

## CARVER COUNTY LAC Meeting

**DATE:** September 10, 2019

**LEADER:** Derek Gunderson

**TIME:** 4:00-6:00 p.m.

**RECORDER:** Beth Fagin and Melissa Hanson

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Derek Gunderson	x					Martha Brannon
Eddie Tipton		x	Michelle Faith			
Ana Macias	x		Melissa Hanson	x		
Mary Myss	x		Sam Deweese			
Sue Kunitz	x		Angie Laschinger			
Jenna Rodenz	x		Beth Fagin	x		
Sandy Menzel	x		Melanie Warm	x		
Garret Zayic	x		Diane Pagel	x		
Virginia Wright	x					

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	<b>Call to Order:</b> Derek seconded by Sandy	
Agenda Item 2:	<b>Approve Agenda:</b> The motion was made to approve the September agenda, and was seconded. Derek requested the addition of information on Rural Mental Health, which was approved by all.	Approved by consensus
Agenda Item 3:	<b>Approve August Minutes:</b> Amendments were made and motion to approve was seconded, approved by all.	Approved by consensus

<p><b>Agenda Item 4:</b></p>	<p><b>New Business:</b> Derek mentioned that the letter to the editor regarding suggestions from last meeting was still being worked on.</p> <p>Rural Mental Health—Jen informed group that she spoke with Ted Mathews who provides mental health counseling for farm/rural families. He is a psychologist and is not only the only one in Minnesota but the only one across the country. He offices out of Hutchinson but travels extensively and looks for space in the communities to meet with clients. Some of the issues are stress, depression, transferring farms to next generation, losing farm and couples stress with one working outside and inside to help sustain and all the stress involved in that. More women are getting into farming so they are training a woman to do outreach. The group in general wants to know how our council/county might be supportive of these efforts. Jen will be asking him to present to the group --- possibly in November.</p> <p>Melanie commented that the Crisis team has been doing more outreach and training on rural mental health issues.</p>	<p>Information</p>
<p><b>Agenda Item 5:</b></p>	<p><b>Chair Reports:</b></p> <p>AMHI meeting --- report on Vitals. Chief Knight reported that Chaska has been using vitals for 2 years and has yielded 300+ encounters or “pings” --- but they have not been significant incidents but more commonly officers at an event or in the community public setting. Officers use their discretion as to whether they approach someone if they seem to be in need. Council members expressed some concerns about using Vitals in this manner to possible identify and approach someone who is not directly asking or needing response. Derek reminded them that it is voluntary. The question on the table was, “would they approach someone without the prompt form the system?” It might be helpful in some cases but brings up concerns about stigma and over identification of citizens with mental health issues. Comment that this speaks to the need for careful and thoughtful training of personnel using this system.</p> <p>Derek commented that the Sheriff wants to look at it more closely. It was learned from the presentation by Chris Kokal that NAMI - MN does not endorse the system.</p> <p>Derek – CDA wants to have a homeless event and is asking the council to support this initiative. A fund raising sleep out in the community is scheduled in November --- members felt it was a worthy cause. The speaker will be addressing more specifics.</p>	<p>Information</p>

<p><b>Agenda Item 6:</b></p>	<p>Guests – Martha Brannon spoke to the group about His House and supporting creating funding for services for homeless citizens. A “sleep out” is scheduled for November 16<sup>th</sup> to raise funds and is looking for community support. In Carver County, \$25,000 has been spent to assist people with homelessness prevention. Goal is to have 100 participants in the Sleep-Out. Food trucks, a band, scavenger hunt for youth, etc. are being planned. All of the proceeds will go to supporting people experiencing homelessness, including assistance with medical, rental and utility bills, car repairs, etc. Martha commented that many people who are homeless have mental health issues. This is the website for more information.</p> <p><a href="http://www.hishousefoundation.com/">http://www.hishousefoundation.com/</a></p> <p>Martha Brannon – They are currently working out of the basement of the Chaska Moravian Church – but it’s by appointment only – so best to contact directly through website. 612-325-4693</p>	<p>Discussion</p>
<p><b>Agenda Item 7:</b></p>	<p><b>Old Business:</b></p> <p>Fall Event Planning: October 9<sup>th</sup>, 2019. LAC meeting will be held from 5:30 p.m. to 6 p.m. Author Susan Foote will speak at 6 p.m. Dr. Keror Desai will then present information related to addiction for approximately 20 minutes, followed by a Listening Session. The meeting will conclude by 7:45 p.m. Questions to ask participants of the Listening Session were formulated, with a goal to obtain feedback for the council. Plan to obtain water bottles and cookies for the event. Derek will provide a flyer for the event that will be shared widely to encourage attendance. An information sheet regarding LAC’s will be available at the event. Sandy suggested that a poster for the LAC be placed in the 1<sup>st</sup> Street Center waiting room, in an attempt to recruit new members.</p> <p>Website Discussion: Reviewed concerns related to current website design.</p> <p>Provider Mailing: Discussion of sending mailing to mental health professionals in Carver County – idea is to send information about the LAC to educate mental health professionals about the LAC / make connection. Discussion of costs related to doing a mailing / potential funds that could be available. Melanie offered to assist with sending mailing along with crisis program mailings to community providers.</p>	<p>Information</p>
<p><b>Agenda Item 8:</b></p>	<p>Winter Planning: Sandy suggested that Dr. Sanchez with Ridgeview Medical Center be invited to a LAC</p>	<p>Discussion</p>

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<p><b>Agenda Item 9:</b></p> <p><b>Next Meeting</b></p> <p><b>Adjournment:</b></p>	<p>meeting. Mary suggested that the topic of guns and mental illness be addressed, related to an increased number of shootings in media. Ana suggested topic of young adults transitioning to college / suicide rates increasing, depression and anxiety. Derek shared information about increased suicide rates. Mental Health First Aid was suggested as a potential topic to explore.</p> <p>Upcoming Events:</p> <p>Stigma 180 Event on September 26th</p> <p>QPR training at Ridgeview Medical Center Auditorium on Thursday, September 12<sup>th</sup> at 6 p.m. – NAMI is presenting.</p> <p>Our next meeting will be held Wednesday, October 9<sup>th</sup> at 5:30 p.m. at the Chanhassen Library.</p> <p><b>Adjourn</b> The meeting was adjourned.</p>		<p>Reminder</p> <p>Next Meeting</p> <p>Adjourned</p>
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