2019 Carver County COMMUNITY HEALTH ASSESSMENT RESULTS

GOALS

- 1 Understand what influences health
- 2 Develop a community-wide plan of action to address pressing health concerns
- Improve the health of all who live, learn, work, and play in the county

THEMES



Mental and physical well-being

Social and physical environments promoting good health for all



Affordability

Affordable healthcare, housing, food, childcare, etc.



Housing

Safe, stable, and affordable housing



Transportation

Alternative modes of transportation that are affordable and reliable



Communication

Consistent, connected, culturally-relevant communication and resources to support health

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DATA SNAPSHOT

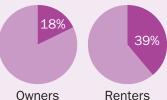


A Housing

Nearly 40% of Carver County renters are severely cost burdened, leaving less money to cover other necessities like food and medical care.

Source: U.S. Census Bureau, 2013-2017 ACS

Carver County Households Experiencing Housing Cost Burden



Communication

The assessment findings brought to light many situations where a lack of awareness and understanding created barriers for people to attain opportunities to pursue optimal health for themselves and their families.

People don't know who to call or where to go to get help.

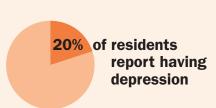


Focus group participant

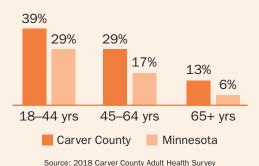
Mental and physical well-being

People who are physically or socially isolated are at greater risk for:

- abuse
- loneliness
- depression
- injury



Binge Drinking by Age Group



Binge drinking in Carver County exceeds the statewide average and is more prominent in higher income households.

\$ Affordability

Even with health insurance. many people do not get the care they need because it is too expensive.

16% of county residents report healthcare costs make it difficult to pay other bills or afford necessities like food, transportation, or housing.

> Rent is so expensive it's hard to save for a house.

Focus group participant



Transportation

Many people, especially those with limited income and medical and mobility conditions, lack transportation options.



Focus group participant

Nearly 30% of Carver County seniors reported that a lack of **transportation** kept them from where they needed to go, including jobs, medical appointments, or grocery shopping.

Want more info?

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