

# **Carver County Mental Health Advisory Council**

## ***Minutes of December 11, 2018 Meeting***

Attendance: Council Members Present

Derek Gunderson  
Caroline Beise  
Lisa Gjerde  
Mary Myss  
Sue Kunitz  
Ana Macias  
Sandy Menzel  
Virginia Wright

Attendance: Liaison Members Present

Sam Deweese  
Beth Fagin  
Michelle Faith

1. Meeting called to order by Derek Gunderson - Chairman  
Meeting recorded by Mary Myss - Council Member

Derek suggested everyone help themselves to all the holiday potluck treats provided by committee members and liaisons for the holiday party before we start business.

2. Approval of Last Months Minutes

Motion was made to approve the minutes of the November meeting. Motion approved.

3. Speakers - None scheduled - Holiday Potluck instead

4. New Business

Caroline shared that Dr. Plotnikoff would be willing to do a community event at no charge. Event would need to be coordinated with other departments, a centralized location chosen, (Chaska or Chanhassen) and approval obtained.

Derek asked if anyone had any recommendations to fill committee seats being vacated at year end. Also asked for suggestions as to how we can make more community members aware of the vacancies and encourage more residents to become involved.

## 5. Old Business

Derek reviewed proposed letter to Carver County Commissioners and asked for input.

- Suggestion was made to refer to monthly recaps as highlights. Some months showed no information. This could be interpreted as no meeting took place.
- The suggestion was made to include highlights of every month regardless of the level of importance.
- The suggestion was made that the letter to be signed by all members of the council, not just the chairman and vice chairman.
- The suggestion was made that we include phrases specifically asking for a response such as “what are the specific goals that the commission is currently working on in the area of mental health?”
- Frustration was expressed regarding the council repeatedly asking for commissioner to attend our meetings and facilitate communicate with the advisory committee.

*\* Derek agreed to implement suggestions and email revised letter for approval.*

## 6. New Business

Upcoming Event - Derek shared that we will have a Vice President from a software company Vitals speak at the January meeting.

## 7. Open Forum

Sandy voiced her concern regarding the delay in posting minutes of our meetings on Carver County’s website and asked Ana to help. Ana agreed contingent on the time commitment required.

## 8. Adjournment

The motion was made by Sandy to adjourn the meeting. Motion approved. Meeting Adjourned.

Next Meeting: January 8, 2019