

CARVER COUNTY LAC Meeting

DATE: August 13, 2019

LEADER: Derek Gunderson

TIME: 4:00-6:00 p.m.

RECORDER: Beth Fagin

COUNCIL MEMBERS			LIAISON MEMBERS			GUESTS
Name	P	A	Name	P	A	Name
Derek Gunderson	X					
Eddie Tipton	X		Michelle Faith		X	
Ana Macias	X		Melissa Hanson	X		
Mary Myss	X		Sam Deweese		X	
Sue Kunitz	X		Angie Laschinger		X	
Jenna Rodenz	X		Beth Fagin	X		
Sandy Menzel	X		Richard Scott	X		
Garret Zayic	X					
Virginia Wright		X				
Lindsey Gilbert		X				
Robin Schultz		X				

Agenda	Activity/Discussion	Decision/Action
Agenda Item 1:	Call to Order: The meeting was called to order at 4 p.m. by Chair Derek Gunderson.	
Agenda Item 2:	Approve August Agenda: Jenna — asked to add discussion about farmers Mental Health issues Sandy motion to approve amended agenda Mary second amended agenda All approved	Approved by consensus
Agenda Item 3:	Approve July Minutes: Discussion/clarification regarding “mandated” representation on the board. Sandy asking for clarification about responsibility for vetting new members and determining if all roles are represented. Derek indicated that was his role as Chair. Commented that individual members not	Approved by consensus

<p>Agenda Item 4:</p>	<p>identified within those specific roles. Jenna moved to approve, Derek seconded. All approved</p> <p>New Business:</p> <p>Winter planning: October event - October 9th— Susan Foote is presenting. Historical stigma of mental health. Short meeting for LAC from 5:30 to 6:00. Susan will speak from 6:00 to 7:00 and Q and A, listening session following the presentation. Eddie may try and find an addiction speaker.</p> <ul style="list-style-type: none">• Eddie mentioned a resource/on-line video — will forward information to group members• Derek: Work completed on shared drive/google to disseminate information to public.• Derek: Evaluating the website and how it might be perceived. Discussed limitations and issues and what is working well.• Derek: The LAC supported Vital’s App and proposed that county pursue.• Sandy: working toward combining efforts with adult mental health initiative• Derek: established a crisis subcommittee —— Derek and Sam are attending. The AMHI meetings are on the 3rd Wednesday of the month from 2-3 pm and afterwards the workgroups at 3:00.• Dr. Richard Scott —Derek sited accomplishment of adding Public Health and more attendance from commissioners <p>Rural Mental Health —- Eddie — shared sited resources at DHS for rural health and an outside person from Hutchinson who runs the annual webcast regarding national rural mental health conference. This may be a structure to tap into for support on this topic</p> <p>Derek will find out who he is and make contact. Jenna has phone number and contact for a DHS resource who provides mental health services to rural areas. She will connect</p>	<p>Information</p> <p>Information</p> <p>Jenna and Derek will make contact with DHS rural mental health initiative</p>
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	<p>Rural Mental Health Resources University of Minnesota Department of Agriculture program for stress: http://umash.umn.edu/stress/ There is a Minnesota Farm and Rural Helpline thru University of Mn. 833-600-2670 ext 1 Ted Matthews, Rural Mental Health Counselor 320-266-2390 No cost, no paperwork. Free, confidential 24/7.</p> <p>Letter to Editor: Derek wrote letter to editor: Chaska paper wants rotating letter to editor.</p> <p>Focus of letter is about the recent shootings in Texas and Ohio and the accusation that the action was solely driven by mental health.</p> <p>Sandy — recommended that we add information on the October presentation/ listening session with the letter to the editor.</p> <p>Mark Olson— newspaper editor — wants to write some stories regarding mental health and resources/issues in the community. Sandy and Garrett will contact Mark Olson for some personal stories for article.</p> <p>Derek encouraging members to write letters to the editor.</p> <p>Deadline for letters to editor is Sunday — 4:00pm</p> <p>Sue mentioned she would be interested in doing the next letter.</p> <p>Send to editor to Chan or Chaska editor.com</p> <p>Eddie brings up issue about quoting the Bible (contained in letter) and some concerns about separation of church and state in regards to mentioning the council several times and using the title of Chair-Carver County Mental Health Advisory Council. Ana also expressed concern about separation of church and state. Eddie warning that this might set up the council for criticism.</p> <p>Richard Scott suggested Derek might consider stating that the Bible quote represents a personal meaning – clarifying that it’s solely his, that he is not representing this last religious statement as a council</p>	
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<p>Agenda Item 5:</p>	<p>statement. Suggested language “I end with a passage that has personal meaning for me”. Mary further supported this statement as a way to support Derek’s right as a citizen to voice his opinion and also separating the Bible reference from the council’s work.</p> <p>Chair Report:</p> <p>Wellness Center Groundbreaking: Derek attended. Commented on feeling satisfaction in seeing something that was supported and championed by this group actualized. December is potential opening. Richard applauded the group for their vision of the need for this service --- expressed over 2 years ago.</p> <p>Some questions:</p> <p>Who will be staffing the center? – Richard Scott mentioned that they are accepting proposals for an outside group with experience running this type of program.</p> <p>Discussion regarding why it took so long – discussion about need for planning, seeking funding and getting “buy-in” from the community.</p> <p>How does the public get access? – discussion about role of crisis in accessing services --- Melissa shared general information about the admission process / eligibility criteria including that people will be assessed / approved prior to admission, and that someone on a 72 hour hold will not be going to this facility.</p> <p>Derek shared a story of a friend who experienced a severe mental health crisis and how it highlighted for him a couple of things: 1. That a mental health crisis could and does potentially happen to anyone; 2. The critical need for community resources to help people in time of crisis as well as prevention, early intervention and aftercare 3. His commitment that the council continue it’s important work to support the communities capacity to increase services for serving mental health needs across the continuum of care.</p> <p>There was some discussion about Prairie Care expanding – but no one had any specific information at this time. There is currently a Prairie Care Chaska located at Two Twelve Medical Center with a partial Hospitalization for children and adolescents and an intensive Outpatient Program for adults. https://www.prairie-care.com Chaska</p>	<p>Information</p>
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<p>Agenda Item 6:</p>	<p>Guests: No guests</p>	
<p>Agenda Item 7:</p>	<p>Old Business: Fall Event Planning; Website Discussion – Provider Mailing</p> <p>All Event - October 9th at Library. Short council meeting before. Agenda: Council meeting from 5:30-6:00 Susan Foote presentation on Mental Health Historical Stigma – 6:00 – 6:45 Q and A on presentation from 6:45 – 7:15 Public Q and A/ Listening session – 7:15 to 7:45</p> <p>Garret will introduce the speaker.</p> <p>Suggestions: Should we contact library for a more direct “tie in” and promotion --- of the book, and author --- CareSunrise book of the month – perhaps a reading club selection.</p> <p>Richard Scott – will market event thru Public Health Social Media</p> <p>Chan Chaska running a pre-story and looking for people – Garret and Sandy will make contact with Mark Olson regarding their story/experience. Derek will also look into Waconia paper.</p> <p>Do we have access to making postcards/flyers?---- Melissa will look into this and receive draft of flyer from council.</p> <p>Refreshments – will discuss further in September</p> <p>Feedback/evaluation ---- suggestion to keep it short/something to fill out for attendees and another opportunity to give feedback about mental health needs.</p> <p>Reminder that we need to establish a time limit and a time keeper and remind audience before Q and A - -- so as not to allow one person to dominate.</p> <p>Website Mary tried the Carver County website and found it difficult and cumbersome to find specific services. Also commented that people don’t necessarily assume they should go to the county for mental health resources.</p>	<p>Discussion</p>

<p>Agenda Item 8:</p>	<p>Melissa commented that the county has formed a committee to look at the website.</p> <p>Garret inquired about a process of usability testing and wondered if the council might be helpful.</p> <p>Current access: if you google “carver county mental health” you re directed to the first street center page. https://www.co.carver.mn.us/departments/health-human-services/first-street-center-mental-health</p> <p>This page gives all the potential resources: https://www.co.carver.mn.us/departments/health-human-services/behavioral-health</p> <p>How to help people better navigate the system and easily access.</p> <p>Provider Mailing – Jenna still working on this project. Eddie has a resource from Psychological Association.</p> <p>Upcoming Events</p> <p>September is National Suicide Awareness Prevention Month: a free Question Persuade Refer (QPR) Training will be held on September 12th from 6 to 7 p.m. at the Ridgeview Medical Center Auditorium. Melissa shared flyers with the group.</p> <p>NAMI Walk</p> <p>October 9th Historical Mental Health Stigma program</p>			<p>Reminder</p>
<p>Next Meeting</p>	<p>October 9th at Library—short meeting before program at 5:30 p.m.</p>		<p>Next Meeting</p>	
<p>Adjournment:</p>	<p>Derek Motioned to adjourn Garret Second All agreed</p>		<p>Adjourned</p>	