Be Well

Wash your Hands!

Before, during, and after preparing food

Before eating food

Before and after caring for someone who is sick

Before and after treating a cut or wound

After using the toilet

After changing diapers

After cleaning up a child who has used the toilet

After blowing your nose, coughing, or sneezing

After touching an animal, animal feed, or animal waste

After handling pet food or pet treats

After touching garbage

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.

For more details on handwashing visit
www.co.carver.mn.us/preventdisease

CARVER COUNTY

Public Health
Prevent. Promote. Protect.

Healthy Carver for a Lifetime