

Carver County Mental Health Advisory Council

Minutes of November 13, 2018 Meeting 4:30 - 6:00 p.m.

Leader: Derek Gunderson

Recorder: Caroline Beise

Attendance:

Council Members Present:

Caroline Beise, Lisa Gjerde, Derek Gunderson, Sue Kunitz, Ana Macias, Sandy Menzel, Mary Myss, Jenna Rodenz, Becky Sorenson, Eddie Tipton, Virginia Wright

Liason Members Present:

Sam Deweese, Beth Fagin, Michelle Faith, Melissa Hanson

Absent: Angie Laschinger

Guests:

Don Amarosi, Nora McGraw, Megan Miller, Michelle Mills, Beth Ringer

1. Eddie called the meeting to order.
2. Motion to amend the agenda by moving the speaker to #3. Second. Approved. The agenda was then approved.
3. Beth Ringer, NAMI Director of Community Outreach and Engagement gave us three informational flyers: "Family Support Group - Does your loved one live with a mental illness?," "Online Parent Resource Support Group - Do you have a child that lives with a mental illness?," and "WebConnect Support Group." She presented a letter from Sue Abderholden referencing a bonding bill passed by the 2018 legislature which includes \$28.1 million for "behavioral health crisis facilities." Up to \$5 million can be used to fund each approved project. NAMI is concerned about what these facilities would provide and urges people to proceed with caution. After much discussion, Derek concluded we could make use of this opportunity to bring a building into the community to provide appropriate mental health services.
4. Motion to approve October minutes by Derek, second by Lisa. Approved.
5. New Business: Two members, Lisa and Caroline, will be leaving after serving nine years. Four members' terms, Sue, Becky, Eddie and Virginia, are up for renewal. Members were thanked for their service.

Letter to the Commissioners will include our support for NAMI's concern regarding the above-mentioned bonding bill, encouragement for collaboration between law enforcement and crisis teams, recommendation for increased hours of crisis intervention training (CIT) for all police officers. We believe that adoption of these recommendations will improve access to care and lessen discrimination of those with mental health challenges.

Mr. Amarosi offered helpful suggestions for when police are dealing with a person undergoing a mental health crisis. Police and crisis teams could triage incoming calls. Ask for doubling of funding for crisis teams which are woefully underfunded. Recommend that the county budget so all police officers receive 40 hours of CIT

training. Instruct police department to look at best practices of other counties.

Plan were made for the December Potluck. Members are to email what they will bring.

6. Old Business: none
7. Upcoming Events: none
8. Open Forum: Lisa Gjerde announced she will be on an Advisory Committee for the Steiner-Kelting Mental Wellness Center.

Mary Myss presented information on Vitals, a “free app designed to help Individuals with various conditions and disabilities communicate with first responders in real time.”

Eddie announced that WeCab is officially active now in Waconia.

Caroline shared an email from Minnesota Personalized Medicine that Dr. Gregory Plotnikoff would be happy to speak at a gathering in 2019.

9. Adjourn: Motion by Derek, second by Sandy, that the meeting be adjourned. Carried.