## CARVER COUNTY MENTAL HEALTH ADVISORY COUNCIL MINTUES

6. Regarding the committee's yearly report to the Board of Commissioners, a copy of last year's 9-19-2017 report was presented and Sandy agreed to e-mail a copy of it to all the council members, which was done 10-9-18. All council members are to provide input to all members of the council, with the intent to finalize at our November meeting.

Concerning the Steiner Kelting Mental Wellness Facility Eddie requested clarification on his ability to serve on its advisory committee, and Lisa Gjerde indicated she applied to serve on the advisory committee. Jenna informed the group she knows of a woman who sold her town house because of it and has moved.

- 7. Upcoming Coaching Capacity October 29<sup>th</sup> Melissa provided information on it being a lunch and learn with potential employers in an attempt to reduce the Stigma. Dave Style is a specialist doing a flyer and will be contacting the My Pillow Guy as a Guest Speaker. Lisa reminded us of the annual Jewish conference and she is willing to be A driver if anyone wants to join her. Jenna mentioned a Super\_\_\_\_at Prior Lake High School focusing on caretakers. The NAMI State Conference November 4<sup>th</sup> was noted with the cost of registration is \$35.00.
- 8. Announcements. Jenna spoke on "Farmer Mental Health Line." Eddie mentioned he is aware of lady who is a consultant on rural mental health and volunteer to touch base with her and have a conversation with her. Noting transportation is a real road block for many to seek care.
- 9. Open Forum. Lisa mentioned the website remains without current meeting minutes. Derek replied stated he is contact with a Kim R. and working on it. It was mentioned that an insurance medica newsletter explained about services for anxiety and depression. Eddie commented on the elderly still driving vehicles, and Derek added how to educate When it is time to stop driving vehicles, along with senior depression and age related Problems can lead to mental health issues. Sue and Lisa added there is no mental health Prevention for the elderly.

Ana spent a few minutes explaining how to access <u>carvermentalhealth@gmail.com</u> and The pass word is councilmember. Noting there is a link on the Carver County web page. council members. Council members can add and edit, others can only view. Derek noted folders can probably be created on it, and Jenna stated it seems user friendly.

10.	Motion made by	and second by	, and all voted aye to adjourn at
	5:45 pm		

**Submitted by Sandy Menzel**