

01/12/20 from 4 p.m. to 6 p.m.

Carver County Mental Health Local Advisory Council (LAC) Meeting Minutes

**Attendees:**

Derek Gunderson, Chair

Melissa Hanson, Community Support Liaison

Jennifer Swan, member

Mary Myss, member

Melanie Warm, Crisis Program Supervisor

Stacy Zellmann, member

Matt Udermann, Carver County Commissioner

Beth Fagin, Family Community Support Liaison

Judy Keyfer, member

Sue Kunitz, member

Cliona Archer, member

Lindsey Konchar, member

Heather Boll, member

Tim Lynch, Carver County Commissioner

Diane Pagel, 1<sup>st</sup> Street Center Clinical Director

Ana Macias, member

Michelle Faith, Nystrom and Associates ARMHS program

Sandy Menzel, member

Dr. Edward Tipton, Co-Chair

Courtney Iverson, member

November Meeting Minutes approved, with correction of spelling error

**Staff Reports: Melissa Hanson, Beth Fagin, Melanie Warm**

**Melissa's Report:**

Referrals have been increasing

More pre-petition screening requests for civil commitments, both related to mental illness and substance use

\*Newer people coming in for mental health and substance abuse needs

Invites us all to the Adult Mental Health Initiative meeting

2 PM Wednesday the 20<sup>th</sup> of January

Will have a speaker from Southern Valley Alliance

Changes in Adult Mental Health Initiative Reform

Grant contract was finalized for next 2 years

- CSP Grant
- Adult Mental Health Initiative Grant

Report on how grants money is being used

### **Beth's Report:**

Children's Mental Health

Staff are continually busy, shifting and pivoting and coordinating in person or virtual teaching

Trying to determine who benefits from in- person vs distance

Elementary staff are very happy they are coming back to in person learning

ACES Presentation for next meeting

- 9 ACES trainers in Carver County
- Operated by FamilyWise
- ACES (Adverse Childhood Experiences)
  - Study discovered they have an impact later in life
  - Analysis on what makes a community able to respond to these experiences
  - Training is Feb 16<sup>th</sup> (2.5 hr presentation)
  - Will be heavily advertised with the schools & community
  - Would like assistance with sending this out
    - Feel free to send this out-our end goal is to end the stigma with mental health

### **Melanie Warm**

Supervises the mental health crisis program for Carver County

- Telephone crisis response
- Mobile crisis response
- Emergency Room Assessment

- National Suicide Prevention Lifeline (19 Counties)
- Supervises Mental Health Co-Responder

Wants to decrease the amount of law enforcement involved in mental health calls

Telephone crisis response workers

Social workers are located in the 911 center

### **Diane Pagel Report:**

Outpatient Mental Health

Comprised of psychiatry

2 in house doctors

2 telehealth providers

All is being done by telehealth or phone now

Have therapists and psych assessment/testing.

### **LAC Overview & Operating procedures**

- Purpose is to advise the Commissioners on gaps of services within the county
- The LAC advocated for the Steiner- Kelting stabilization center
- We also do public education
- We are a state mandated organization (1 of 87 in the state)
- We are fully appointed out
- We would like to add more minority outreach
- Law enforcement dedicated role
- Did not get that goal last year but will get to it this year
- Can reference the LAC Guide Book Melissa provided

Email Derek if there is anything that needs to be added on the February agenda

Invites for the online meeting will now be sent in a separate email to make it easier to find

### **February Officer Election discussion**

Derek-Chair

Eddie-Vice Chair

Sophia Wood-Secretary

Chair-puts together the agenda & sets the tone for a meeting

Secretary-Runs the meeting and takes minutes (possible option for dual role)

Hoping Sophia comes back in February or March

## **2020 Commissioner Recap presentation prep for January 19th**

2x a year we report to the commissioners our county activities

Would like to put together some high points or things we talked about for 2020

### **2020 Highlights**

- Derek will put together the highlights for presentation
- Other members of the LAC could join this Board Meeting on January 19<sup>th</sup> at 9 a.m.
- One goal that was accomplished was the Website got finished

### **2021 Focus/Plan**

1. Proactive recruiting for Providers for outpatient
  - a. Pay structure evaluation
    - i. Short staffing
      1. Hiring another therapist
      2. Getting more patients
      3. Challenge is Psychiatry
        - a. Contracts with Innovatel
          - i. Have an ad on Indeed
          - ii. Carver Co does not want to backfill
          - iii. Telehealth providers are easier to obtain
      4. Both in house psychiatrists are past retirement age
        - a. Need to be secure in that area as time moves forward
      5. Is it a facility issue?
        - a. Low graduation #'s
        - b. Salary (compared well with other psychiatrists, but now not sure)
        - c. Backup/multiple psychiatrists on duty
        - d. It might be a good idea to partner with other providers
          - i. Partnering with church or Ridgeview psychiatry
    - b. An advance practice or prescribing nurse would have similar duties but Carver Co see our most mentally ill individuals, where most clients need a medical doctor

- c. Required to have a medical doctor on staff
  - d. May have hospital admitting purposes
  - e. Have more access to advanced practice nurses-through the telehealth company we have two
    - i. Could fall to this if needed but more medical training is needed
    - ii. Our 2 LPN's do not prescribe
2. Mary-would love to hear more about how the mental health Sheriff liaison/co responder is working out
    - a. Feels we will be seeing more and more of this
    - b. What's working and what is not
    - c. Melanie-the co responder is currently doing a big database integration/update; statewide they are working on a program structure & Melanie is participating in these workgroups
      - i. Derek wants context around numbers
      - ii. Mary feels this is a growing area
  3. Stigma 180 (Madeline)
    - a. Talks about mental health and school aged children
    - b. Lindsey would be happy to be a point person to talk to her about how we can be more integrated with the schools
    - c. 2020 put a pause on our relationship with the school districts
  4. Law Enforcement Presence on council
  5. Increased Minority Presence on council
  6. Chat bot on website/technology evaluation
  7. Outreach to the community-encourage individuals who provide mental health services to come to meetings
  8. Intensive Mental Health Treatment
    - a. Steiner-Kelting Residential crisis stabilization facility
    - b. It was supposed to go live last year
    - c. People Incorporated is the contractor
    - d. Should be open in 2021
      - i. Not for violent criminals
      - ii. Nothing that poses a threat to the school
  9. As the county grows we have to start talking about a new brick and mortar facility instead of Waconia
  10. Pick up on children's side of things
    - a. There is a great need
    - b. Lindsey-Prairie care was backed up, not enough beds available
    - c. We need to find ways to increase access to beds, it is our role to be involved in that
  11. Continuum of services
    - a. Have it mapped out what is available

**OLD BUSINESS:**

Nothing today

**Upcoming Events:**

Hamline University Leo Lecture on Persevering [Through a COVID Winter](#) Jan 15<sup>th</sup> 11:30am (Free event)

ACES Feb. 16th

**Open Forum:**

Eddie-Mental Health Services for the Western half of the county

- Derek and Eddie to have a side chat on this to get a presentation on this
  - Rural populations often do not utilize mental health services
  - Stubborn, deal with it type of personality
  - Stigma
  
- First Street is getting the COVID vaccine
  - Behavioral Health Staff are classified as 1C
  - Not sure when they will start with their vaccines
  - May be a month out?
  
- Melissa to put together an internal roster
  - Active members
  - Staff liaisons
  - Commissioner liaisons
  - Regular attending liaisons