



# CARVER COUNTY STUDENT MENTAL HEALTH SERVICES



Providing mental health intervention to youth and families in their school



## Services Provided

Student Mental Health Services that may be provided include:

- Individual Therapy
- Group Therapy
- Family Therapy
- Skills Training
- Consultation with school personnel to enhance student success
- Referrals to other appropriate County services



## Referral Process

Contact us and we can take it from there. School staff can also make a referral for you.

The student mental health therapist will explain the process to you and schedule an appointment to get started.

## OVERVIEW

Services are provided within the school for students and families. This means easy access to a mental health therapist who provides support.

Our goal allows students to receive seamless support between their academic and mental health needs in order to increase their skills to manage within their home, school and community.

Individualized treatment services focus on respecting differences and building on individual strengths. A diagnostic assessment and treatment plan will be provided, as well as coordination with the family and school to improve the student's functioning.

Payment for services will be billed through your insurance plan. A sliding fee application is available if you need financial assistance.