

CARVER COUNTY LAC Meeting

DATE: 1/14/2020

LEADER: Derek Gunderson

TIME: 4:00-6:00 p.m.

RECORDER: Beth Fagin

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Derek Gunderson	x					
Eddie Tipton	x		Michelle Faith	x		
Ana Macias	x		Melissa Hanson	X		
Mary Myss	x		Sam Deweese	x		
Sue Kunitz	x		Beth Fagin	x		
Cliona Archer		x	Melanie Warm	x		
Sandy Menzel	x					
Sophia Wood	x					
Virginia Wright	x					
Lindsey Konchar	x					
Robin Schultz		x				

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	Call to Order: Derek called the meeting to order.	
Agenda Item 2:	Introduction of new council members: Sophia Wood was introduced; new council member Cliona Archer will attend first meeting in February.	
Agenda Item 3:	Approve January Agenda: The motion to approve agenda was made by Sandy, second by Eddie.	Approved by consensus
Agenda Item 4:	Approve December Minutes: Sandy moved to approve December minutes; seconded by Mary.	Approved by consensus

<p>Agenda Item 5:</p>	<p>New Business:</p> <p>Defer report by Richard Scott as he was not able to attend meeting on this date.</p> <p>LAC membership composition review: Reviewing the membership regarding meeting criteria for a representative membership regarding mental health: We have representation by the following members: individual with a lived experience of mental illness; family member of an adult with mental illness; individual who was in a mental health program as a child or adolescent, parent of a child or adolescent with mental illness; a children’s mental health professional.</p> <p>2 positions not filled: A representative of the children’s mental health local coordinating council; and family community support services program representative. Derek would also like to recruit a police/sheriff staff person for membership.</p> <p>Sandy suggested something in paper to recruit and Mary mentioned there is nothing on the county web page advertising need for membership. Developed plan for Melissa to request posting of open vacancies on the Carver County website homepage and the LAC page. Melissa shared copies of newly drafted LAC brochure, with information about membership, meetings, mission, etc.</p> <p>LAC handbook review: Speaks to “who we are” –</p> <p><i>“WHY LAC’s: The goal of Local Mental Health Advisory Councils (LACs) is to tap into the knowledge of diverse groups of community members in order to improve mental health services for all Minnesotans. LAC’s offer individuals, parents, families and mental health service providers the opportunity to make a real difference in how mental health care is provided in their community, and it offers county and state policy makers the wisdom of people’s experience first hand.”</i> From LAC Handbook. For more information visit mn.gov/dhs/lac or call 651-431-2225</p> <p>Distribution of DHS LAC guides: could this be put out in the community/first Street Center – other possible locations? Library?</p> <p>Future Discussion: We will be reviewing our roles and responsibilities/ recommendations? Why are we here?</p> <p>Budget Request Discussion: Derek noted that other LAC’s have budgets and it is best practice as noted in Handbook. Planning on asking for a budget for members to attend</p>	<p>Information</p>
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<p>Agenda Item 5: continued</p>	<p>events/training/education on Mental Health/advocating for programs (legislative days --- costs for transportation, lunch perhaps) – We need funding to support some of our efforts, other than the stipend/mileage. Derek will draft as “ask” for the commissioners. Melissa shared information about use of AMHI and CSP grant funds for community education efforts related to adults.</p> <p>Suggested to look at other counties and what kind of budget they have to work with.</p> <p>Mary and Eddie mentioned they would be interested in attending Hennepin county LAC to see how others operate.</p> <p>Needs assessment: Concerns about the LAC’s ability to do a comprehensive needs assessment. Suggested that we should try to tap into some of the existing surveys and information. Note that Richard Scott plans to present on the CHIP, and might be able to guide the LAC in looking for assessments that will assist in focusing efforts.</p> <p>Will request that Richard Scott present on available assessments/surveys.</p> <ul style="list-style-type: none">• Members noted: Are we doing effective Outreach to schools/senior living facilities. Do we send out a survey to districts about county services? Derek would like more connection/contact with schools. Churches also suggested as resources --- doing outreach to some of the spiritual leaders in the community. How do we do outreach to other underrepresented community groups, Latino or other minority groups, police officers are not well represented and faith community. <p>Annual Workplan --- Time restraints often the greatest barrier to planning. Would a budget help us with resources for developing the workplan? Bringing in some expertise for guidance. Derek noted that it’s a 2 month process regarding asking members to think about what they would like to focus on regarding mental health issues. Planning on doing a process of assessing members for ideas/thoughts about services and making a plan for moving forward.</p> <p>Attendance Policy Review --- bylaws offer some specific guidance but the regulation of three consecutive unexcused absences allows for missing too many meetings over the span of a year. Because regular attendance is critically important Derek is proposing that the expectation is a minimum of 50% attendance. Requiring members to attend 6 times per year unless they ask for a leave of absence.</p>	<p>Information</p>
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<p>Agenda Item 5: continued</p>	<p>Derek will work on the language/wording. It was noted that the LAC does not remove members, it would make recommendations to the Board of Commissioners for an action of dismissal regarding attendance issues. Weather will be taken into account regarding attendance.</p> <p>Feb. Elections: Bylaws indicate elections annually. Need to nominate and elect Chair, vice chair and secretary; Treasurer if we get a budget. Sam indicated that there might be co-chair rather than vice chair and they alternate leadership.</p> <p>Nominations for officers: Sandy makes motion that current officers remain and Sophia becomes the secretay. Derek Chair – Eddie Co-Chair and Sophia Secretary. Motioned seconded and passed by all.</p> <p>Will table the motion/vote on treasurer – will stay it each month until a budget is achieved.</p> <p>Discussion of moving the meeting day: Wait until next month to determine changing the day to Thursdays, on a permanent basis. Motion made to change next meeting to Thursday Feb. 13th, the second Thursday of the month. Melissa will take care of communicating the date change on the website. Derek will communicate change to Ms Archer and Richard.</p> <p>Motion to make second Thursday of every month the regular time starting in February. Susan make motion --- Sandy second – voted unanimously.</p> <p>NOTE: IT WAS DETERMINED THAT THURSDAY NIGHTS IS AN IMPORTANT TIME FOR COMMUNITY MENTAL HEALTH SERVICES AND THE SPACE WAS NEEDED. DEREK WAS CONTACTED AND THE MEETING MOVED BACK TO THE SECOND TUESDAY OF THE MONTH – SAME TIME 4-6.</p> <p>Monthly Schedule: Derek stated that we need to establish a monthly schedule of issues: addiction, rural mental health – other suggestions from members are welcomed and plan for speakers</p> <p>Guest speakers suggestions: --- Eddie’s wife/ Other ideas for guest speakers welcome.</p> <p>Ana suggesting someone from the county jail. Presentation from Richard Scott on mental health gaps and needs surveys.</p>	<p>Information</p>
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<p>Agenda Item 5: continued</p>	<p>CHAIR REPORT</p> <p>Derek will be presenting to county commissioners --- 21st of January – he will do a review and recap of last year, with suggestions. The LAC guidebook states once a quarter regarding a commissioner report and Derek will pursue this – this increase of frequency puts less pressure on a once a year report. Derek is working on this current report and will send out to members.</p> <p>No Guests</p>	<p>Information</p>
<p>Agenda Item 6:</p>	<p>Old Business: Derek working on letter to commissioners. No further information on County Website.</p>	<p>Information</p>
<p>Agenda Item 7:</p>	<p>No upcoming events No Open Forum --- out of time.</p>	
<p>Next Meeting</p>	<p>TUESDAY FEBRUARY 11 – 4-6 pm First Street Center</p>	<p>Information</p>
<p>Adjournment:</p>	<p>Derek Adjourned – seconded by Sandy -- <u>Approved by consensus</u></p>	<p>Adjourned</p>