

Carver County Mental Health Local Advisory Council (LAC) Meeting Minutes

February 9, 2021 at 4 p.m.

Attendees:

Derek Gunderson, LAC chair

Courtney Iverson, recorder for this meeting

Sue Kunitz

Sandy Menzel

Cliona Archer

Ana Macia-Sinnen

Stacy Zellmann

Commissioner Tim Lynch

Judy Keyfer

Mary Myss

Jenny Swan

Stephanie Combey (Guest)-new behavioral health manager

Michelle Faith, liaison Nystrom and Associates ARMHS

Beth Fagin, staff liaison

Guest Nicole-practicing in Chanhassen (resident)

Melissa Hanson, staff liaison

Commissioner Matt Udermann

Sam Deweese, NAMI liaison

Melanie Warm, Mental Health Crisis Program liaison

Absent:

Lindsey Konchar, LAC member

Sophia Wood, LAC member

Dr. Edward Tipton, LAC member

Nominations and voting for LAC Chair, Co-Chair, and Secretary roles for 2021:

Derek Gunderson - Chair

Dr. Tipton-Vice Chair

Courtney-Secretary

Leadership team for 2021

Staff Reports

Melissa's Report

Email from Adult Mental Health Initiatives: LAC members will be invited to the quarterly AMHI Statewide meetings by the DHS consultant

We receive the AMHI and CSP grants, topic related to AMHI reform in the state

Is open for anyone to attend

Invitation will be sent to Derek and Dr. Tipton

Wellness Series NAMI, March and April dates:

1. Nutrition
2. Physical Activity
3. Self-Care & Mindfulness

Will be open to the general public-Melissa will forward the flyer

Beth's Report

Schools are marching down the path to get more kids in the buildings

Staff are glad to see kids in person whenever possible

Makes kids happier too

ACES presentation-February 16th - sent out information on this (Neurobiology, Epigenetics, and resiliency)

Derek's Report

Presented in front of the commissioners on 2020 wrap up

Feels we are making good progress to help them make decisions around the servicing of individuals in Carver County

Presentation made it in the paper

Carver County Website Commissioners Page has the links to the video

Melanie's Report

Crisis Team is doing great

Law enforcement referrals are increasing with Alyson and the general crisis team

Hiring 2 part time Social Worker positions to answer phones

Has full range of crisis services in Carver County with the model that they are using

Hamline University Leo lecture-Persisting through a COVID winter

- Derek is trying to get the deck & recording
- Found adaptability in telehealth (question Derek asked)

Stephanie Combey

Behavioral Health Clinical Services Manager, started last Monday

Will work with Beth and Melanie Warm and Deb and Diane, supervising their programs & support the work they are doing

Can relieve some work for Dr. Richard Scott

Comes from a Non-Profit background, but started as a county social worker

New Business:

May is mental health month:

Centered around COVID

COVID Strong

Carver Strong

Stickers to schools

Adult Mental health side- Question Persuade Refer (QPR) classes could be sponsored/ offered in May

Child mental health side-want to make sure we address this

Beth might do a communication to parent

SEL coordinator might have some good feedback on this-Beth will check in on this.

Derek will talk to Lisa? Regarding county and school partnerships

Derek needs contacts at Waconia, NYA, Watertown-Mayer, District 112

Beth will provide this info to Derek

Line of communication has not been open between LAC and the schools

If this works, maybe we can partner with one of the schools or create a theme.

Community Education workgroup was working on a series of QPR questions-we could plan this for May
SF193/HF269 PSYPACT

*likely protects the provider more than anything

*gives access

Sandi looks up providers

Criminal records

Need to give the consumer the ability to check out the providers credentials and criminal activity

Poor background checks currently-could this state integrate records transfer?

How can we ensure the safety of consumers that they are getting what they believe they are getting.

Let's keep a tab on how this moves through the session-Courtney to track this.

Looking for consumer protections

Once we get answers to the protections would consider writing something in support from the LAC.

How are out of state people providing their services

Insurance related restrictions possibly? Ana feels this is a real possibility.

Courtney to follow up with MN DHS/Trish from MN Psych Association or Shannah Mulvihill, MA,
CFRE, Executive Director, Mental Health Minnesota

Old Business: N/A

Events:

ACES on the 16th

Open Forum:

Derek emailed Melanie and Melissa

Denver Star Program-Carver Co has taken a good step in this direction by adding the Co-Responders

OMI-02/17

AMHI Meeting February 17th at 2 p.m.: Jen Romero & Pat from Public Health will be joining us that day

Question posed by Derek: Does anyone feel overloaded with the amount of content we are addressing:

Sue feels it's just right; she feels it's supportive of mental health and doesn't feel it is dangerous

Sandy feels the world is a bit calmer

Feels we are in a better place this month than last month-Derek feels there is something to that, especially as people get vaccinated. Feels it's a light at the end of the tunnel and people will settle down

Melanie-could ask Darryl Radde to talk about specific training for paramedics

Putting together more crisis intervention training when social workers were in the dispatch center.

Tomorrow the Gov's office will be doing a press release around the 4 MN national suicide prevention center-this is a big movement for the state with having local call centers, Carver County Crisis Program is one of the 4 across the state

Courtney to send dispatch letter if approval from sister in law regarding experience as a 911 dispatcher that references gaps and issues