

Carver County Mental Health Advisory Council

Minutes of July 10, 2018 4:00 - 6:00 p.m.

Leader: Derek Gunderson

Recorder: Caroline Beise

Attendance

Council Members Present:

Absent:

Liaison Members Present:

Caroline Beise

Mary Myss

Sam Deweese

Lisa Gjerde

Virginia Wright

Beth Fagin

Derek Gunderson

Michelle Faith

Sue Kunitz

Guest:

Melissa Hanson

Ana Macias

Dr. Richard Scott

Sandra Menzel

Absent:

Jenna Rodenz

Angie Laschinger

Becky Sorenson

Eddie Tipton

1. Derek called the meeting to order.
2. Motion to approve agenda by Sandy, second by Lisa. Approved.
3. Motion to approve June minutes by Eddie, second by Becky. Approved.
4. Guest speaker: none

5. Chair's Report:

Chanhassen Library is reserved for September 11, 4:30 - 7:30 p.m.

Regular meeting at 4:30 p.m., Listening Session from 5:30 - 7:30 p.m.

How do programs reflect new diagnoses? Beth offered that even if there is no named diagnosis, should an individual's behavior interfere with living life successfully, achieving one's goals, having healthy relationships with family and/or friends, it may bear looking at that behavior with a mental health counselor.

Update on County Board Meeting presentation - Discussion as to whether Derek should visit the next County Commissioners' meeting, Tuesday, July 17, 4:00 p.m. Motion by Sandy, second by Caroline, that Derek attend the meeting and give a short presentation, and that we will follow up with a letter and formal presentation after the September listening session. Motion carried.

6. New Business:

Identifying disconnects in programming - What is/is not working? One board member told us of a 5 1/2 hour delay in accessing help after she had called the Crisis Line.

Ana will set up a Google Share Drive on our website so board members can share information with the general public.

Dr. Scott said Public Health is currently doing a research assessment (survey) of 3-4,000 residents to learn the status of health in the county. He will send LAC members a list of proposed questions.

Develop initial language for letter from LAC -

Derek will email to us last year's letter to the Commissioners.

Signage information for September listening event - suggested verbage:

"Community Listening Session - you are invited to share your experiences with mental health services in Carver County - Tuesday, September 11, 2018 - 5:30 - 7:30 p.m. -

Chanhassen Public Library - Confidentiality - If unable to attend, email address provided -

Sponsored by Carver County Mental Health Advisory Council." Eddie will check into publicity via the library's newsletter and broadcast opportunities.

Board Meeting bullet points - Crisis Center, ongoing mental health survey, Melissa's survey results, transportation, affordable housing, long wait times for assessments, strategic planning session's top three priorities.

Mental health issues of those incarcerated in Carver County - Suggestion that Melissa and Sheriff Olson address this at a later date. Dr. Scott commended the quality of care our jails give to detainees.

7. Old Business: September Meeting moved to Chanhassen Library

8. Upcoming Events: Listening Session

9. Announcements - none

10. Open Forum:

Caroline visited Dr. Gregory Plotnikoff, Minnesota Personalized Medicine, a pioneer of the mind-body medical approach, combining eastern and western medicine to solve medical mysteries. He indicated he would be willing to talk to our LAC.

11. Adjourn

Motion to adjourn by Derek, second by Eddie. Motion carried.