

Carver County Mental Health Advisory Council March 2019

Date: March 20 2019

Attendance List

Leader: Eddie Tipton

Recorder: Mary Myss

Derek Garret

Jenna Rodenz

Sandy Menzel

Sue Kunitz

Anna Macias

Virginia Wright

Michelle Hanson

Beth Fagin

1. Call Meeting to order
 - Meeting is called to order by Eddie Tipton
2. Approval of Agenda. Motion is made to approve the agenda by Sandy. Seconded by Sue.
Approved
3. Approval of February Minutes. There were no minutes for the February meeting due to no Quorum
4. New Business
 - Information was introduced as to our possible participation in the crisis program advisory sub committee. It was shared that Melanie Warm spoke at the February meeting and shared details of the structure of the sub committee. It was agreed that Melanie would keep us updated as to the minutes of the meeting and several of our members volunteered to attend the monthly meeting which will be held on the third Wednesday of each month in the Carver County Government Center.
 - The subject of Dr. Plotnikoff speaking at a fall event was raised. Dr. Plotnikoff was referred to us by a former board member and he focus on functional health. Anna raised concern regarding the appearance of the committee endorsing Dr. Plotnikoff and wanted to be certain that the event would clearly represent the committee as presenting Dr. Plotnikoff as an option but not offering an endorsement. Eddie suggested that we look for a non meeting date in the fall for Dr. Plotnikoff's event. More discussion took place regarding making certain there is a clear understanding the event is not for the purpose of proposing business and the focus is on mental health.

- Sue brought up the topic of hosting minutes on the Carver County Website. Melissa said minutes can be sent to her without format and she will provide that information to Derek.

5. Chairs Report - No Report

6. Guests – No Guests

7. Old Business

- Derek sent an email suggesting we endorse The Vitals Application. It was discussed by the members of the committee and several had questions or reservations. Garrett moved that members of the committee with concerns get them to him by March 31st and he will look into them and report back. Anna seconded the motion. Motion carried.
- Eddie and Garret gave a recap of The Bridges over Poverty event which featured speaker Jodi Pfarr. Jodi explained the disconnect between those of us who are raised middle class compared to poverty. The speech was excellent in helping the attendees get a better understanding the mindset of those challenged with fewer resources.

8. Upcoming Events

Creating Caring Communities sponsored by NAMI on April 27th at 10am. Location is Chaska Community Center

Suicide and Mental Health Awareness on April 29th from 8am – 4:30pm. Location is The Hutchinson Event Center. Offering continuing credit. Cost \$20

9. Announcements - None

10. Open Forum – Discussion regarding Carver County Website. Anna talked about a Google account. Eddie motioned to have Anna give a tutorial on the Google account. Sandy seconded the motion. Motion approved.

11. Meeting Adjourned