

The following directory is being provided by a group comprised of county staff and Support Planners for the convenience of clients in need of a Support Planner to assist in CDCS planning. By supplying the contact information below, this group is not responsible for its accuracy and cannot provide information as to the quality of service of any of the listed providers.

| Company/Service Provider | Individual Planners | Rate per Hour | Counties Served | Additional Details |
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| AB&B Services 509 Severn Way Eagan, MN 55123 Tel: (612) 955-7748 Fax: (651) 452-5713 www.abbservices.net | | \$55.00 | All Counties | Over 20 years of experience working with families and individuals with disabilities. Personal parent of an individual with special needs. Experience in person-centered planning and FSE program models. |
| ABCA SP Services, LLC 4618 Drew Ave. North Robbinsdale, MN 55422 Tel: (612) 644-4234 Fax: (763) 205-6720 Web: www.ABCASPSERVICES.com | | \$60.00 | All Counties except new clients in Henn. Co. | Over 25+ years experience in human services, over 13+ years as a Support Planning company. Knowledgeable trainers in person-centered planning, communication/assistive technology, medical, home modifications and behavioral areas. Familiar with CDCS throughout the state. |
| Ability and Beyond 6355 Lake Sarah Heights Drive Greenfield, MN 55373 Tel: (763) 242-1216 Fax: (763) 477-6596 | | \$44.00 | All Counties | Independent Support Planner who has worked in social services for over 25 years and been a Support Planner for the last 10+ years. I enjoy partnering with individuals and their teams to develop a creative plan that supports their unique needs. |

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| <p>Above & Beyond Abilities 4050 Wells Lake Way, Faribault, MN 55021 Tel: 507-384-1969 Email: sheana@ababilities.com Web: www.ababilities.com</p> | | \$55.00 | Hennepin, Carver, Ramsey, Scott, Dakota, Rice, Goodhue, Dodge, Olmsted, Mower, Steele , Freebourne, Waseca, Blue Earth, Le Sueur, Wabasha | Experience in county waiver case management as well as financial worker experience. Highly knowledgeable in county requirements for the CDCS programs, person-centered approaches, and providers. My background makes me a well-rounded choice for your support planning needs. |
| <p>Bayle Support Planning 4230 Upton Ave S #6 Minneapolis, MN 55410 Tel: (612) 986-4144 (Liben)</p> | | \$45.00 - \$50.00 | All Counties | Bayle Support Planning has over five years of experience working with individuals eligible for CDCS services. We are native speaking Somali and Oromo staff. We specialize in writing person centered plans. We have helped families understand the program and identify their goals and resources available. We have a strong background in banking, economics, business management, taxes, interpretation and translation. We speak Somali and Oromo languages and help communities from East Africa and greater Minnesota to more clearly understand the CDCS program. We help families overcome language barriers. We have over 20 years' experience interpreting and translating English to Somali and Oromo languages. |
| <p>Certified CDCS Support Planner Services 7251 Hidden Valley Pond S. Cottage Grove MN 55016 Fax: 651-702-6814 mobile: 651-247-6225</p> | | \$50.00 | Metro Counties and others by special arrangement up to 100 mile radius from St. Paul | Stacey is the parent of three daughters; her youngest is medically fragile with severe physical and cognitive delays and requires nursing level of care. Stacey has been using CDCS services personally for over 8 years, and specializes in writing nursing-level of care children Support Plans, and finding services unique to each child such as: music therapy, art therapy, hippo therapy, etc. |

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| <p>Choosing Home Support Planning 233 Birch Street East Motley, MN 56466 Tel: (320) 360-7737 Web: www.choosinghome.net</p> | | <p>\$50.00</p> | <p>Able to serve all areas of MN with emphasis on Central and Northern areas, my office is in Central MN. Able to meet in person, videoconferencing or by phone.</p> | <p>I am an independent Support Planner who is committed to providing the most creative and positive future planning ideas. My years of experience encompass Support Planning, work as a Trainer with U of M /DHS for Person-Centered Thinking, and the ability and training to develop complete individual Person-Centered Plans. My focus began as a parent, work with educational teams, Support Planning and 10 yrs. experience in county based systems. I 'meet' people and individuals where they are in their planning, life and vision. Experienced in finding resources, accessibility items, employment skill development / education ideas and items, training and education for individuals, families and support staff.</p> |
| <p>CMG Solutions 4375 Kady Avenue NE St. Michael, MN 55376 Tel: (612) 704-8623 Fax:</p> | | <p>\$50.00</p> | <p>Wright Sherburne Ramsey Hennepin Others by special arrangements</p> | <p>I am an independent Support Planner. I am the mother to 3 children, one with severe autism who has been on a waiver utilizing CDCS for 6 years. I specialize in families with special needs children and finding services that best meet their needs.</p> |
| <p>Community Involvement Programs 1600 Broadway St. NE Minneapolis, MN 55413 Tel: (612) 362-4447 Fax: (612) 524-5483 Web: www.CIPMN.org Email: hthao@cipmn.org</p> | | <p>\$50.00</p> | <p>All Counties</p> | <p>For over 45 years CIP has been standing with and supporting people who have disabilities in their communities as they pursue their personal dreams and goals. Through Support Planning services we can assist in developing a wide range of supports to provide continuity of care, advocacy, access to resources, staff coordination and hiring, and monitoring the provision of services. Our staff would be happy to meet with you to see if we could be a good fit for yourself or those you care for.</p> |

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| <p>Excellence In Action Certified CDCS Support Planner and Person Centered Planner Facilitator 1334 Washburn Ave N Minneapolis, MN 55411-2841 Tel: (612) 558-5956 Email: eia.cdcs@gmail.com</p> | | <p>\$50.00</p> | <p>All Counties: [Metro Counties and all others by special arrangement] - in person, through video chat or conference call.</p> | <p>Experience : * 20 + years : * writing Support Plans and IEP Plan's that are driven by each individual's personalized choice and control over their Independence, Productivity, Self - Determination, Integration, and Inclusion. Parent of two young adults with developmental disabilities.</p> |
| <p>Flex-Pac, Inc.</p> | | <p>\$60.00</p> | <p>Will serve most counties. Kerry Volkers will serve several northern metro counties with the exception of Anoka County. Elisabeth Adams specializes in Anoka County and also works in other northern metro counties. Sarala Helmer works in SE MN. Amanda Vortherms works in So. MN. Serene Bachman works in Scott & Carver Co.</p> | <p>Flex-Pac, Inc. was founded by Christine Loose, mother of a son with autism who has been working in the field for over 14 years. Flex-Pac has support planners with specialties in the areas of: home modifications, cognitive/physical impairments, Autism, adult mental health, transition-age supports. We work with and have experience with all waiver types. Several support planners also have experience as lead agency employees and have an excellent understanding of how to write a person-centered CDCS plan with the individuals they serve.</p> |
| <p>Just 4 U Support Services, LLC 5436 Irving Avenue North Brooklyn Center, MN 55430 Tel: (612) 408-6837 Fax: (763) 566-1300</p> | | <p>\$40.00</p> | <p>Anoka, Hennepin, Ramsey</p> | |

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| <p>Linda Smith, LSW Support Planning 1537 Skyline Court Eagan, MN 55121 Tel: (651) 485-1846 Fax: (651) 686-2965 lsmith@lcs.services</p> | | \$50.00 | Dakota County | <p>Licensed Social Worker, Certified Support Planner, 27+ years as social worker for Dakota County in DD services, 12+ years Support Planning with children and adults advocating for Client Choice. Extensive knowledge of CDCS, CADI, CSG, CAC, EW, PCA and MA.</p> |
| <p>Life of My Own, LLC 2205 Shenandoah Ln N #114 Plymouth, MN 55447 Tel: (612) 267-1519 Fax: (763) 444-1837 Email: lifeofmyown@comcast.net</p> | | \$40.00 | All Counties | <p>Over 20 years experience in disability field, autism certification, and special ed background. Flexible scheduling. 9 years exp. with plan development. Willing to work statewide. Video conferencing (need only webcam and med. quality internet).</p> |
| <p>Life Planning 18125 Tulane St NE Columbus MN 55025 Phone: 651-464-1621 Fax: 651-982-1522</p> | | \$55.00 | <p>Hennepin Ramsey Anoka Washington Isanti Chisago Sherburne</p> | <p>I am an independent Support Planner. I have had 17 years of Healthcare experience with special needs population of all age levels. Personally I have 2 disabled children, 1 with autism and one with multiple disabilities. Both receive waived services for a combined 10 years. I write an individualized person-centered plan as well as assist clients and their caregivers in accessing resources, providing advocacy, and monitoring implementation of the waiver. I work closely with Social Workers and Fiscal Entities to make sure Clients expectations and needs are met.</p> |
| <p>MFT Services, LLC 355 Transit Avenue Roseville, MN 55113 Tel: (651) 484-2654 or (651) 728-1448 Fax: 651-484-2654 Email: mfthaoservices@gmail.com</p> | | \$50.00 | All Counties | <p>Over 15 years of experience with Home and Community-Based Waiver services and CDCS services. Extensive knowledge of school and social service delivery systems, and community resources and services. Bilingual: Hmong/English.</p> |

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| <p>Minding Emergence, LLC 4412 W Lake Harriet Pkwy, Ste A Minneapolis, MN 55410 Tel: 218.522.0167 Email: jodib@mindingemergence.com</p> | | \$50 | <p>Eleven Metro Counties (Anoka, Carver, Chisago, Dakota, Hennepin, Isanti, Ramsey, Scott, Sherburne, Washington, and Wright); Any Greater Minnesota County by special arrangement</p> | <p>I am a family member of two people who live/have lived with disabilities; one person with downs syndrome, the other with a quadriplegic disability – both fabulous human beings. Professionally, I have worked in community multi-sector collaboration for children and family services for over 20 years. Most recently, I worked in disability services with Hennepin, Anoka, Dakota & Ramsey counties. I am trained in Person-Centered Thinking & Planning, concentrating on a person’s strengths. I am also a trained facilitator and certified in individual change management.</p> |
| <p>Opportunity Partners 8 West 65th Street Richfield, MN 55423 Tel: (612) 978-9144 Fax: (612) 869-3980 Web: www.OPPORTUNITIES.org/INDIVIDUALS-FAMILIES/</p> | | \$41.60 | <p>Hennepin</p> | <p>Support Planners combined have over 30 years experience working with individuals with Special needs and over 10 years experience as Flexible Case Management/Support Planner Services. Nurse consultant on team to consult with medical care needs.</p> |
| <p>Kassim Osman 919 12th Ave SE unit 214 Minneapolis, MN 55414 612-272-8031 Kamundu96@gmail.com</p> | | \$55.00 | <p>All metro counties</p> | <p>Disability advocate for over 10 years and experience in the provision and management of county service such as CDCS and other support services. Possesses strong work ethics and recognized for the ability to deliver results.</p> |
| <p>Polly Owens 3315 42nd Avenue SE Rochester, MN 55904 Tel: (507) 259-0824 Fax: (507) 289-0090</p> | | \$50.00 | <p>Olmsted, Dodge, Winona, Wabasha, Mower, Houston, Fillmore, Rice, Goodhue, Freeborn, Steele, Dakota, Hennepin, Ramsey</p> | <p>I have been a support planner for 10 years and have over 30 years experience assisting individuals in directing their supports. I am an experienced person centered planning facilitator, trainer and advocate with a passion for helping individuals live their best life.</p> |

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| <p>Pierce Planning 8134 173rd Street West Lakeville, MN 55044 Tel: (763) 412-7472 Web: pierceplanning.wordpress.com</p> | | <p>\$50.00</p> | <p>Metro counties & others by special arrangement</p> | <p>Over 12 years experience in the Disability Community and Client Driven Supports. I enjoy collaborating with individuals to create a plan that is person-centered and focuses on their particular needs. I look forward to serving you.</p> |
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| <p>PLAID Professional Services PO Box 201, Pennock, MN 56279 320-212-2222 PLAID proservices@gmail.com tammib@PLAIDProServices.net</p> | | <p>\$50.00</p> | <p>All Counties</p> | <p>I am an Independent Support Planner committed to providing quality services in assisting individuals in developing a Person-Centered plan that supports positive living, independence, and quality of life. Personally, I am a parent of three disabled young adults, two with severe autism who use CDCS and one with a traumatic brain injury. I am a nationally certified guardian, person-centered trained, PCA certified, have a master's degree in psychology and behavior analysis, and over 20 years' experience working with systems that support people with disabilities (e.g. educational teams, county services, etc.). My combined knowledge as an involved parent of kids with severe disabilities, supporting other families in various ways, advocating for excellence and higher expectations, and all of my education can give individuals confidence in my abilities to serve them well as a support planner. My goal will be to learn what individual want in life and do my best to help them develop a plan that supports their goals, dreams, and expectations so they thrive and achieve living a life they desire. I can meet with you in-person, through video chat, or by phone; whichever is most convenient for you.</p> |
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| <p>Prouty Support Planning and Consultation 14017 White Rock Road Burnsville, MN 55337 Tel: (952) 240-6121 deann@proutysupportplanning.com</p> | | \$50.00 | All Counties | <p>I am an Independent Support Planner who has worked in social services for over 20 years and been a Support Planner for the last 10 years. I have experience in CDCS and all waiver types. I am passionate about providing services that are person centered, responsive and focused on achieving your goals. I am able to arrange meetings in that manner that best meets your needs-- in person, through video chat or conference call.</p> |
| <p>Remarkable Care Planning LLC 2500 Nathan Ln N. #131 Plymouth, MN 55441 Tel: (612) 366-5336 remarkablecareplanning@yahoo.com</p> | | \$50.00 | Metro Area | |
| <p>Southeastern Minnesota Center for Independent Living (SEMCIL) 2720 N. Broadway Rochester, MN 55906 Tel: (612) 703-2647 Fax: (651) 454-2773</p> | | \$45.00 | Serving Rochester and southeast Minnesota | |
| <p>Southern Minnesota Independent Living Enterprises and Services (SMILES) 709 So. Front St., Suite 7 Mankato, MN 56001 Tel: (507) 345-7139 Fax: (507) 345-8429 Web: www.SMILESCIL.org</p> | | \$60.00 | Blue Earth, Nicollet, LeSueur, Sibley, Brown, Waseca, Faribault, Martin, and Watonwan Counties | <p>SMILES has been providing independent living services to people with disabilities for more than 20 years.</p> |

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| <p>Southwestern Center for Independent Living (SWCIL) 109 S. Fifth Street, Suite 700 Marshall, MN 56258 Tel: (507) 532-2221 TTY: (507) 532-2221 Fax: (507) 532-2222 Web: www.SWCIL.com</p> | | | <p>Cottonwood, Jackson, Lincoln, Lyon, Murray, Nobles, Pipestone, Redwood, Rock, and Yellow Medicine Counties</p> | <p>SWCIL has been providing independent living services to people with disabilities based on consumer choice for more than 25 years.</p> |
| <p>Support Broker Services, LLC 6536 Kenwood Rd. St. Cloud, MN 56303 Tel: (320) 282-9331 Fax: (320) 251-5396</p> | | <p>\$55.00</p> | <p>Stearns, Benton, Sherburne, Wright, Mille Lacs, Isanti, Crow Wing, others case by case consideration</p> | <p>Former English Teacher and Parent of Child on CAC Waiver. Experienced in Person-Centered Planning and advocacy for individuals with disabilities. Experienced in home/vehicle modifications, nursing level of cares, communication and behavioral resources.</p> |
| <p>Support Planner Solutions, LLC 8088 112th St NW Annandale, MN 55302 Tel: (507) 317-3771 Fax: (320) 323-4450 mhadfield.spsolutions@outlook.com</p> | | <p>\$50.00</p> | <p>Wright, Sherburne, Stearns, Benton, Todd and Meeker counties and other counties by special arrangement</p> | <p>I am an independent Support Planner and parent of 2 children who have been using CDCS waived services since 2012. I strive to help my families find the resources they need to live better lives and thrive at home by establishing personal goals and creating a person centered CDCS plan. I am experienced with nursing level of care, behavioral resources and planning for home modifications.</p> |

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| <p>Winding River Services, LLC 1454 97th Ave NW Coon Rapids, MN 55433 (763) 486-9916 elisabeth@windingriverservices.com www.windingriverservices.com</p> | | <p>\$60.00</p> | <p>Anoka Hennepin Ramsey Washington (All other counties by special arrangement)</p> | <p>With over 10 years of experience in waiver programs and support planning, Elisabeth specializes in working with individuals with autism and their teams as well as consumers with physical disabilities. She has considerable experience with home and vehicle modifications and behavioral resources. Elisabeth initially came to CDCS as the parent of a child with multiple physical and cognitive disabilities, and she understands the process from both a professional and personal perspective. She brings 20 years of professional writing and education administration experience to her support planning business and is committed to achieving creative and positive person-centered results and plans for her clients.</p> |
| <p>XK Equitable Care Services 3610 North 6th Street Minneapolis, MN 55412 Tel: (612) 802-6299 Fax: (612) 802-6299 (please call 1st to connect to fax) Yenvisetx@gmail.com</p> | | <p>\$50.00</p> | <p>Counties within 2.5-hour drive of Twin Cities</p> | <p>Over 12 years of support planning experience in providing personalized services to individual person or family in need of independent living services and support by using the person-centered approach or principles to writing the individualized support plan and budgeting. Knowledge and skills in facilitating, coordinating, recruiting workers, referral to community resources, inclusion, obtaining employment, and many other social service spectrum. Certified Global Career Development Facilitator, HIPPA certification, Financial Counselor and Career Counselor Certification, BSW with more than 16 years of work experience in social work practice.</p> |

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| <p>Yusra Services, Inc Ph: 952-297-7468 Fx: 952-513-4615 email: hmohamed@yusraservices.com</p> | | <p>\$45-\$50 per hour</p> | <p>Seven counties metro area Stern County St. Louis County Blue Earth County Olmstead County and Kandiyohi County</p> | <p>Yusra Services Inc has years of experience working with individuals eligible for CDCS services. We have helped families understand the program and identify their goals and resources available. We have a strong background in economics, business management, taxes, interpretation and translation. We speak Somali and Oromo languages and help communities from East Africa and greater Minnesota to more clearly understand the CDCS program. We help families overcome language barriers. We have over 20 years experience interpreting and translating English to Somali and Oromo languages.</p> |
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