

Carver County Mental Health Advisory Council

Minutes of August 14, 2018 Meeting 4:00 - 6:00 p.m.

Leader: Derek Gunderson

Recorder: Caroline Beise

Attendance:

Liason Members Present:

Lisa Gjerde

Sue Kunitz

Ana Macias

Sandra Menzel

Becky Sorenson

Sam Deweese

Council Members Present:

Caroline Beise

Michelle Faith

Derek Gunderson

Melissa Hanson

Mary Myss

Angie Laschinger

Jenna Rodenz

Eddie Tipton

Absent:

Virginia Wright

Absent:

Guest:

Beth Fagin

Dr. Richard Scott

1. Derek called the meeting to order.
2. Agenda was approved.
3. Minutes were approved.
4. Guest Speaker: Dr. Richard Scott, Carver County Public Health Manager, and his team are doing a survey of health issues in Carver County, targeted to specific groups and otherwise. He brought along a short survey and asked those who agreed to do so to participate.
5. Derek appeared before a recent Carver County Board meeting and highlighted several mental health issues: transportation, shortage of beds, and affordable housing. Following his presentation, an article by Heather Hollermann, "County discusses mental health - Advisory chair outlines vision for program," was published in the August 2, 2018, issue of the Waconia Patriot. Commissioner Tim Lynch serves as our Advisory Council liason.

Commissioners were invited to attend our September Listening Session.

6. New Business: Melissa Hanson spoke on the AMHI/CSP (Adult Mental Health Initiative/ Community Support Program) grant application and asked the council to identify the top seven service needs and barriers. Based on our responses, number one is lack of knowledge of services, followed by lack of psychiatrists, long wait times, stigma. Mary Myss suggested offering a class through Community Education as a mental health resource. At present Carver County does not have an IRTS (Intensive Residential Treatment Services) facility. These are for individuals not in crisis but needing 30 to 90 days of treatment beyond hospitalization, thus helping decrease frequency of repetitive hospitalizations. Maximum number of beds is 16. Mary asked why grant money is not used to reimburse therapist travel to patient. Scott County has a mobile clinic. Home therapy for adults is also done in the Twin Cities.

7. Old Business: September 11, 2018, meeting moved to the Chanhassen Library. LAC meeting from 4:30 - 5:30 p.m. Listening Session from 5:30 - 7:30 p.m. Notices will be placed in Chanhassen, Chaska, Waconia, Victoria papers, Next Door, Facebook, social media. Invitations will be sent to Commissioners, county candidates, mayors, city administration, elected officials. We are looking for gaps in mental health services. Participants may remain anonymous, are encouraged to share their story. Ana has created a Google Share Drive on our website that can be publicly viewed, but only LAC members and liason can add to it. Discussion ensued regarding content.

8. Upcoming Event: September 11th Listening Session

9. Announcements: none

10. Open Forum: none

11. Adjourn

Motion to adjourn by Derek, second by Mary. The meeting was adjourned.