Be Well

Everyone shouldwash their hands!

Before, during, and after preparing food Before eating food

Before and after caring for someone who is sick Before and after treating a cut or wound After using the toilet

After changing diapers

After cleaning up a child who has used the toilet
After blowing your nose, coughing, or sneezing
After touching an animal, animal feed
After touching animal waste
After handling pet food or pet treats
After touching garbage



For more details on handwashing visit www.co.carver.mn.us/preventdisease

