

Carver County Mental Health Advisory Council

Minutes of June 12, 2018 Meeting 4:00 - 6:00 p.m.

Leader: Derek Gunderson

Recorder: Caroline Beise

Attendance

Council Members Present:

Absent:

Liason Members Present:

Caroline Beise

Jenna Rodenz

Sam Deweese

Lisa Gjerde

Michelle Faith

Derek Gunderson

Melissa Hanson

Sue Kunitz

Angie Laschinger

Ana Macias

Sandra Menzel

Absent:

Mary Myss

Beth Fagin

Becky Sorenson

Eddie Tipton

Virginia Wright

1. Derek called the meeting to order.
2. Motion to approve agenda by Derek, second by Sandy. Approved.
3. Motion by Eddie, second by Derek, to amend May minutes to show motion by \_\_\_\_\_, second by \_\_\_\_\_, to amend agenda to include transportation.  
Approved.
4. Guest Speaker - none
5. Chair's Report - Crisis Connection/Support for HF501/SF776 Update  
  
Minnesota's Crisis Connection (suicide hotline) will shut down in a month due to legislative action.
6. New Business: Depression initiatives aimed at stemming the suicide tide,  
Moving September Meeting to Chanhassen Library for more public participation

Melanie Warm stopped by to inform us that we have 24/7 telephone crisis response in Carver County. Minnesota is putting resources into county programs, giving a more

rapid response. Every county has a mobile crisis team. Goal is to eliminate ER visits, back-ups. Discussion as to how to advertise Carver County's Telephone and Mobile Crisis number: 1-952-442-7601. Council will place notices in local papers and West Metro section of Star Tribune.

Our September 11 meeting will be held at the Chanhassen Library. Regular meeting the first hour, with listening session the following two hours. Times under consideration are 4 - 7 p.m. or 5 - 8 p.m. Suggestion to reserve a conference room and 2 study rooms. Derek will contact the library. Possible topic for listening session: "Share Your Mental Health Story". Derek and Caroline will work on a notice to be placed in county and West Metro papers.

7. Old Business: Community Education Event May 17th (Recap), Progress with strategic plan session from April

"Mental Health and Suicide Awareness" event at the Chaska Community Center was attended by approximately 40 people. One person left her name, indicating she would like to share her story with the council. Two suggestions for future speakers: Dick Beardsley and Dr. Jermaine Davis. Melissa said there is some budget money we can tap into. This event is usually done in May, Mental Health Month.

Sam said NAMI would like to hold a "Hope for Recovery" event in Carver County and suggested we could support this as an educational event.

Are we making progress with our strategic plan? Sue personally feels good about it and said it helps her reach out to others. Ana was concerned we are not spending time on evaluating services. LAC Mission Statement: "Our mission is to advise Carver County Commissioners regarding mental health policies, programs, and needs. We continually review and evaluate existing services and listen to mental health consumers, providers, and organizations in order to determine unmet needs within the county." Lisa suggested we start by look at responses to Melissa's needs assessment survey to see if there are gaps. Also could have an ongoing online survey.

It was noted that we have not sent a letter to the Commissioners since April 2017.

## 8. Upcoming Events

At our next meeting we will begin work on a letter to the County Commissioners.

## 9. Announcements

Mary and Eddie attended "Mental Health: Mind Matters" exhibit at the Science Museum of Minnesota and reported it was worth attending.

## 10. Open Forum: Mobile Crisis Units, Letters to the editor (county and city papers), Cambia Hills (or similar facility)

Derek plans to contact individual in charge of Winona County Crisis Team to learn more about their program. Cambia Hills, youth mental health services for children 6 - 17, has been welcomed for development in the East Bethel area.

Caroline reached out to Nate Streed, director of Treehouse youth organization, Chaska, which serves students in 7th - 12th grades. Nate asked for information on First Street Center and other mental health resources for that age group. She also contacted Corey Magstadt, director of Launch Ministry, Chaska, which serves 18 - 29 year-olds. He listed the following unmet needs: 1) transportation in western Carver County; 2) affordable housing in eastern Carver County; 3) lack of transitional housing; 4) long waiting period for Rule 25 assessment; 5) long wait time at First Street for a diagnostic assessment appointment. He did, however, state that First Street has done a fantastic job and is the first place they refer clients.

## 11. Adjourn

Motion to adjourn by Derek, second by Sandy. Approved. The meeting was adjourned.

Respectfully submitted,  
Caroline Beise