Carver County Family Resource Guide

Child and Teen Checkups









Healthy Carver for a Lifetime

Carver County Public Health Health and Human Services 600 Fourth Street East Chaska, MN 55318-2102

public-health@co.carver.mn.us www.co.carver.mn.us Phone (952) 361-1329

This directory is a general guide to resources and does not imply endorsement or recommendation by Carver County. The information is subject to change.

Assistance

Carver County has several programs to assist both adults and families in need. If you cannot find the program you are looking for, visit the Carver County website for more information.

Health and Economic Assistance

Social Security Administration

1 (800) 772-1213

Some children and adults with disabilities meet eligibility criteria to get assistance to meet costs of necessary medical care and living expenses.

Bridge to Benefits

(800) 365-0270

Bridge to Benefits is a project by Children's Defense Fund-Minnesota to improve the well-being of families and individuals by linking them to public support programs and tax credits. www.bridgetobenefits.org

Carver County Health and Human Services

(952) 361-1600

Programs include food and cash assistance, childcare assistance, emergency assistance, health care coverage and long-term care.

Carver County Public Health

(952) 361-1329

Provides public health programs and services including low cost immunizations and health education, assistance connecting with local resources, and requests for health data.

<u>CareerForce</u> (952) 361-1711

Programs include diversionary work program, dislocated worker program, senior employment, and youth programs.

<u>Community Action Partnership of Carver-Scott-Dakota Counties</u> (CAP Agency) (952) 496-2125

738 1st Ave E, Shakopee

Services include Energy and Rental Assistance, Thrift Store, Senior Dining & Meals on Wheels, Child Care Resources & Referral, Head Start and Crisis Nursery.

His House Foundation

(612) 325-4693

Direct services to families in need including material assistance, food assistance, information and referrals.

Latino Voices

(952) 594-5220

Provides resources and support for the Latino community.

Mi CASA (952) 232-4265

Provides services to advance the wellbeing of the Latino community. Promotes health, inclusion, racial equity, and youth development.

http://micasamn.org/

Food Assistance

Bountiful Basket Food Shelf

1600 Bavaria Rd, Chaska (952) 556-0244 300 Church St E (st. Bernard's Catholic School), Cologne (952) 988-2802

Fare for All (763) 450-3880

Typically hosted the 1st Thursday of the month at All Saints Lutheran Church in Norwood Young American and 4th Thursday of the month at Crown of Glory Church in Chaska, call or go online for dates or more information.

www.thefoodgroupmn.org

Friends for Life Food Shelf

(952) 955-1980

309 Lewis Ave S, Watertown

Gather and Grow Food Shelf and Connection Center (952) 442-3878
11 S Elm St. Waconia

The Gathering Place

Community meal-St. John's Lutheran Church, 300 E 4th St, Chaska Every Monday, 5:15-6:15 PM

The Humanity Alliance

The Humanity Alliance provides meals for individuals and families. Their Weekend Meal Delivery program provides a weekend's worth of freshly made, nutritious meals. The meals are delivered each Friday right to your door. Meals are provided at no cost. The Humanity Alliance™

Meals on Wheels

(952) 402-9855

Meals on Wheels, available through the Community Action Partnership of Carver-Scott-Dakota Counties (CAP Agency) provides home delivered meals to adults ages 60+. The suggested donation is \$5 per meal, but no one will be denied service if unable to pay.

seniornutrition@capagency.org

Minnesota Food Helpline

1(888) 711-1151

www.hunaersolutions.ora

People Reaching Out to People (PROP) 14700 Martin Drive, Eden Prairie	(952) 937-9120
Southwest Carver County Food Shelf 10 First Ave NF Norwood-Young America	(952) 467-1870

Women Infants & Children (WIC) Nutrition Program (952) 818-3728 303 E 6th St, Chaska

For pregnant women and children up to age 5. WIC is a nutrition program that offers free nutritious foods and nutrition education to families.

For a complete list of organizations that offer food assistance, go to www.findfoodcarvercountv.ora

Clothing/Furniture Assistance

items necessary to create a comfortable and functioning ho www.bridging.org		
CAP Agency Local Imports Store 8085 Old Carriage Ct, Shakopee	(952) 402-9898	
Freshwater Furniture Depot	(952) 442-2268	

(952) 888-1105

12 East 8th St. Waconia **Goodwill Retail Stores**

<u>Bridging</u>

80 West 78 th St, Chanhassen	(952) 934-1354
310 Pioneer Trail, Chaska	(952) 303-6827
4450 12th Ave East, Shakopee	(952) 233-8897

Love INC of Carver County (952) 448-3261

Serving the communities of School District 112-Chaska, Chanhassen, Carver and Victoria and School District 110-Waconia. St. Bonifacius, Cologne and New Germany

Love INC Heartland	(763) 999-7082
Serving the communities of Mayer and Watertown	

RAK (Random Acts of Kindness) (612) 594-0047 2460 Chaska Blvd. Chaska 701 Jefferson Ave SW, Watertown

Trending Upward Thrift Shoppe

(952) 261-2343

141 Depot Dr, Waconia

Housing

211--United Way First Call for Help

211

Carver County Emergency Assistance

(952) 361-1600

Carver County Housing Unit Helpline

(952) 442-4496

Helps connect individuals to housing resources in the community, open Monday-Friday, 8-4:30 PM

CAP Agency Housing Services

(952) 496-2125

738 1st Ave E, Shakopee (serves Carver & Scott county)
Helps qualified individuals prevent eviction through financial
assistance and helps people experiencing homelessness navigate
the process of applying for and securing housing.

<u>Carver County Community Development Agency</u> (952) 448-7715 Provides affordable housing opportunities in Carver County.

Families Moving Forward

(952) 230-2930

Offers hospitality, emergency shelter and support to secure stable housing.

Launch Ministry

(952) 236-7141

110 West 2nd St, Chaska

Resource center for young adults.

Provides housing/homeless assessments to 18-29 year olds.

See website for schedule details.

https://www.launchministry.org/

Metro Shelter Hotline

1(888) 234-1329

Provides current shelter information.

Transportation

Metro Mobility

(651) 602-1111

Metro Mobility is a shared public transportation service for certified riders who are unable to use regular fixed-route buses due to a disability or health condition. Rides are provided for any purpose. www.metrotransit.org/metro-mobility

SmartLink Transit

(952) 496-8341

Serving Carver and Scott Counties

SouthWest Prime

(952) 797-7463

SW Prime is an on-demand transit service for Eden Prairie, Carver, Chaska, Chanhassen and Victoria.

https://swtransit.org/sw-prime/

SouthWest Transit

(952) 949-2287

https://swtransit.org/

Water's Edge

(952) 442-7022

Non-emergency medical and special needs transportation to and from medical appointments.

www.watersedgemn.com

WeCAB

1(844) 743-3932

WeCAB is a network of volunteers who provide safe, affordable, and flexible transportation.

https://Wecab.org

Health Insurance Coverage and Providers

MNsure

1 (855) 366-7873

A marketplace where Minnesotans can find, compare and choose quality health care coverage that best fits their needs and budget.

www.mnsure.org

Portico Healthnet

(651) 489-2273

Health insurance enrollment assistance.

www.porticohealthnet.org

BluePlus

• Customer Service: (651) 662-5545 or 1(800) 711-9862

• TTY/Hearing Impaired: 711

BlueRide Transportation: (651) 662-8648 or 1(866) 340-8648

Mental Health and Substance Use: 1 (844) 410-0745

Dental Services: (651) 406-5907 or 1 (800) 774-9049

• Nurse Line: (651) 662-5545 or 1 (800) 711-9862

Maternity Management: 1(800) 711-9862

Online Care: https://doctorondemand.com

• <u>www.bluecrossmn.com</u>

<u>Health Partners</u>

• Customer Service: (952) 967-7998 or 1 (866) 885-8880

• TTY/Hearing Impaired: 711

• RideCare Program: (952) 883-7400 or 1 (888) 288-1439

- Mental Health and Substance Use: (952) 883-5811 or 1 (888) 638-8787
- Dental Services: (952) 967-7998 or 1 (866) 885-8880
- Nurse CareLine: (612) 339-3663 or 1(800) 551-0859
- BabyLine: (612) 333-2229 or 1(800) 845-9297
- Online Care: <u>www.virtuwell.com</u>
- www.healthpartners.com

UCare

- Customer Service: (612) 676-3200 or 1 (800) 203-7225
- TTY/Hearing Impaired: (612) 676-6810 or 1(800) 688-2534
- Health Ride: (612) 676-6830 or 1(800) 864-2157
- Mental Health and Substance Use: (612) 676-6533 or 1(833) 276-1185
- Dental Services: (651) 768-1415 or 1(855) 648-1415
- Nurse Line: 1(800) 942-7858
- Pregnancy Advisor Nurse: 1(855) 260-9708
- Online Care: www.virtuwell.com
- www.ucare.org

UnitedHealthcare

- Customer Service: 1(888) 269-5410
- TTY/Hearing Impaired: 711
- Transportation: 1(888) 444-1519
- Mental Health and Substance Use: 1(888)269-5410
- Nurse Line: 1 (800) 718-9066

Medical Assistance

- Member Help Desk: (651) 431-2670 or 1(800) 657-3738
- TTY/Hearing Impaired: Use your preferred relay service
- Transportation: Contact Smart Link (952) 496-8341
 Requires minimum of 3 business days' notice to guarantee
 transportation, contact your county worker to arrange
 transportation for urgent care.
- https://mn.gov/dhs

Dental

Preventive dental checkups should start when a baby's first tooth appears and continue to be done every 6 months. Preventive dental care is a paid benefit for people from birth to age 20 on Medical Assistance.



Dental Clinics Accepting Medical Assistan	ce
Action Care Community Clinic 10584 France Ave S, Bloomington	(952)666-6000
Anderson Lakes Dental 8775 Columbine Rd, Eden Prairie	(952) 942-0823
Chaska Family Dental 407 N Chestnut St, Chaska	(952)234-7002
Children's Dental Services Multiple locations available Children birth to 26 and pregnant women of any age, offers slid uninsured	(612) 746-1530 ing fees for
<u>Dental Associates of Savage</u> 13899 Highway 13 South, Savage	(952) 440-2292
Gentle Dentistry 1060 Hwy 15 South, Hutchinson 7500 42 nd Ave North, New Hope 5001 Winnetka Ave North, New Hope	(320) 234-6677 (763) 252-6350 (763) 533-0055
Health Partners Dental Clinic 8455 Flying Cloud Dr, Eden Prairie 8600 Nicollet Ave S, Bloomington 5500 Excelsior Blvd, St Louis Park Health Partners only	(952) 883-9040 (952) 541-2888 (952) 853-9120
Minnetonka Dental 17909 Delton Ave, Minnetonka	(952) 474-7057
Open Door Health Center 115 Broadway St South, Suite 600, Jordan Offers sliding fees	(952) 492-6342
Parkway Dental 16518 W 78 th St, Eden Prairie	(952) 937-2137
Sidky Family Dentistry 557 Prairie Center Dr, Eden Prairie	(952) 405-8838
<u>True North Community Dental Clinic</u> 415 First Ave E, Shakopee Offers sliding fees	(952) 403-5149
University of Minnesota Pediatric Dental Clinic 701 25 th Ave South, Suite 400, Minneapolis	(612) 659-4900

Can't find a dentist that accepts your insurance? Call your health plan's dental services number for assistance.

For Children with Special Needs	
Camp Smile Pediatric Dentistry 111 Hundertmark Rd N, Suite 304, Chaska 675 Water St, Suite 2, Excelsior Children with special health care needs under age 14.	(952) 361-6759 (952) 242-9200
Dentistry for Children and Adolescents 7373 France Ave South, Suite 402, Edina 6060 Clearwater Dr, Suite 210, Minnetonka Children with special health care needs under age 12.	(952) 831-4400 (952) 932-0920

Den	tal (Clinic	s wit	h SI	idinç	g Fee	Scal	e

Community Dental Care 3650 Braddock Ave NE, Ste 200, Buffalo 3359 West Broadway Ave, Robbinsdale	(763) 270-6900 (763) 270-5776
Community University Health Care Center 2001 Bloomington Ave South, Minneapolis	(612) 301-0918
Hope Dental Clinic 800 Minnehaha Ave E, Ste 465, St. Paul	(651) 789-7605
Indian Health Board Dental Clinic 1315 East 24th St, Minneapolis	(612) 721-9800



Untreated cavities can cause pain and infections that may lead to problems eating, speaking, learning and playing.

Native American Community Clinic 1213 East Franklin Ave, Minneapolis	(612) 872-8086
NorthPoint Health and Wellness Center 1313 Penn Ave North, Minneapolis	(612) 543-2500

Open Cities Health Center	(651) 290-9200
409 North Dunlap St, St. Paul	

People's Center Dental Clinic
3152 Minnehala Ave South Minneapolis

3152 Minnehaha Ave South, Minneapolis

Sharing and Caring Hands (612) 596-3463

525 North 7th St, Minneapolis

Dental services provided on a first-come, first-serve basis when a dentist is available. Call for dates and times.

Southside Community Health Services	(612) 822-9030
4243 South 4th Ave, Minneapolis	• •

<u>University of Minnesota Dental School</u> (612) 625-2495 515 Delaware St SE. Minneapolis

University of Minnesota Pediatric Dentistry

515 Delaware St SE (6th floor) (952) 625-7171 Dental care for children ages 1 through 15.

Prevention Only Dental Clinics

Normandale Dental Hygiene Clinic (952) 358-8608

9700 France Ave South, Bloomington

Preventive hygiene care for adults and children performed by dental students.

Herzing University Dental Clinic (763) 231-3174

435 Ford Rd, 1st floor, St. Louis Park

Preventive hygiene care for adults and children over age 5 performed by dental hygiene students.

Medical Care



Child and Teen Checkups (C&TC) are wellness check-ups for people age 0-20 on Medical Assistance.

Wellness checkups are important for your child's health. They help identify health concerns at an early age and give a chance for early treatment.

Medical Clinics Accepting Medical Assista	ince
Chanhassen Park Nicollet Chanhassen Clinic 300 Lake Dr East, Chanhassen Urgent Care services	(952) 993-4300
Ridgeview Chanhassen Clinic 7907 Powers Blvd, Chanhassen	(952) 934-0570
Chaska Allina Health Chaska Clinic 111 Hundertmark Rd, Suite 220	(952) 448-2050
Catalyst Medical Clinic 1200 Chaska Creek Way, Suite 200	(952) 856-1046
<u>Lakeview Clinic-Chaska</u> 110105 Pioneer Tr, Chaska	(952) 556-0120
Ridgeview Chaska Clinic 111 Hundertmark Rd, Suite 115N, Chaska	(952) 856-4001
South Lake Pediatrics 111 Hundertmark Rd, Suite 210, Chaska	(952) 401-8300
Iwo Twelve Medical Center 111 Hundertmark Rd, Chaska Emergency services	(952) 361-2447
Wayzata Children's Clinic 111 Hundertmark Rd, Suite 420, Chaska Urgent Care services in Chaska and Minnetonka locations	(952) 448-3847
Hopkins myHealth for Teens and Young Adults 15 8th Ave South, Hopkins Offers a sliding fee scale. Serving teens and young adults, ages	(952) 474-3251 12-26.
Norwood-Young America Lakeview Clinic-West 406 Faxon Rd, Norwood	(952) 467-2888
Shakopee Allina Health Clinic 4201 Dean Lakes Blvd, Suite 120, Shakopee 1601 St. Francis Ave, Suite 100, Shakopee	(952) 496-6700 (952) 428-3535

Metropolitan Pediatric Specialists 1515 St. Francis Ave, Suite 100, Shakopee	(952) 445-6700
Park Nicollet Shakopee Clinic 1415 St. Francis Ave	(952) 993-7750
St. Francis Regional Medical Center 1455 St. Francis Ave, Shakopee Emergency and urgent care services	(952) 428-3000
Waconia Lakeview Clinic-Waconia 424 State Hwy 5 West	(952) 442-4461
Ridgeview Medical Center 500 South Maple St, Waconia Emergency care services	(952) 442-2191
Watertown Catalyst Medical Clinic 204 Lewis Ave South, Ste 201, Watertown	(952) 955-1963
<u>Lakeview Clinic-Watertown</u> 313 Territorial St E, Watertown	(952) 955-1921

Children should see their doctor for a Child and Teen Checkup (C&TC)

Child and Teen
Checkups

- Between birth and 1 month of age
- At 2, 4, 6, 9, 12, 15, 18, 24, and 30 months
- Every year from age 3-20

Convenience Clinics accepting Medical Assistance

CVS MinuteClinic Chaska (inside Target) 111 Pioneer Trl, Chaska	(952) 361-3766
Eden Prairie (inside CVS) 8251 Columbine Rd, Eden Prairie	(952) 941-1266
Minnetonka (inside Target) 4848 County Rd 101, Minnetonka	(952) 401-3814
Shakopee (inside CVS) 4050 Dean Lakes Blvd, Shakopee	(952) 402-9039
Waconia (inside Target) 875 Main St, Waconia	(952) 442-9334

Medical Clinics with Sliding Fee Scale	
Community University Health Care Center 2001 Bloomington Ave South, Minneapolis	(612) 301-3433
Dakota Child and Family Clinic 2530 Horizon Dr, Burnsville	(651) 209-8640
Indian Health Board Clinic 1315 East 24 th St, Minneapolis	(612) 721-9800
myHealth for Teens and Young Adults 15 8th Ave South, Hopkins	(952) 474-3251
Native American Community Clinic 1213 East Franklin Ave, Minneapolis	(612) 872-8086
Neighborhood HealthSource Central Clinic-2301 Central Ave NE, Minneapolis	(612) 588-9411
Fremont Clinic-3300 Fremont Ave N, Minneapolis	
Sheridan Clinic-342 13 th Ave NE, Minneapolis	
Northpoint Health and Wellness Center 1313 Penn Ave North, Minneapolis	(612) 543-2500
Open Cities Health Center 409 North Dunlap St, St. Paul	(651) 290-9200
People's Center Health Services 425 20 th Ave South, Minneapolis	(612) 332-4973
Public Health Immunization Clinic 600 East 4 th St, Chaska	(952) 361-1329
Immunizations for uninsured and underinsured adul	ts and children.
River Valley Health Services East Creek Family Center, 303 East 6 th St, Chaska Wednesdays 9-11:30AM and Thursdays 1-4PM Services provided are free of charge, no appointments needed	(952) 567-8205
Southside Medical & Behavioral Health 324 East 35 th St, Minneapolis	(612) 827-7181
St. Mary's Health Clinic Provides free medical care for uninsured adults and children.	(651) 287-7777

Medication and Prescription Assistance

GoodRx

Compare prescription drug prices and find coupons and discounts on prescription medications.

www.goodrx.com

Partnership for Prescription Assistance

Helps qualifying patients without prescription drug coverage to get the medicines they need for free or nearly free.

https://www.pparx.org/

Rx Outreach

1(888) 796-1234

Non-profit pharmacy working to provide affordable medications.

Hearing and Vision



Hearing and vision are important for child development. They help with parental bonding and learning in school.

Hearing Clinics Accepting Medical Assistance

Park Nicollet Audiology and Hearing

(952) 993-1880

Locations in Burnsville, St. Louis Park and Maple Grove Health Partners only

Ridgeview Hearing Centers

(952) 925-5626

Ridgeview Chaska Clinic 111 Hundertmark Rd, Suite 115N, Chaska

Ridgeview Professional Building 560 South Maple St, Suite 40

Ridgeview Otolaryngology

Ridgeview Chaska Clinic

(952) 925-5626

111 Hundertmark Rd, Suite 115N, Chaska

Ridgeview Professional Building 560 South Maple St, Suite 40, Waconia

Vision Clinics Accepting Medical Assistance	e
Chanhassen Clarkson Eyecare 7872 Market Blvd, Chanhassen	(952) 934-1424
Park Nicollet Eye Care 300 Lake Dr East, Chanhassen	(952) 993-3150
Wink Family Eye Care 600 Market St, Suite 110, Chanhassen	(952) 937-9465
Chaska Edina Eye Physicians & Surgeons 111 Hundertmark Rd, Suite 105N, Chaska	(952) 832-8100
<u>Pearle Vision</u> 106 Pioneer Trail, Chaska	(952) 368-2325
Southwest Eye Care 1200 Chaska Creek Way, Suite 110, Chaska	(952) 466-3937
Norwood/Young America Southwest Eye Care 304 West Hwy 212, Norwood	(952) 467-2270
Victoria Seek Eye Care 7940 Victoria Dr, Suite 103, Victoria	(612) 800-7335
Waconia Edina Eye Physicians & Surgeons 560 South Maple St, Suite 110, Waconia	(952) 832-8100
<u>Lakeview Clinic</u> 424 West Hwy 5, Waconia	(952) 442-4461
Precision Eye Care 753 Marketplace Dr, Waconia	(952) 442-2015
Watertown Southwest Eye Care 204 Lewis Ave South, Watertown	(952) 955-3553
Watertown Eye Clinic 216 Lewis Ave South, Watertown	(952) 955-2123

Reproductive Health

Annex Teen Clinic (763) 533-1316

5810 42nd Ave North, Robbinsdale

Reproductive and sexual health services through age 25.

No one will be turned away for inability to pay.

Clinic 555 (651) 266-1255

555 Cedar St, St. Paul

No one will be turned away for inability to pay.

<u>Face to Face</u> (651) 772-5555

1165 Arcade St, St. Paul

Provides family planning, prenatal care, STI testing and treatment for youth ages 11-24.

Family Tree Clinic (612) 473-0800

1919 Nicollet Ave, Minneapolis

No one will be turned away for inability to pay.

MN Family Planning & STI Hotline

1(800) 783-2287

Provides reliable, medically accurate and confidential information via phone, text (text ASKMN to 66746), and web chat (sexualhealthmn.org)



Anyone who is sexually active should be talking to a health care provider about their reproductive health.

myHealth for Teens and Young Adults

(952) 767-8015

15 8th Ave South, Hopkins

Reproductive and sexual health services for ages 12-26.

No one will be turned away for inability to pay.

<u>Planned Parenthood</u>

Apple Valley	(952) 890-0940
Eden Prairie	(952) 653-4499
Mankato	(507) 387-5581
Minneapolis	(612) 823-6300
Richfield	(612) 874-1420

<u>Red Door</u> (612) 543-5555

525 Portland Ave South, Minneapolis

No one will be turned away for inability to pay.

SAGE-MN Cancer Screening Program

1 (888) 643-2584

Screening and early detection of breast, cervical and colorectal cancers.

Screenings available at several clinics in Carver County.

Domestic Violence Resources

MN Day One Crisis Hotline

Statewide network of domestic violence, sexual assault, human trafficking, youth and community advocacy programs in MN 24-Hour Crisis Line call (866) 223-1111 or text (612) 399-9995

Sexual Violence Center

Support for everyone affected by sexual violence. Confidential services to survivors, their friends and their families free of charge **24-Hour Crisis Line** (612) 871-5111

Southern Valley Alliance

Crisis support, advocacy and education to victim-survivors of domestic violence.

24-Hour Crisis Line

(952) 873-4214

National Domestic Violence Hotline

Free and confidential support for people experiencing domestic violence. Help is available in Spanish and other languages.

24-Hour Crisis Line

1(800) 799-SAFE (7233)

National Sexual Assault Hotline

Free crisis support

24-Hour Crisis Line

1(800) 656-HOPE (4673)

Casa de Esperanza

Domestic violence and sexual assault counseling and resources.

24-Hour Bilingual Helpline

(651) 772-1611

Mental Health Services

Mental Health Crisis Resources

988 Suicide and Crisis Lifeline

Free and confidential support for people in distress

24-Hour Crisis Line Call or text 988

Carver County Mental Health Crisis

Mobile crisis services available throughout the county

24-Hour Crisis Line (952) 442-7601

MN Crisis Text Line

Text "MN" to 741741

Free help for people across Minnesota who are having a mental health crisis or are contemplating suicide

Mental Health Providers	
Cashman Center 7525 Mitchell Rd, Ste 310, Eden Prairie	(952) 224-8990
Canvas Health 1702 American Blvd E, Ste 4, Bloomington	(651) 777-5222
<u>Choices Psychotherapy</u> 7975 Stone Creek Dr, Ste 130, Chanhassen	(952) 544-6806
Cedar House 603 Hope Ave, Jordan 201 W 1st St, Waconia	(952) 492-3624 (952) 442-1942
Clinical and Developmental Services 9352 Oak Ave, Waconia	(952) 955-4714
Counseling & Therapeutic Support Services 600 W 78 th St, Ste 10, Chanhassen	(952) 373-1855
<u>David Hoy & Associates</u> 1107 Hazeltine Blvd, Ste 121, Chaska	(952) 361-3360
<u>Fireside Counseling</u> 9352 Oak Ave, Waconia	(952) 373-1279
<u>First Street Center</u> 540 E 1 st St, Waconia	(952) 442-4437
Jonas Center 107 Paul Ave N, Cologne	(952) 361-9700
LifeStance Health (formerly Family Innovations)	(612) 924-3807
<u>Lighthouse Counseling</u> 9382 Oak Ave, Waconia	(888) 454-2463
Lorenz Clinic 1435 White Oak Dr, Ste 100, Chaska 1772 Stieger Lake Ln, Ste 220, Victoria	(952) 443-4600

myHealth for Teens and Young Adults 15 8th Ave S, Hopkins No one will be turned away for inability to pay.	(952) 767-8015
NorthStar Regional Various area locations available.	1 (833) 677-4673
Prairie Care 111 Hundertmark Rd, Ste 205 N, Chaska	(952) 826-8475
St. David's Center 3395 Plymouth Rd, Minnetonka	(952) 939-0396
<u>Stone Creek Psychiatry</u> 7945 Stone Creek Dr, Ste 130, Chanhassen	(952) 241-4050
Star Fish Services 600 W 78 th St, Ste 220, Chanhassen	(612) 567-4654

Parenting Assistance



No two children develop, grow or learn in the same way or do things at the same pace. There are many resources available for parents to help support their child's healthy growth and development.

resources available for parents to child's healthy growth and develo	
Early Intervention and Parenting Suppo	ort
Breast Feeding Support Carver County Public Health Mom & Baby Connection St Francis Lactation Center WIC Program of Carver County La Leche League National Breastfeeding Helpline	(952) 361-1329 (952) 777-4646 (952) 428-2064 (952) 818-3728 (612) 922-4996 1(800) 994-9662
Car Seat Safety Resources Carver County Public Health Chaska Police Department St. Francis Regional Medical Center Carver County Public Health	(952) 361-1329 (952) 448-4200 1(866) 904-9962 (952) 361-1329
Child and Teen Checkups: Provides medical and dental	

Child and Teen Checkups: Provides medical and dental resources for families with children age 0-20 on Medical Assistance and sends reminders when checkups are due.

Family Home Visiting: Provides education, resources, and support to pregnant women, new parents, and families.

Follow Along Program: A fun way for parents of children birth to age 3 to learn about their child's health and development. https://www.health.state.mn.us/people/childrenyouth/fap/index.html

Immunization Clinic: Provides immunizations to those who do not have health insurance or whose insurance does not cover immunizations.

Early Childhood Family Education (ECFE) Programs

Chaska, Chanhassen, Victoria, Carver (ISD112)	(952) 556-6407
Waconia, New Germany, St. Bonifacius (ISD 110)	(952) 442-0613
NYA, Hamburg, Cologne (ISD 108)	(952) 467-7366
Watertown, Mayer (ISD 111)	(952) 955-0280
Chanhassen, Excelsior, Minnetonka (ISD 276)	(952) 401-6812

Offers a variety of classes and resources for parents and children

Head Start & Early Head Start

(651) 322-3500

Promotes school readiness of children ages 3 to 5 by providing quality preschool experience. Early Head Start provides services for each family from pregnancy to age 3.

Help Me Grow

1 (866) 693-4769

Resources about development of young children for parents, including information on developmental milestones and screening and evaluation if you have concerns.

www.helpmearowmn.ora

Emergency Support and Assistance

CAP Agency Services

(952) 496-2125

Child Care Resources, Energy Assistance, Head Start, Thrift Shop, Transitional Housing, Crisis Assistance Funds, Transitional Housing,

Crisis Nursery of Scott & Carver County

(612) 839-5101

Support to parents in crisis by providing voluntary short-term care for their children by licensed providers.

Poison Control Center

1(800) 222-1222

Provides free and confidential medical advice

Public Health Information & Resources

(952) 361-1329

Call for information about public health programs and services, assistance connecting with local resources, or requests for health data.