## **CARVER COUNTY LAC Meeting**

**DATE:** April 11, 2017

**LEADER:** Lisa Gjerde

**TIME:** 4:00-6:00 p.m.

**RECORDER:** Becky Sorenson

| Δ. | Name             | Р |   |                               |  |
|----|------------------|---|---|-------------------------------|--|
|    |                  |   | Α | Name                          |  |
|    | Beth Fagin       |   | ٧ | Eric Dean, Stigma 180         |  |
|    | Michelle Faith   | V |   | Samantha Lundgren, Stigma 180 |  |
| V  | Melissa Hanson   | ٧ |   | Sam Deweese                   |  |
| V  | Angie Laschinger | ٧ |   | Duane DeBower                 |  |
|    | Gary Norman      | ٧ |   | Ana Macias                    |  |
|    |                  |   |   | Jenna Rodenz                  |  |
|    |                  |   |   | Samantha Bordak               |  |
|    |                  |   |   |                               |  |
|    |                  |   |   |                               |  |

| Agenda              | Activity/Discussion   | Decision/Action       |
|---------------------|---|-----------------------|
| Agenda Item 1:      | Call to Order: Lisa called the meeting to order   |                       |
|                     | Approve April Agenda: The motion was made by Noah to approve the April agenda; Caroline seconded                  | Approved by consensus |
| Agenda Item 2:      | Introduction of Guests  |                       |
|                     | Family School Coordinators - work for ECCS but employed by Prairie Care   | Welcome               |
| Anicca Program –    | <ul> <li>They provide support for students who need temporary placement out of school for a variety of</li> </ul> | Information           |
| intensive day trmt  | treatment options and then support same students when they return to their home school                            |                       |
| lasting 6-12 months |   |                       |

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|---|--|----------|-----------------------|
| Agenda Item 2 – con't:                  | They reach out to all school districts in Carver County, but only provide services to Eastern Carver                   |          | Information           |
| Anicca Program                          | County Schools   |          |                       |
| _                                       |  |          |                       |
| Students w/co-                          | Stigma 180 provides programming for all of Carver County   |          | Information           |
| occurring disorders are                 | <ul> <li>List service ideas? Could we start one in conjunction with other agencies in the County?</li> </ul>           |          |                       |
| seen by one of the                      | Samantha B. asked if they would be willing to do a resource table at a Waconia program                                 |          |                       |
| providers (Substance                    | Sam asked about unmet needs –  |          |                       |
| abuse or Family School                  | > co-located therapists  |          |                       |
| Coordinators)                           | intensive day treatment (additional) and longer options  |          |                       |
|   | more mental health training for teachers   |          |                       |
|   |  |          |                       |
| Agenda Item 3:                          | Approve March Minutes:   |          |                       |
|   | Eddie motioned to approve the March minutes; Noah seconded   |          | Approved by consensus |
|   |  |          |                       |
| Agenda Item 4:                          | Roundtable Discussion:   |          |                       |
|   | <ul> <li>Ana Macias introduced herself. She is a former clinical psychologist in Mexico and is now an</li> </ul>       |          | Discussion            |
|   | ARMHS worker in 5 suburban counties  |          |                       |
|   | Lisa may be gone for May meeting   |          |                       |
|   | <ul> <li>Eddie mentioned NAMI workshop, Thursday, May 18<sup>th</sup> – called "Gray Matter – Depression in</li> </ul> |          |                       |
|   | Older Adults"  |          |                       |
|   | <ul> <li>Noah talked about "Mental Health Day on the Hill" –</li> </ul>  |          |                       |
|   | including potential funding changes coming down that will help cover mental health                                     | 15.      |                       |
|   | needs  |          |                       |
|   | rural counties looking at mobile crisis units to help cover needs  |          |                       |
|   | <ul> <li>Noah also discussed his trip to the UN. He spoke to an international audience about his</li> </ul>            |          |                       |
|   | experiences  |          |                       |
|   | Eddie mentioned that the bill regarding Crisis Training for police departments has passed and is                       |          |                       |
|   | awaiting the Governor's signature  |          |                       |
|   | Caroline mentioned that Carver County was ranked as one of the top counties to live in                                 |          |                       |
|   | throughout Minnesota, but low in mental health provider availability   |          |                       |
|   | <ul> <li>Jewish Family and Children's Services has an upcoming one-day workshop on Alzheimer's</li> </ul>              |          |                       |
| Agenda Item 5:                          |  |          |                       |
| - Bellaa Itelli Ji                      | Review and Edit Draft of Board Letter:   |          | Discussion            |
|   | <ul> <li>Change up letter to be shorter and provide easy-to-read bullet points</li> </ul>                              |          |                       |
|   |  | 30       |                       |

| Agenda Item 5 - con't: | <ul> <li>Noah and Lisa will continue to work on the letter; Caroline will proofread. Budget discussion<br/>starts shortly, so goal would be to get letter out soon</li> </ul> | Discussion        |
|------------------------|---|-------------------|
| Agenda Item 6:         | Discussion on Subcommittees:  |                   |
|                        | Eddie presented his thoughts on having individuals from the LAC identify unmet needs in Carver  | Discussion        |
|                        | County and then "champion" a cause, research needs and present them to the group  |                   |
|                        | <ul> <li>Should we take on a limited number of needs and compile information rather than look at many<br/>unmet needs?</li> </ul>   |                   |
|                        | Lisa asked if and what Eddie would be interested in doing at this time  |                   |
|                        | <ul> <li>Gary stated that there are concrete, real examples of how this LAC has helped the County</li> </ul>  |                   |
|                        | LAC will talk about it more in May  |                   |
|                        |   |                   |
| Agenda Item 7:         | Educational Event in May:   | <br>  Information |
|                        | NAMI "In Our Own Voice" presentation at the Chaska Community Center Theater on May 24 <sup>th</sup> , 6"00-7:30   | mionidadii        |
| Agenda Item 8:         | PM with refreshments starting at 5:30 PM. This event will be co-hosted by the Community Support   |                   |
| Agenua item o.         | Program (CSP) and the local mental health advisory council (LAC).   |                   |
|                        | Caroline, Noah, Becky     Automation how  |                   |
|                        | <ul><li>suggestion box</li><li>handout flyer (?)</li></ul>  |                   |
|                        | handout river (r)     bulletin board  |                   |
|                        | bulletin board  |                   |
|                        | Would we also want to attend the Waconia Special Ed?  |                   |
|                        | Would We also make to accord the wassing special and  |                   |
| Next Meeting           | Our next meeting will be held Tuesday, May 9 <sup>th</sup>  | NI N. A           |
| _                      |   | Next Meeting      |
| Adjournment:           | Adjourn   |                   |
|                        | Lisa motioned to adjourn; second by Noah  | Adjourned         |
|                        |   |                   |
|                        |   |                   |
|                        |   |                   |