details Courtney to email Sandy so she can help phrase the question to redirect to Kristen Bahner</p> <p>Derek- Reached out to school districts May hear from schools for 20-30 mins during our future meetings Some things to keep in mind during the presentations</p> <ul style="list-style-type: none"> • Areas of overlap • Areas of improvement • Areas of partnership <p>How can we work in together to provide services collectively?</p>	<p>Discussion</p>
<p>Agenda Item 9:</p>	<p>May is mental health month Melissa, what should we focus on? Do you need support?</p> <ul style="list-style-type: none"> • AMHI Community Ed is organizing some QPR Trainings by Wellness in the woods <p>CNN article that addressed Megan Markle’s mental health with her experience</p> <ul style="list-style-type: none"> • Derek will send this out to the group • It shows just how mental health impacts everyone 	<p>Information & Discussion</p>

<p>Agenda Item 9: cont.</p>	<ul style="list-style-type: none"> • We could highlight famous cases <ul style="list-style-type: none"> ○ Would set up a campaign around this • Ken Barlow’s recent mental health issue <p>Outreach</p> <ul style="list-style-type: none"> • Reach out to populations that are different from us <ul style="list-style-type: none"> ○ Ana’s thoughts on how we could reach out to Spanish speaking population <ul style="list-style-type: none"> ▪ We want to make people aware that mental health services are available in their county ▪ Ana knows there is a need; she talks to people at the Mexican grocery stores and she hears about the communities’ fears <ul style="list-style-type: none"> • These populations are on social media • There needs to be more of a direct effort • Very reactive currently and should be proactive ▪ Many counties have language/literacy programs where the educator is often the liaison between the community and county (bilingual and help them with their male and stuff) <ul style="list-style-type: none"> • This is the path to mental health services ▪ Could any of this be put more on the schools? (Mary?) <ul style="list-style-type: none"> • Ana feels this could work but like any other culture, loyalty would keep people from reporting <ul style="list-style-type: none"> ○ Beth feels we need to be a little careful with children interpreting for adults • Ana thinks it’s NEVER a bad idea to educate the kids on this • How do we build this trust (Religious Organizations?) • We have to make more intentional direct contact <ul style="list-style-type: none"> ○ Strategic flyer placement (MX grocery store, etc) • What resources already exist Melissa? <ul style="list-style-type: none"> ○ There are gaps in translated content in multiple languages ○ We do have a community outreach worker in Public Health that Melissa can reach out to (Erika) <ul style="list-style-type: none"> ▪ Ana feels she will be a great resource 	<p>Information & Discussion</p>
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<p>Agenda Item 9: cont.</p>	<p>LAC Member To Do's: What are our top priorities? What do we want to see?</p>	<p>Information & Discussion</p>
<p>Agenda Item 10:</p>	<p>Upcoming Events: NAMI Wellness series (See Flyer)</p>	<p>Information</p>
<p>Agenda Item 11:</p>	<p>Open Forum N/A</p>	<p>Discussion</p>
<p>Next Meeting</p>	<p>Our next meeting will be held Tuesday, April 13th</p>	<p>Next Meeting</p>
<p>Adjournment:</p>	<p>Adjourn Sandy</p>	<p>Adjourned</p>