

CARVER COUNTY ADULT MENTAL HEALTH INITIATIVE MEETING

DATE: January 15th, 2020

TIME: 2:00-3:30 p.m.

Facilitator: Melissa Hanson

Recorder: LeAnne Horve

In Attendance:					
Name			Name		Name
Melissa Hanson, CSP Supervisor			Stephanie Mastel, Citizen		
Melanie Warm, Crisis Program Sup			Jennifer Jiang, BCBS		
Angie Owens, CSP			Helen Ghebre, DHS		
James Mitchell, Citizen			Jennifer Jiang, BCBS		
Michelle Faith, FSSI			Ana Macias, Metro Psychology Support Services		
David Style, MRCI			Derek Gunderson, Chair LAC		
Chezni Rang, CSP					
Heather Boll, Heal Her Peer Support					
Samantha Downs, Public Health					
LeAnne Horve, First St Ctr Administrative Assistant					
Stacy Zellmann, Citizen					
Melinda Shamp, Wellness in The Woods					
Emilie Robinson, CCCDA					

Activity/Discussion	Decision/Action
<p>Call to Order: Welcome and Introductions</p>	
<p>I. January agenda approved.</p>	<p>Agenda Approved</p>
<p>II. December meeting minutes reviewed and approved.</p>	<p>Minutes Approved</p>
<p>III. Melinda Shamp from Wellness in the Woods spoke about what the organization offers:</p> <p>Advocate on behalf of individuals experiencing mental health challenges in rural Minnesota by offering training and education opportunities such as:</p> <ul style="list-style-type: none"> * Wellness Recovery Action Plan (WRAP) * Mental Health First Aid * Question, Persuade, and Refer Suicide Prevention Training * Certified Peer Specialist Training 	<p>Presentation</p>
<p>IV. Melinda Shamp gave an update on the Warmline.</p> <p>Peer to Peer Telephone Support is offered from 5:00pm to 9:00am. All of the people offering peer support are professionally trained Certified Peer Specialists /recovery specialists, who have first hand experience living with a mental health condition. Seven of their members are from different cultural groups. People from 29 different counties call in and they have now added texting capability. They provide referrals as needed. They are receiving up to 1,000 calls per month currently. The main function is to listen, and can share referral information; it is not intended to be a crisis line. They have translator technology and can assist people in up to 70 languages. Zoom Video Conferencing technology was discussed as an option to be used in winter months.</p>	<p>Presentation</p>
<p>V. We discussed that Angie Owens was trained to be a WRAP facilitator through Wellness in the Woods, and will be offering WRAP groups starting next month. In the upcoming legislative session, authors have been identified to propose a bill for Peer Respite Services (for those who do not need a critical intervention).</p>	<p>Information/Discussion</p>

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<p>VI. Helen Ghebre from DHS discussed finding important issues brought by LAC's in all counties, and understanding where the gaps are across the state.</p>	<p>Information</p>
<p>VII. Derek Gunderson discussed the current vacant roles on the Carver County Mental Health Local Advisory Council (LAC); written information about LAC's was provided to meeting attendees.</p>	<p>Information</p>
<p>VIII. The discussion / review of Carver County AMHI Bylaw revisions will occur at the February meeting, due to time constraints. Melissa shared a copy of the Bylaws draft, and asked members to review before the next meeting.</p>	<p>Information</p>
<p>IX. Heather Boll shared information about a Peer Support Group at Fourfold in Carver the 3rd Thursday of every month from 6-7pm. People get together to have discussions.</p>	<p>Information</p>
<p>Meeting Adjourned.</p>	
<p>Next Meeting Date: Wednesday, February 19, 2020 at 2pm</p>	
<p>*Subgroup meetings following the AMHI meeting:</p>	
<p>Anti-Stigma and Community Education (3:30 to 4 p.m.) in Township Hall Conference Room Crisis Program Advisory Council (3:30 to 4 p.m.) in Eagle Lake Conference Room</p>	

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