CARVER COUNTY LAC Meeting

DATE: December 10th, 2019 **LEADER:** Derek Gunderson

TIME: 4:00-6:00 p.m. RECORDER: Beth Fagin

COUNCIL MEMBERS		LIAISON MEMBERS			GUESTS	
Name	Р	Α	Name	Р	Α	Name
Derek Gunderson	х					Cliona Archer
Eddie Tipton	х		Michelle Faith	х		
Ana Macias	х		Melissa Hanson	х		
Mary Myss		х	Sam Deweese	х		
Sue Kunitz		х	Angie Laschinger		х	
Jenna Rodenz	х		Beth Fagin	х		
Sandy Menzel	х		Richard Scott	х		
Garret Zayic		х				
Virginia Wright	х					
Lindsey Konchar	х					
Robin Schultz		х				

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	Call to Order: Derek, seconded and approved	
Agenda Item 2:	Changes in Agenda: Additions: Information about applications; attendance; potential change in meeting dates Dereck motioned, seconded and approved.	Approved by consensus
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Agenda Item 3:	Approve November Minutes: correction made in spelling of Lindsey's name.	
	The motion was made by Sandy, seconded and approved	

Information Agenda Item 5: **Chair Report: Chair report** MHTTN grant providing Mental Health Technical support and training available through a simple application ----Melissa will submit an application with a focus on getting support through the grant on community education and anti-stigma initiatives Crisis stabilization Center --- will hold an informational meeting. People Inc will be the agency running the center. There was some question about the process for seeking services, who will determine who is eligible, what will be the process and some concern that it not be too bureaucratic creating too many "hoops" and becoming a barrier for accessible and timely care. Information Applications for LAC members: Jenna and Anna will need to reapply as will Derek. Applications are managed by Diane W in Administration office. Derek will send an application to Ana. Jenna indicated that she would not reapply. Potential Changes in schedule: Derek announced that he may be taking another position as a city administrator and if he secures the position he would ask to change the meeting to the second Thursday of each month. Derek would like to continue in his role. Sandy indicated that she would be able to change to Thursday. Other members indicated they could accommodate the change. Derek felt that he could likely commit to 2 more years of service. Eddie made a motion to change to Thursday contingent on the potential change for Derek. Seconded by Sandy – all approved. Sam reminded that elections are yearly. January meeting will be moved to Discussion Thursday should the change occur, and Derek will let the group know. Attendance. There is some concern about the lack of attendance or sporadic attendance for some members. The bi-laws state that members cannot miss three consecutive meetings in order to remain in good standing on the council. This allows for a considerable number of overall missed meetings. Derek expressed concern that this criteria leaves it open for missing a significant amount of meetings and would prefer a percentage of overall meetings be added to the by-laws to insure continuity and fidelity of the

	councils work. Members agreed and this potential by-laws change will be addressed in January.	
Agenda Item 4: Note: this was out of Sequence in meeting – Item 5 addressed first.	Letter to commissioner: Derek will be crafting the letter; addressing accomplishments; concerns and suggestions that have been discussed throughout the year. Derek will send out the letter and ask that everyone make comments ONLY to him and not the entire group. He will make those changes/additions and get the final letter ready. He is requesting to be at the second commissioners meeting in January.	
Agenda Item 6:	Guest: A potential new member has determined that they would like to join. This individual has a deep understanding of mental health services and needs.	Information
Agenda Item 7:	Old Business –	
	Rural mental health. Derek brought forward the following questions/issues: How can we get more services going West. How can we come up with more options/resources? Should the county have a position? What is the need? Should we be looking at other rural areas and how they might be addressing this issue? Richard Scott offered to review all the information available and the public health survey do a report to present in January. Jenna indicated that the University of Minnesota extension is a good resource and a service that is widely used by farm families.	
	Homelessness Awareness: <u>His House</u> - Sleep out had a good showing and several commissioners attended regarding homeless issues. Martha Brannon from His House was the coordinator. Good event to increase awareness and will grow as the community gets more aware and involved.	Discussion
Agenda Item 8:	Upcoming Events:	
	Stigma 180: There are some additional events coming up for Stigma 180. Please watch for them.	
	Please send any events regarding mental health to the group.	

Agenda Item 9:	Derek mentioned that he attended an educational event on suicide sponsored by NAMI and was able to sit in on an on-going support group sponsored for those impacted by suicide. A very impactful learning opportunity. NAMI website namimn.org Open forum: • Members expressed interest in going back to a speakers list. • Derek will contact Sue Strugal re the Stepping Up Initiative for a presentation – possible in Feb or March. • Melissa suggested Abigail Franklin on the LAC guidebook and will connect with her. • Eddie's wife is available to speak to the group on Alzheimer's. Perhaps in April • Sandy would like to see a yearly work plan — we will look at that in January • May mental health month – there should be adequate time to start planning an event. • December 16 th 10 -11:30 — Chanhassen City hall — tity wants to implement more support for mental health and is having some preliminary meetings for discussion – Sam is attending. • Richard Scott — Public Health working toward creating a mobile health clinic. Members urged considering a mental health service as well as medical for clients with limited transportation or ability to access care outside their home. • Sandy indicated that she did not see LAC brochures in the lobby at FSC. Melissa is completing and will put in the lobby area. • Jenna expressed "thanks for letting me serve with you. I will continue to be an advocate for mental health and wellness." Members expressed gratitude for her contribution and asked that she come back to visit and consider joining again at a later time.	
Next Meeting	Next meeting TBD pending Derek's potential change.	Reminder
Adjournment:	Adjourn. Derek motioned, seconded and passed5:55	Next Meeting Adjourned